

Thursday May 17, 2007



If you have a bicycle and are willing to give biking to work a try, there's no better day than Bike to Work Day! Not only will riding your bike help reduce air pollution and traffic congestion, bicycle commuting can be a healthy and viable way to get to work.

During the morning commute on May 17th, companies and organizations across the Bay Area will be sponsoring Energizer Stations, where you can get free water, energy bars and other fun giveaway items. To find the energizer station location closest to you, please visit: [Bike to Work Day 2007](#). You can also call 511 (regional commute information) from any phone.