real-life tricks to help homeless kids graduate

Jessica Sutherland
Homeless to Higher Ed

FIRST: A tale of unsolicited advice, tobacco, and Toblerone™



NEXT: Who Am I?



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NEXT: Who Am I?



JESSICA SUTHERLAND

Homeless for 9+ of first 17 years
35 'homes' I remember
-motel kid
-shelters
-doubling up
-car

Civil Guardianship/Foster at 17 Unattended, Homeless College Student

FINALLY: Why am I here?

IT'S ALL THIS KID'S FAULT





May 2012 Sept 2013

Ummmm... I guess I'll start a scholarship fund for homeless college kids.

Home)ess TO HIGHER ED

- SEE THE POTENTIAL. BREAK THE CYCLE OF POVERTY. -

WAIT FOR IT.....

Money didn't solve all of his problems.

There were other gaps.
There were other barriers...

A Period of Self-Examination

K-12

strong academic foundation suburban goal oriented peers supportive educators engaged community

UNDERGRAD

NCAA and scholarship oversight and resources dorm regimen athletic routine goal oriented peers

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no adult oversight uneducated peers lack of structure medical emergency

but eventually,
I learned how to live

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DROPOUT

supportive employers encouragement opportunity you can do/be more

GRAD SCHOOL

financial support
healthcare
career mentoring
goal-oriented peers
exposure to affluence

CORRECTION:

I guess I'll start a mentorship program for homeless college kids.



- SEE THE POTENTIAL. BREAK THE CYCLE OF POVERTY. -

TODAY:

I'm not a parent, but I have 4 kids in college.



August 2015

What H2H Provides

Financial Support
Supplies and Necessities
Break Housing & Travel
Care Packages
Intense Mentoring
Shepherd To Resources
Lifeskills
No Flinch Factor

Peer Support: They've Been There

Cool Adult: I've Been There

Unconditional LOVE

YEAR 3: 100% Retention/SAP

Common Experiences & Traits

Culture of **conscription** (Just enough **entitlement)**

Distrust and fear of authority

Bad examples
Susceptible to influence

No safety net Family as a burden

History of trauma

Shame
Excuses
Skewed Confidence
Feel Different & Powerless
Fierce independence
Strong self-reliance
Sweetheart
Bright, if not exceptional
Resilient (ugh)
Mature
EXHAUSTED
SCARED

Not every student is the same.

Common Mindsets

I DON'T BELONG HERE
I CAN'T DO THIS
GOOD THINGS DON'T HAPPEN TO ME
I CANNOT EVER MAKE MISTAKES
I'LL NEVER STOP MAKING MISTAKES
I DO NOT DESERVE HELP
OTHER PEOPLE HAVE IT WORSE
I AM A BURDEN
I DON'T WANT TO BE LIKE MY PARENTS
ASKING FOR HELP MEANS I'M WEAK

Common Knowledge Gaps

Healthcare

(body and mind)

Sexual Education

(health, consent, safer sex, birth control)

Nutrition

(shopping and cooking)

Money & Credit

(identity theft)

Professional

(resumes, networking)

Academic

(syllabi breakdowns, self-direction)

Self-Advocacy

(seeking help, saying no)

BEYOND FOOD AND CASH

Love Won't Leave

(be consistent)

Speak Their Language

(friendly approach vs. parental)

You Make The Call

(offer guidance, not orders)

Just a Taste

(exposure to the good life)

You Are Not Alone

(peer-to-peer camaraderie)

Always A Space At The Table

(no flunking out of this program)

YOU MATTER
YES YOU CAN
YOU ARE NEVER A BURDEN

Cal State University, 6/21/16

It's hard enough to ask for help.

How can they ask if they don't know the help is available?

TAKE A HARD LOOK AT YOUR MARKETING & OUTREACH.

Let your students help you do better.

Engage and Empower your students: they can help you build the program they want and need.

They can clarify what works and doesn't, and help you prioritize services.

My kids are building Homeless to Higher Ed WITH me. They can't wait to give back!

Always remember the stigma.

Brand events and resources in a way that makes it less about labels and more about getting what you need.





What About That Toblerone?™



Questions? Comments?

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