EXAMPLES OF POTENTIAL ASSIGNMENTS FOR LIGHT DUTY:

GROUNDSDRIVER

Listed below are jobs that could possibly be assigned to a Groundsworker returning to work with restrictions on a temporary basis.

___ File — File paperwork in numerical or alphabetical order. Involves sitting, standing, walking, reaching, handling and gripping. Lifting up to 5 pounds.

___ Make labels — Use computer or hand-write labels. Involves sitting, standing, grasping handling and fingering.

___ Inventory — Count number of items, supplies or parts. Write down the number counted for each item. Enter into computer. Involves sitting, standing, walking, reaching, handling and fingering. Lifting up to 10 pounds.

___ Water plants — Use hose to water plants in greenhouse. Involves standing, walking, reaching, handling, grasping and gripping. Lifting up to 10 pounds.

___ Remove dead leaves — Use hands to pick off dead leaves. Involves standing, walking, reaching, handling and grasping. Lifting up to 10 pounds.

___ Lawn care — Mow lawns using riding lawn mower. Involves driving, sitting, walking, bending and reaching. Lifting up to 5 pounds.

___ Cleanup — Remove light trash and carry to dumpster. Involves standing, walking, reaching, grasping, gripping, bending, pushing and pulling. Lifting up to 10 pounds.

___ Sweep — Use a push broom to sweep common areas, entrances, exits, stairwells and other assigned areas. Use a dustpan with a long handle to remove the trash. Involves walking.