

## A Collaborative Approach to Supporting Student Success Through Basic Needs Efforts

Jessica Thomas, M.S.W
Case Manager, CARES Office

Reuben Greenwald, M.A.

Director of Student Engagement and Outreach, Associated Students, Inc.

## Sac State Student Body



- > 47% of Sac State students reported struggling with food insecurity.
  - > (over 14,000)
- ➤ 12% of Sac State reported experiencing homelessness one or more time in the last year.
  - > (over 3,000)

"Students who reported food insecurity, homelessness, or both also experienced physical and mental health consequences that were associated with lower academic achievement." (Crutchfield & Maguire, 2018)



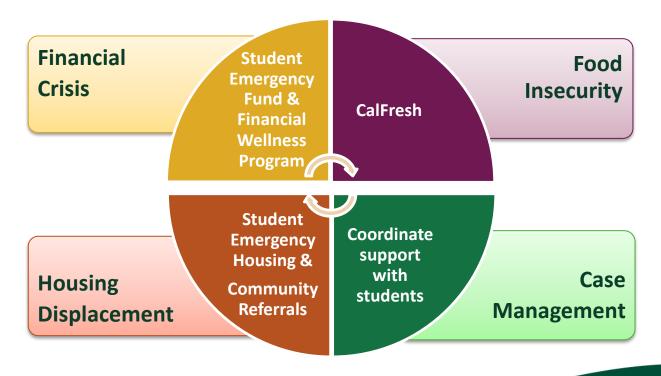
Student
Affairs
CARES
Office

Associated Students, Inc.



#### **CARES Office**

The Sacramento State CARES office provides support to students who are in crisis or experiencing unique challenges to their education. We coordinate referrals to campus and community resources.





### **Associated Students, Inc.**

A non-profit auxiliary organization overseen by a student government that offers programs to enhance the Sac State student experience. Sac State Aquatic Center, Peak Adventures, ASI Children's Center, KSSU Student Radio, Safe Rides, ASI Student Shop, ASI Events & Outreach, and the ASI Food Pantry

The ASI Food Pantry exists to provide food and necessities at no cost to Sac State students in need.





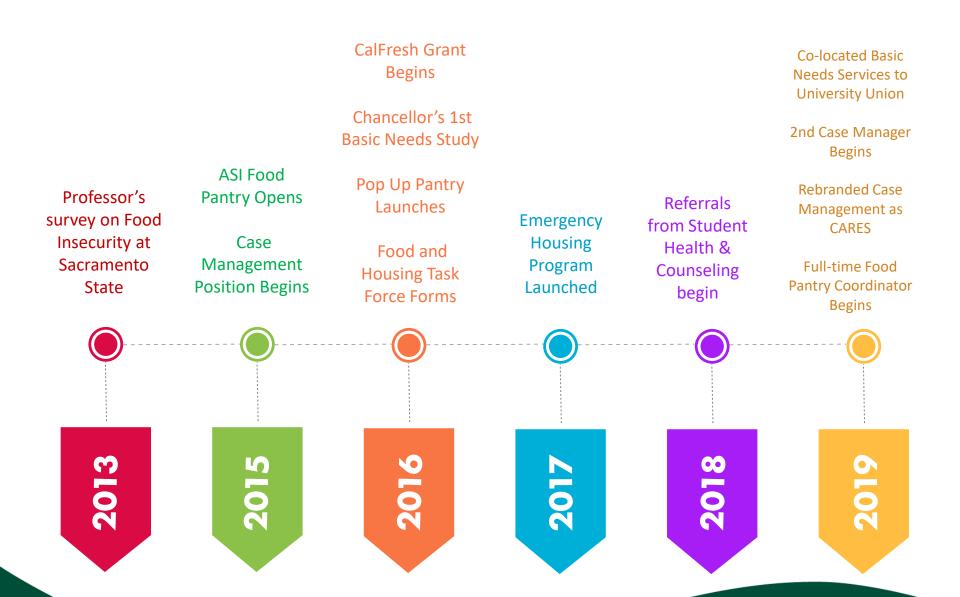




Students get 16 points per week with valid student ID

Mon: 12pm-3pm Tues: 10am-2pm Wed: 2pm-6pm Thurs: 10am-2pm Fri: 12pm-3pm









#### **Basic Needs Hub in the University Union**











# CARES & ASI Collaborative Programs



## **CalFresh Outreach Sac State**

- Student Health and Counseling and Case Management Co-Coordinate
- Drop-in Assistance, Appointments and Food Pantry outreach provided by interns
- Food Insecurity referrals & outreach (E&T Programs)







## Pop Up Food Pantry



- 18 Pop-Up Pantry events each year
- Average of 700 students attend each event
- Interactive Food Demos from SHCS
- Interns and Volunteers from Academic Affairs
- CalFresh Sign-Ups



## **Collaborative Referrals**

#### **ASI Food Pantry**

Intake form
electronic referrals
to Emergency
Housing Assistance,
CalFresh, &
Financial Wellness

#### **CARES**

Staff members refer students to the ASI Food Pantry & Student Health and Counseling Services

## Student Health and Counseling Services

Intake form electronic referrals to the CARES office



## Internship Opportunities Working with Academic Affairs

### **CARES:**

- CalFresh Interns
- BSW Interns

## ASI Food Pantry:

- Food Pantry Interns
- Volunteers

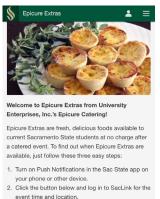


## **Collaborative Programs**

- Holiday Food Basket Drive
- Professional Clothing Drive
- Basic Needs Fair
- CalFresh Outreach Day
- Mobile App
  - Herky's Roommate Finder
  - Epicure Extras

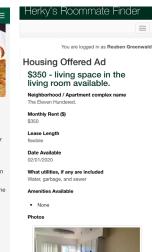






3. Bring your OneCard to the event and enjoy your

Please note that you'll need to eat Epicure Extras at the event location. Food is available during the specified time frame or until it's gone.









## **Benefits** of our Collaboration

- Reduces stigma with co-location of services
- Expands resources for students
- Brings the student voice to the table
- Encourages Innovative Ideas



## References

Crutchfield, R. M. & Maguire, J. (2018). California State University Office of the Chancellor Study of Student Basic Needs. Retrieved from http://www.calstate.edu/basicneeds

