

Temporary Tasks	Limited Duty Task Description	Activity -- None = N Occasionally (1% - 33%) = O Frequently (34% - 66%) = F Constantly (67% - 100%) = C																		Lift/ Carry		Push/ Pull	
		Sitting	Standing	Walking	Climbing Stairs / Steps	Balancing	Bending / Squatting	Twisting	Kneeling	Crawling	Reaching Above Shoulder	Reaching Below Waist	Horizontal Reaching	Handling / Grasping	One Handed Use	Use of Both Hands	Fine Manipulation	Keying / Mousing	Driving / Foot Pedals	Weight (Max)	Frequency	Weight (Max)	Frequency
GROUP A 1 to 10 lbs.	Task 1	N	C	O	N	O	O	O	N	N	N	N	F	C	O	C	F	N	N	≤2 lbs.	C	n/a	N
	Task 2	N	C	O	N	N	O	N	N	N	O	C	C	N	C	O	C	N	N	≤2 lbs.	C	n/a	N
	Task 3	N	C	O	N	O	O	O	N	N	N	N	F	C	O	C	F	N	N	≤2 lbs.	C	n/a	N
	Task 4	N	C	O	N	O	O	O	N	N	N	N	F	C	O	C	F	N	N	≤2 lbs.	C	n/a	N
	Task 5	N	C	O	N	O	O	O	N	N	N	N	F	C	O	C	F	N	N	≤2 lbs.	C	n/a	N
	Task 6	N	F	O	N	N	O	O	N	N	O	F	F	C	O	O	C	N	N	≤ 2 lbs.	C	n/a	N
	Task 7	F	N	N	O	N	O	F	N	N	N	O	C	F	O	F	O	N	F	n/a	N	≤10 lbs.	C
	Task 8	C	O	O	O	O	N	O	N	N	N	N	O	C	O	F	N	N	C	n/a	N	≤10 lbs.	F
	Task 9	N	O	C	N	O	F	N	N	N	N	F	O	F	N	F	N	N	N	≤7 lbs.	F	n/a	N
	Task 10	N	O	C	O	N	O	O	N	N	N	C	O	O	O	O	O	N	O	Varies	O	Varies	O
	Task 11	F	C	N	N	N	N	N	N	N	O	O	O	O			O	O	C	≤2 lbs.	O	n/a	N
	Task 12	C	O	O	O	O	N	N	N	N	N	N	N	N	O	O	N	F	N	n/a	N	n/a	N
	Task 13	F	O	O	N	N	O	N	N	N	N	O	O	N	N	O	N	N	N	n/a	N	n/a	N
	Task 14	C	O	O	N	N	O	O	N	N	N	O	N	O	O	O	N	N	N	n/a	N	Varies	O
	Task 15	C	O	O	O	O	N	N	N	N	N	N	N	N	O	O	N	F	N	n/a	N	n/a	N
GROUP B 11 to 20 lbs.	Task 16	O	O	F	O	N	O	O	N	N	N	F	O	O	N	C	N	N	F	≤7 lbs.	F	≤15 lbs.	O
	Task 17	F	F	F	O	O	N	O	N	N	N	N	O	F	N	F	N	N	F	n/a	N	≤15 lbs.	O
	Task 18	F	O	O	O	N	N	O	N	N	N	O	F	C	O	F	O	N	F	≤5 lbs.	O	≤15 lbs.	O
	Task 19	C	O	O	O	N	N	O	N	N	N	O	C	C	F	N	C	N	C	n/a	N	≤15 lbs.	C
	Task 20	C	O	O	O	N	N	O	N	N	N	N	O	F	N	F	N	N	F	n/a	N	≤15 lbs.	O
	Task 21	C	O	O	O	O	N	O	N	N	N	N	O	F	O	F	N	N	F	n/a	N	≤15 lbs.	O
	Task 22	C	O	O	O	O	N	O	N	N	N	N	O	F	O	F	N	N	F	n/a	N	≤15 lbs.	O
	Task 23	C	O	O	O	O	N	O	N	N	N	N	O	F	O	F	N	N	F	n/a	N	≤15 lbs.	O
	Task 24	O	C	F	F	N	C	O	N	N	N	F	C	O	F	O	O	N	O	n/a	N	≤20 lbs.	O
	Task 25	C	N	N	F	N	N	F	N	N	N	O	C	O	N	C	O	N	C	n/a	N	≤20 lbs.	C
Group C Over 21 lbs.	Task 26	F	O	O	O	O	O	O	N	N	N	O	O	O	N	F	N	N	F	≤70 lbs.	F	≤15 lbs.	O
	Task 27	F	O	O	O	O	O	O	N	N	N	O	O	O	N	C	N	N	F	≤45 lbs.	O	≤15 lbs.	O
	Task 28	C	N	O	N	N	F	O	N	N	O	F	F	N	N	F	F	N	C	≤25 lb	F	≤20 lb	C
	Task 29	N	O	C	N	N	F	F	N	N	N	F	O	F	N	C	F	N	N	≤35 lb	F	≤20 lbs.	F
	Task 30	N	O	C	N	N	F	O	F	N	N	C	C	F	N	F	C	N	N	≤35 lb	F	n/a	N
	Task 31	C	O	O	O	N	N	O	N	N	N	O	C	C	N	C	O	N	C	≤35 lbs.	O	≤15 lbs.	O
	Task 32	F	O	F	O	F	O	O	N	N	O	O	O	F	O	F	O	O	O	≤35 lbs.	O	≤90 lbs.	O

	Task 33	O	O	F	O	O	O	O	N	N	O	O	O	F	O	F	O	N	O	≤35 lbs.	O	≤15 lbs.	O
	Task 34	F	F	O	O	N	N	O	N	N	N	O	F	F	N	F	O	N	F	≤35 lbs.	O	≤15 lbs.	O