

CSU

**The California
State University**

Supporting Student Wellness & Basic Needs in the CSU

**CSU Counselor Conference
September 22, 2021**



Presenters

- **Henoc M. Preciado, CSU Chancellor's Office**
Systemwide Manager, Basic Needs Initiatives
- **Emily Foxworthy, Center for Healthy Communities at Chico State**
CalFresh Food & CalFresh Healthy Living Campus Coordinator
- **Anastasia Resner, LCSW Long Beach State**
Case Manager, Basic Needs Department
- **Judy Juarez Crawford, Cal Poly Pomona**
Basic Needs Care Services Coordinator
- **Jewlee Gardner, San Francisco State**
Assistant Director for Basic Needs Initiatives

Agenda

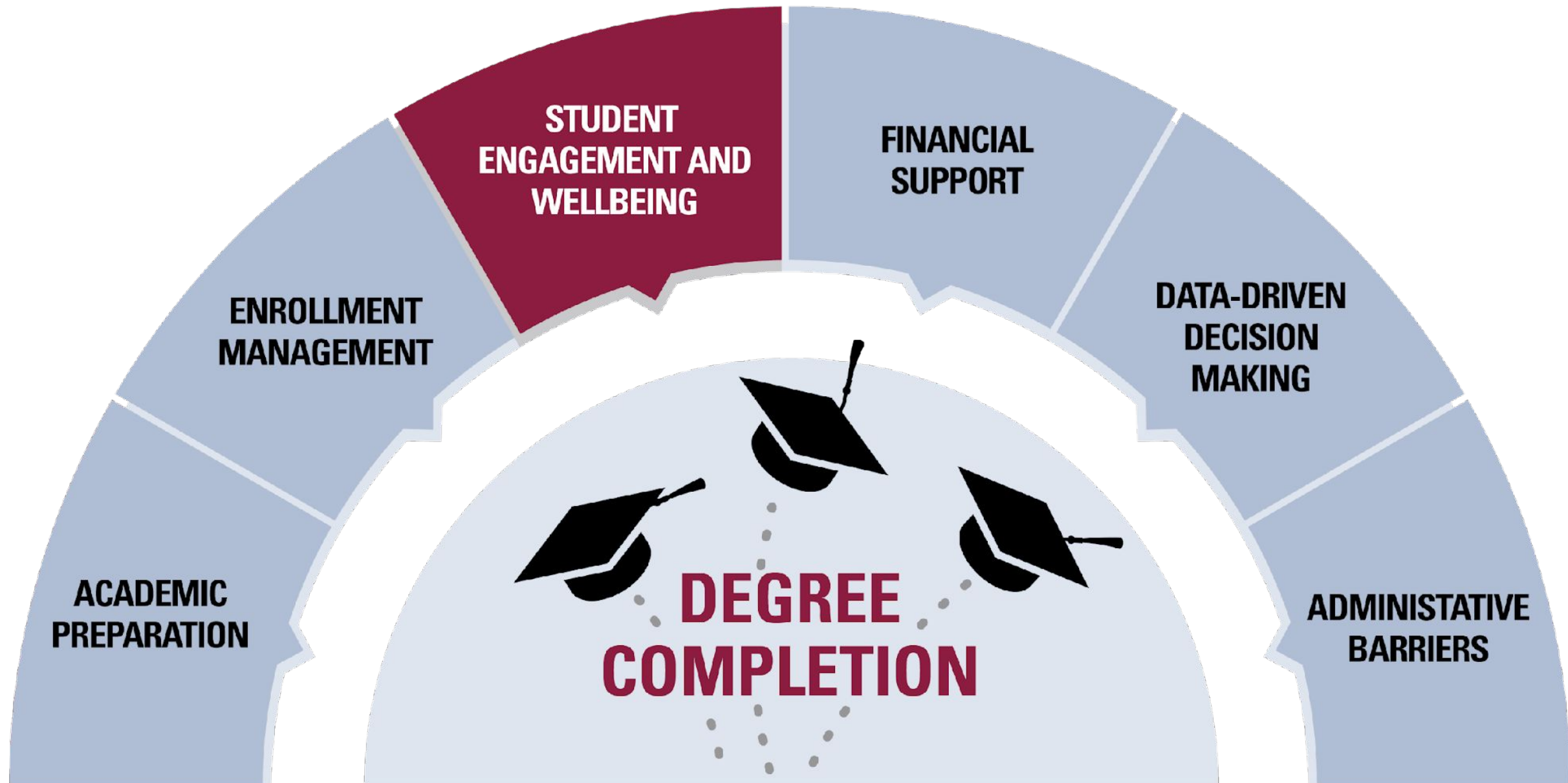
- Foundational Framework
- Importance of Meeting Students' Basic Needs
- Basic Needs Programs and Services in the CSU
- Importance of CalFresh
- In-Depth Look
 - Long Beach State
 - Cal Poly Pomona
 - San Francisco State

