

# Intersection of Basic Needs Services & Case Management Services in Higher Education



Alicia Magallanes, MSW

Nydia Lopez, MA

**Damian Ruiz** 





- 1. Learn about the intersectional strengths of Basic Needs and Student Affairs Case Management Services.
- Understand the experience and impact of food and housing insecurity in higher education.
- 3. Apply strategies to effectively engage in the spectrum of support required to address students' basic needs.





# **Recognizing** Basic Needs Nationally

#### 2 Year Institutions

- 43% Food Insecure
- 46% Housing Insecure
- 12% Homeless

#### 4 Year Institutions

- 35% Food Insecure
- 37% Housing Insecure
- 9% Homeless

# **Hope Lab Data 2018**

"Sizable fractions of students
who were doing very poorly in
college grades below the C
average... were dealing with food
and/or housing insecurity".





### **Recognizing** Basic Needs in California

- **CCC:** Fall 2017 California community colleges found that 56.8% of administrators/staff/faculty respondents had direct contact with students experiencing basic needs insecurity multiple times per week or every day. (California Community Colleges Chancellor's Office: Basic Needs Survey Report)
- **CSU:** Students who reported food insecurity, homelessness, or both also experienced physical and mental health consequences that were associated with lower academic achievement. (CSU Study of Basic Needs, 2018)
- **UC:** Expenses other than tuition can account for more than 60 percent of total cost of living and within the recent 4 decades the cost of living for students has increased by over 80 percent. (GFI: Food and Housing Security at the University of California, 2017)



# **Students' Perspectives**

Sometimes I will eat once a day to save money to pay for bills.

My family needed some help so I gave them money, but am worried I can't make rent the rest of the quarter.

I sleep in my car during the week and stay on my friend's couch on the weekends.



### **Basic Needs** Services & Interventions

#### The Hub Basic Needs Center

- Basic Needs Full Time Staff
- Basic Needs Assistance Form & Case Management Involvement

#### Food Security

- Triton Food Pantry
- Emergency Meal Assistance Program
- CalFresh Food Benefits County Nutrition Program
- Personal Care Products
- Budget Friendly Cooking Demos & Meal Prep
- Grocery Shuttle
- Food Recovery & Free Food Notification App













# **Basic Needs** Services & Interventions

#### • Housing Stability

- Off-Campus Housing Services Coordinator FTE
- Off-Campus Housing Website & Fair
- Transportation and Legal Services
- Temporary Housing Protocol

#### Financial Wellness

- Housing Assistance Grants
- Basic Needs Emergency Grants
- Financial Aid Collaboration



#### Basic Needs Assistance Form

If you are a UC San Diego student who is facing challenges with your access to adequate food, stable housing, or financial resources, you're encouraged to complete this form. This form will be assessed to provide individual resource suggestions. \*For CalFresh assistance, please see the CalFresh tab\*



Name *	
First Last	
PID *	
Email *	
Phone *	
### ### ###	
I need support with: *	
On/Off Campus Food Resources	
<ul> <li>Housing Stability Resources</li> </ul>	
Financial Wellness	
Please include brief description: *	





# **Intersectional** Case Vignette

"I am a current international undergraduate student at UCSD. My family has cut me off and stopped providing me with financial support due to my sexual orientation. They tried to force me to come back to my country by not providing me funds, because they thought did not want to invest on a gay son. However, I would still like to keep pursuing my bachelors degree. Currently, I do not have money to buy food, textbooks, and will no longer be able to pay rent."





# **Intersection** of Basic Needs and Case Management

- What does it look like coming from Basic Needs to Case Management and/or Deans of Student Affairs?
- What does it look like coming from Case Management and/or Deans of Student Affairs to Basic Needs?





Connect with Dean and/or

Case Manager

**Email student with** 

back to CM

# Workflow



resources and connect

**Update CARE report and** add notes

Send appointment links

for Housing or Basic

Needs

Send resources and appointment links as needed

**Create new CARE report** and assign Dean to it.

# **Questions?**





### **WEBSITE:**

basicneeds.ucsd.edu



#### **EMAIL:**

basicneeds@ucsd.edu



### **PHONE:**

(858) 246-2632



# **Contact** US



#### **Nydia Lopez, Food Security Programs Coordinator**

nydia@ucsd.edu

858-246-5018

#### Alicia Magallanes, Basic Needs Coordinator

<u>a1magallanes@ucsd.edu</u> 858-246-2676

#### **Damian Ruiz, Off Campus Housing Coordinator**

doruiz@ucsd.edu

858-822-7860

