Canning STUDENT HUNGER Increasing STUDENT SUCCESS

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IDAHOAN
ORIGINAL
MASHED POTATOES
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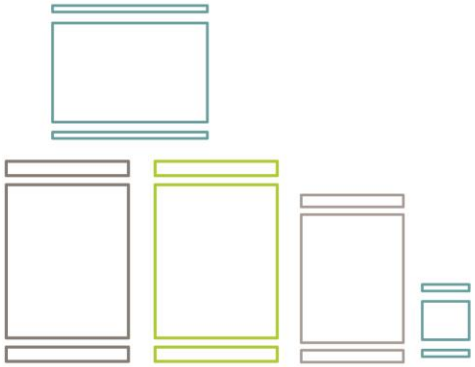
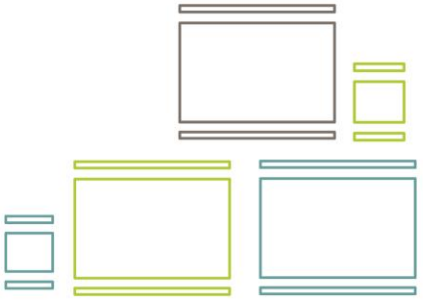
JIFFY
BAKING MIX
COCOA PEBBLES

Food Insecurity & Student Hunger

- Defining food insecurity
- Starving college student: rights of passage?
- Food insecurities impact academic success





Many students are finding themselves choosing between basic essentials such as food and basic toiletries and the required costs of tuition, fees, and books. The ASI Food Pantry helps to alleviate hunger within our student community.

Campus Research (2013 Survey)

- Close to 70% of Sacramento State Pell Grant eligible students met the USDA definition for food insecurity.
- Among them, 24.5% reported that they sometimes or often did not have enough food to eat, indicating food insufficiency.

ASI Research (2013 Survey)

- Student Relations Committee, a committee of the ASI Board of Directors responsible for students needs assessments.
- Close to 60% said there are occasions where they need help supplementing their own source of food.

  - **Other Questions Asked**
  - **Need** (what time of year?)
  - **Location** (convenience, confidentiality, near parking)
  - **Operational Logistics** (pre-order, stop in, etc.)

asi foodpantry

The ASI Food Pantry exists to provide food and basic necessities at no cost to Sac State students in need. The Food Pantry aims to decrease the impact that food insecurities have on the academic success of Sac State students.

2016-2017 the Food Pantry had more than 4,300 transactions (1078 individual students, many who accessed services multiple times during the year)

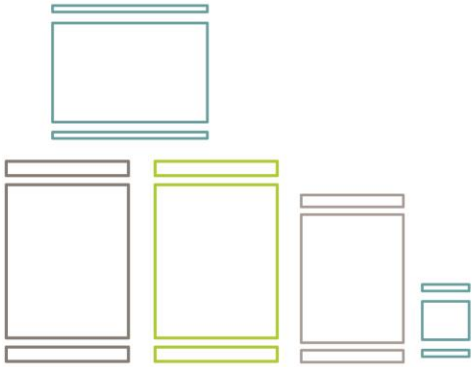
2017-2018 has seen a 24% increase in student users

The Point System

- **Students can visit once per week**
- Tues: 10am-2pm
- Wed: 2pm-6pm
- Thurs: 10am-2pm

- **Students get 16 points per week**

- **Students scan a valid student ID**



foodpantry

1

Each visitor is alloted one visit per week and up to 16 points per visit.

16 PTS

S M T W T F S

2

Items will be separated into three categories. Depending on the category, each item may be worth 1, 2 or 3 points.

1 PT = SIDE DISH OR NON-FOOD ITEM

CANNED FRUIT TOILETRIES CANNED TUNA

2 PTS = ONE MEAL

CANNED SOUP SPAGHETTI SAUCE TOP RAMEN

3 PTS = ITEMS LASTING MULTIPLE MEALS

PASTA DRY BEANS BOX OF CEREAL

3

Students may take the following items.

UP TO FOUR 1 PT ITEMS

UP TO THREE 2 PT ITEMS

UP TO TWO 3 PT ITEMS

Meeting Students Where They're At:

The ASI Pop Up Pantry

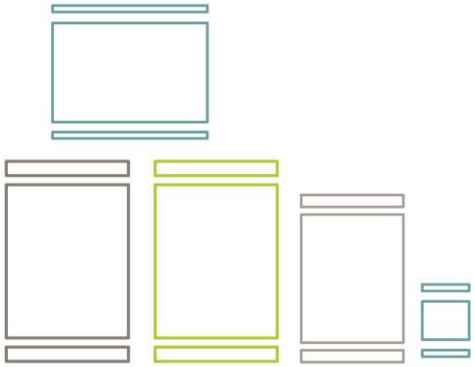
Three times a month

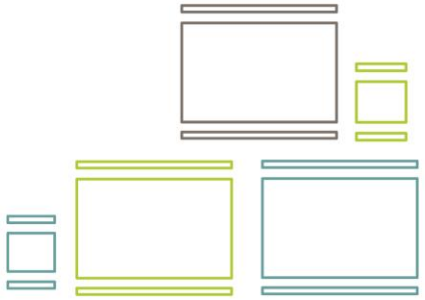
Student Health and Counseling Cooking Demonstrations