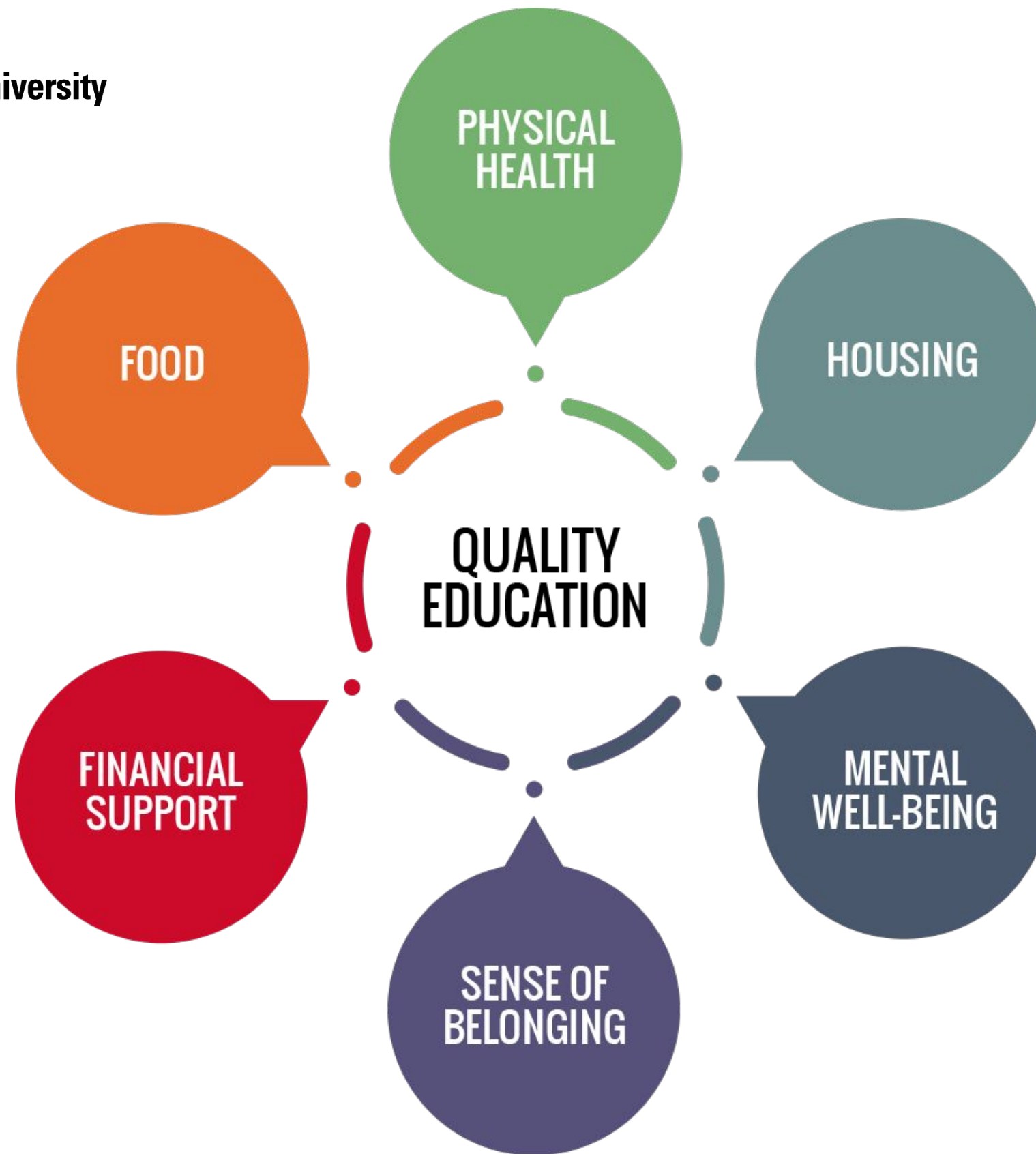


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GRADUATION INITIATIVE 2025





A pyramid diagram representing Maslow's Hierarchy of Needs, divided into five horizontal layers. From top to bottom, the layers are: 1. Self-actualization (blue), 2. Esteem (green), 3. Love and belonging (orange), 4. Safety needs (red-orange), and 5. Physiological needs (red). Each layer contains a title and a list of associated needs.

