

International Programs
Participant Guide 2008-2009

Denmark

CSU **The California State University**
OFFICE OF INTERNATIONAL PROGRAMS

401 Golden Shore, Sixth Floor
Long Beach, California 90802-4210
(562) 951-4790
Fax: (562) 951-4983
www.gateway.calstate.edu/csuienet

This *Participant Guide* is designed to assist you with your preparation for your year abroad. We encourage you to share this information with your family and friends so that they can share in your experience. The *Guide* is revised annually and we welcome your suggestions.

Leo Van Cleve, Director

Editor: Dana Rosón

Production Staff: Jeanine Beu

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Section II:

The Student Experience in Denmark

Introduction

The Participant Guide

Congratulations on your acceptance to the California State University International Program in Denmark. It will be an exciting and challenging year. We are pleased that you will be joining a unique group of CSU students and wish you the best for your time abroad.

This *Participant Guide* is designed to help you deal with the various requirements for participation in IP. Carefully read the detailed information that follows in the various sections. They contain a lot of information about planning and paperwork you will need to do. You should also take this with you when you go abroad. We know that there are a lot of facts to absorb and a lot of things you have to do. Bear in mind, however, that you are going to be spending an academic year at a different university in a different region of the world—assuredly, a very complex undertaking. We will try to make it as easy as possible, but it will still require considerable effort on your part.

Undoubtedly, you have a lot of questions and as you go through the process of preparation you will have more. In addition to this booklet there will be a Regional Orientation that we strongly urge you to attend. There will also be another mailing in early June.

Although this *Guide* is revised and up-dated each year, it is based on the advice, insight and experience of thousands of students who have studied abroad on IP. Your own experience will be a personal and independent one. Studying and learning in an unfamiliar educational system, exploring the neighborhoods, learning your way around, finding your own place to meet and socialize – these will be part of your discovery of Denmark, and we wish you all the best. One of the most common pieces of advice from returning students is to keep an open mind. Be flexible and use diplomacy and humor to gain a better understanding of your new surroundings.

The CSU International Programs: An Overview

The International Programs (IP) was established by the CSU Board of Trustees in 1963 as the systemwide study abroad unit of The California State University. Under the direction of the Office of International Programs (OIP), students are offered an opportunity to enroll simultaneously in one of the CSU campuses—where they earn academic credit and maintain campus residency—and in a host university or a special study program center abroad for a full academic year of study.

IP's primary objective is to enable participants to gain first-hand knowledge and understanding of other areas of the world through a year of academic study. Students have the opportunity to increase their communication skills through participation in the language and culture of other countries.

Some overseas study centers have a Resident Director charged with the academic, administrative and advisory aspects of the program. Resident Directors are faculty members in the CSU. Other centers have either a Resident Coordinator who performs the functions of a resident director but is not a CSU faculty member, still others are administered by a responsible officer of the host institution.

Eligibility is limited to students who have achieved an overall grade-point average (GPA) in all college work of 2.75 at the time of their application to the program (except for Australia, Chile, Japan, New Zealand, Taiwan, the United Kingdom and specified programs where the minimum GPA is 3.0); who will have upper division or graduate standing during their year of study abroad (except for special learn language programs which are open to sophomores); who show ability to adapt to a new environment; who are, where required, sufficiently competent in the language of instruction at the foreign university; and who meet course preparation requirements where applicable. Selection is made by a faculty committee on the student's home campus and by a statewide faculty committee. Since more students apply than can be selected, selection is on a competitive basis.

Students assume costs for predeparture processing, insurance, transportation, housing and meals. The campus registration fee (the State University Fee), tuition on the home campus for nonresident students, and personal incidental expenses or vacation travel costs while abroad are also paid by the student. OIP collects and administers funds for those items that must be arranged or can be negotiated more effectively by a central office, e.g., the State University Fee (and nonresident tuition, where applicable), processing costs, insurance, and even housing in some centers. Students accepted by IP may apply for most types of financial aid available at their home campuses.

IP is supported by State funds to the same extent that such funds would have been expended had the students remained at their home campuses in California rather than going overseas.