Cal Fresh Sign-Ups

Serving over 500 students at each Pop Up Pantry

BE ACTIVE
BE AWARE
BE AN ADVOCATE





BE ACTIVE

- Conduct a campus survey
- Build campus and community partnerships
  - Campus President
  - Student Affairs: Case Manager / Student Health and Counseling
  - Sacramento Food Bank and Family Services
  - Central Downtown Food Basket
  - Sac State Sustainability (community garden)
  - Facilities Management
  - Sacramento Downtown Ford Sales
  - University Transportation and Parking

BE ACTIVE cont.

- Identify storage
- Develop volunteer program
- Fundraise

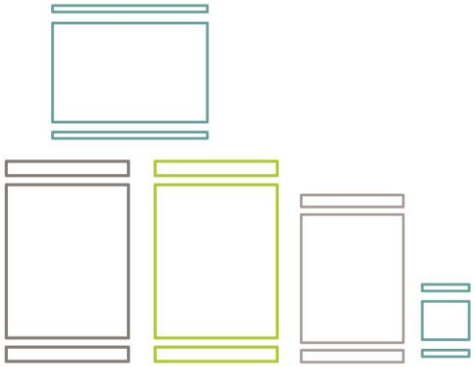
Meet the changing needs

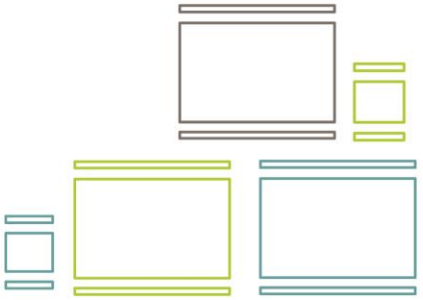
- ASI Food Pantry relocation and expansion
- SB-85 funding (Budget Range: $25k - $40k)
  - Implementation of Meal Sharing Program, CalFresh Point of Contact, and **a Food Pantry or Food Distribution Program**
  - Commercial refrigeration, metro shelving, computer, desk, couches, signage, promotion
- Online financial giving option
- Student development and marketing coordinator
- Campus dining food recovery program

BE AWARE

We can assist struggling students by:

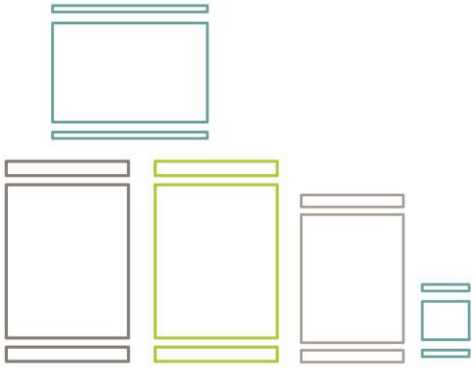
- Recognizing signs of distress
- Mentoring
- Having a presence around campus
- Say hello and following up with gentle yet probing questions

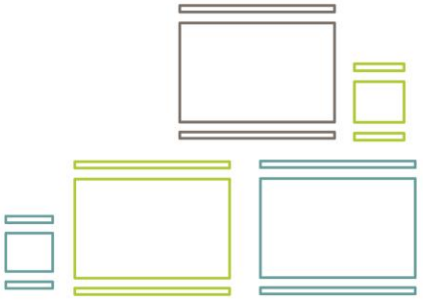




BE AN ADVOCATE

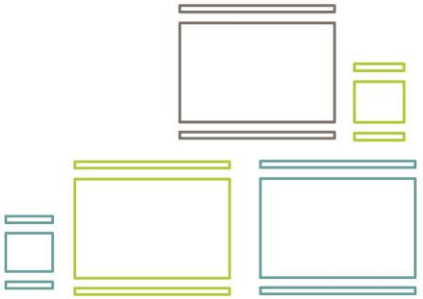
- Eliminate stigma
- Respond appropriately
- Encourage the use of available resources
- Take progressive action





Things to keep in mind

- County health permit
- ServSafe certification
- Commercial fridge vs residential
- Shelving which can be easily cleaned
- Grocery store mentality
- The whole student – referral process to other services



Activity

Work-plan template

The purpose of this work-plan is to guide your basic needs work once you are back to campus. Use this exercise as a means to help formulate a plan of implementation, to better understand who needs to be involved on your campus to make the plan work, and to develop a reasonable timeline in order to get work done.

Implementation Strategies

Preferred Outcomes	**Who needs to be involved**	**Feasible Timeline**
Potential Barriers	How to Mitigate Barriers	Budget
Other Things to Consider…		

Questions?
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2 Points
asi foodpantry donations