Self-actualization

desire to become the most that one can be

Esteem

respect, self-esteem, status, recognition, strength, freedom

Love and belonging

friendship, intimacy, family, sense of connection

Safety needs

personal security, employment, resources, health, property

Physiological needs

air, water, food, shelter, sleep, clothing, reproduction

Maslow's Hierarchy of Needs

CSU Comprehensive Study of Student Basic Needs

Commissioned by Chancellor White

Three phases

Led by two CSU Faculty Members



Campus Support

Emergency Grants

CalFresh Application Assistance

Emergency Housing

- 8 Campuses Piloting Rapid Rehousing

Food Pantry or Food Distribution Program

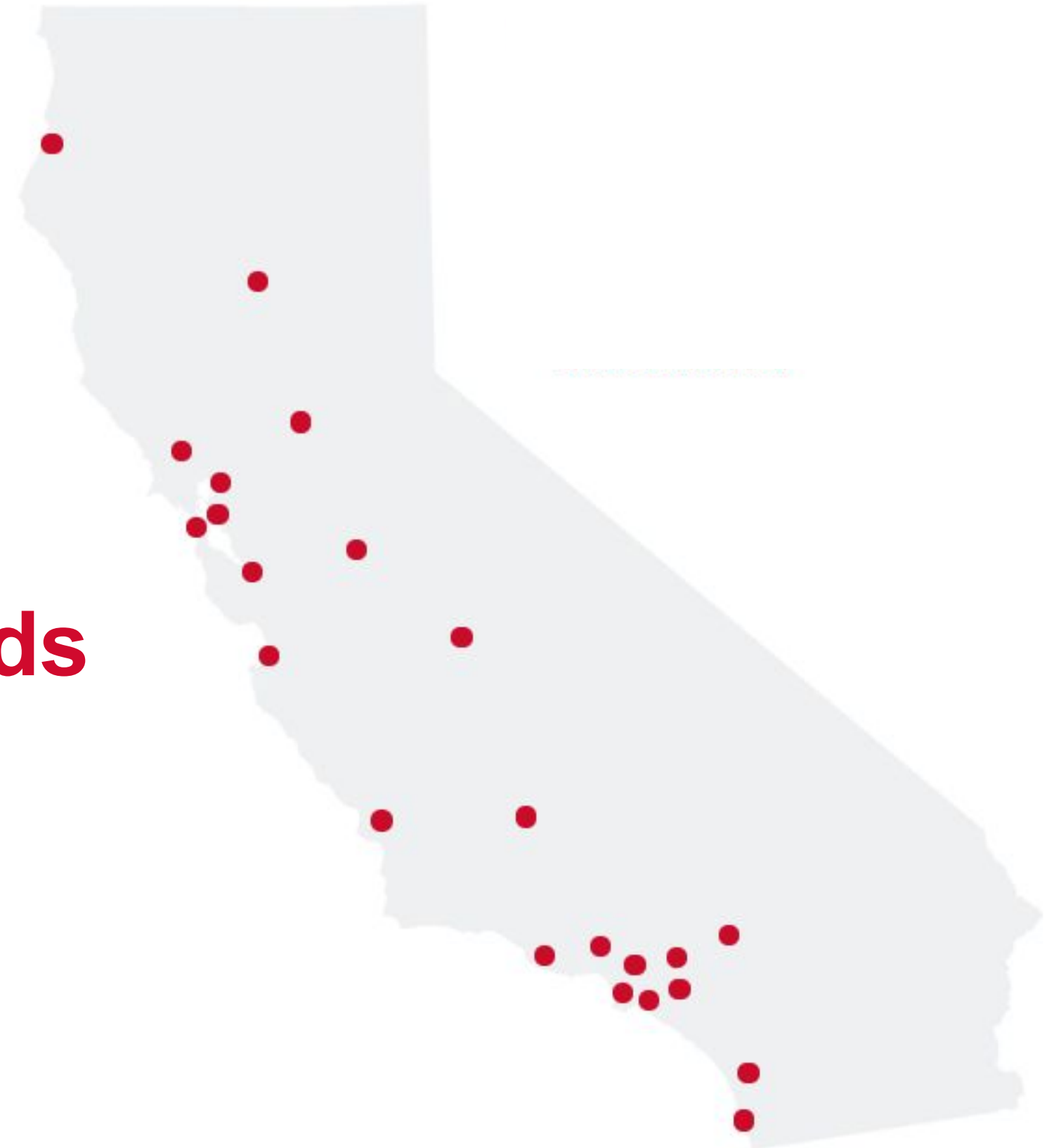
Connections to Community Resources

Faculty & Staff Training



Systemwide Support

calstate.edu/basicneeds



Importance of CalFresh

- Survival Brain vs. Learning Brain, we know the link to mental health
- Students may be eligible, many grew up receiving free or reduced school meals
- CalFresh and other public benefits are an opportunity to learn self-advocacy
- Reduce stigma and normalize using resources with the goal of graduation



In-Depth Look

Long Beach State

Cal Poly Pomona

San Francisco State



calstate.edu/basicneeds

Long Beach State

Basic Needs Program

The Basic Needs Program provides immediate short-term services to students who are experiencing, displacement, homelessness, food insecurity, and other emergencies or crises.

Services

Fighting Food Insecurity

- Meal Assistance Program
- CalFresh
- Beach Bites

Financial Support

- Emergency Grant
- Gift Cards
- Toiletry Items

Assisting Displaced Students

- Short-term Emergency Housing
- Rapid Reho

Connect With Us

Website:

[CSULB Basic Needs Program](#)

Email:

supportingstudents@csulb.edu

Application Link:

[Emergency Intervention & Wellness Program Application](#)

Hours: 8 AM – 5 PM

Instagram & Twitter: @basicneedscsulb



Genesis Jara (She/Her/Hers)
Basic Needs Assistant Coordinator
supportingstudents@csulb.edu



Vivian Hernandez (She/Her/Ella)
Beach CalFresh Outreach Coordinator
calfresh@csulb.edu

Food and Housing Services

Food Resources



- Poly Pantry- in person appointments
- CalFresh Outreach & Assistance
- Meal Assistance Program
- EBT Access on Campus (Farm Store)

Housing Resources



- Emergency Housing through University Housing Services (7-14 days)
- Hotel Vouchers for students with families (7-14 days)
- College Focused Rapid Rehousing
- Linkage to community resources

Financial Assistance and Support



- \$500 Emergency Grant for crisis/emergencies
- Career Clothes Closet Stipend
- Linkage with Financial Aid and other campus resources
- Education on financial resources and building budgets

Holistic Support



- Follow academic achievement of students and focus on supporting them through a holistic wraparound approach within the Integrated Care Network.
- Full time Care Services Coordinator to assist with support and linkage to campus and community resources

San Francisco State

Food+Shelter+Success

Food Security

- Campus food pantry
- Emergency meal cards
- Grocery cards
- CalFresh Help Clinic
- Gator Grub Alert
- Snacks

Housing Stability

PATHS -Providing Assistance To Housing Solutions

- Housing Crisis Navigation
- Emergency Rental Assistance
- Short-term housing solutions
- Long-term housing support (rapid rehousing)
- Shower & locker access

Economic Crisis Support

- Personal care & laundry kits
- Transportation cards
- Grocery & essentials gift cards
- Childcare items
- Emergency grants
- Financial aid navigation/advocacy



How to Provide Additional Support

CSU Systemwide Resources: **calstate.edu/basicneeds**

Destigmatize food and housing insecurity

- Bring awareness of issues and resources available

- Shared information broadly

- Normalize language and support available

Remember Collective Goal: Access and Opportunity in Education

Contact Information

- **Henoc M. Preciado** – hpreciado@calstate.edu
- **Emily Foxworthy** – eafoxworthy@csuchico.edu
- **Anastasia Resner** – anastasia.resner@csulb.edu
- **Judy Juarez Crawford** – jejuarez@cpp.edu
- **Jewlee Gardner** – jewlee@sfsu.edu



Questions?