IP has a faculty advisory body called the Academic Council on International Programs. It is composed of a faculty representative from each CSU campus. Representatives are appointed by their local Academic Senates and are eligible to serve two terms of three years. Three former IP students are appointed annually to full membership on the Academic Council.



OIP Procedures

Your Acceptance to International Programs (IP)

The first thing we will need to know is whether you still plan to participate in IP. If you do, please sign and return the Agreement form by **May 15**. A copy for your records is included in the "Agreement" section of this *Guide*. If you do not plan to participate, please inform us in writing as soon as possible, so that an alternate participant may have the opportunity to take your place.

Alternate participants are selected for some programs when the number of qualified students exceeds the places available overseas. Alternates take the place of regular participants who withdraw before departure. If you were selected as an alternate, you must complete all requirements and make all payments just as if you were a regular participant. Based on previous experience, alternates have a good chance of ultimately becoming regular participants. You will be informed immediately when your status changes to that of regular participant.

Being an IP Participant

Being part of an established program, such as IP, involves commitments on the part of the participants as well as on the part of the program. At times, you will be expected to behave as a member of a group, such as at the on-site orientation and in other program activities. There are rules and regulations that you will be required to comply with as a program member that students who go abroad independently may not have to consider. While IP students generally have a great deal of independence while overseas, it is the case that your actions may affect your group or future groups of IP students. Thus, it is important to develop a sense of responsibility toward the program as well as your fellow IP participants.

The Systemwide Office of International Programs

Now that you have been selected for IP, you have become part of a statewide program. The details of your year overseas will be handled by the systemwide Office of International Programs (OIP) rather than by your individual CSU campus. **From now on, all questions about your participation in the program should be addressed to OIP.**

When making inquiries, we ask that you and not your parents contact us. Having supportive parents contributes to your success overseas; however, when it comes to the details of your participation, you must handle your affairs firsthand.

We are located in downtown Long Beach at the CSU Office of the Chancellor, not on the CSU, Long Beach campus as many assume. Our address is:

CSU International Programs
401 Golden Shore, Sixth Floor
Long Beach, California 90802-4210

Our telephone number is: (562) 951-4790. Please note that we are unable to accept collect calls from students.

OIP Staff:

Mr. Leo Van Cleve, Director
Ms. Jolene Colman, Department Secretary
Ms. Jan Terborg, Campus Relations Administrator
Ms. Sharon Okashima, Assistant Director, Finance
Ms. Joyce Cury, Student Funds/Scholarship Coordinator
Ms. Dana Rosón, Assistant Director, Student Services
Ms. Jeanine Beu, Student Services Assistant
Ms. Danielle Pattee, Student Affairs Assistant
Ms. Renata Bouwmeester, Assistant Director, Academic Services
Ms. Laura McCrary, Academic Services Assistant

Since IP participants come from all over the state, we will be communicating with you mostly in writing or by telephone. When calling or writing OIP, please make sure you indicate your CSU campus and overseas center so that we can identify you easily. Please feel free to contact us if you have questions about any aspect of your preparation for studying overseas.

While you are overseas, financial, academic, or other issues at your home campus may arise. In most cases, it is

not in your best interest to contact your campus directly. It is often much simpler for us to solve such problems as we are aware of your special status as an IP student. You should write to OIP through your Resident Director, Resident Coordinator, or host university contact. As those individuals are in close communication with OIP, we can contact the campus on your behalf.

Information for Participants

All participants receive the following:

The Participant Guide - Outlines requirements, policies and procedures regarding various aspects of your upcoming year, and gives advice on personal preparation.

- **The IP Bulletin (included in this Guide)** - Describes the academic program and lists course offerings, or provides Internet links containing course descriptions. You will need this information in order to complete Academic Advisement form with a faculty advisor.
- **Student Experience Report (included in this Guide)** Input from the current year participants at your center provides helpful information about the year overseas from the student perspective.

Online Packet #1 - Includes the forms necessary for your participation in IP. Before completing the forms, be sure to look over the relevant sections of this *Guide*.

Deadlines

- To make sure that all processing is completed in time, there are deadlines that have to be met. To help you identify these due dates, a pointing hand symbol ☞ appears each time a due date is mentioned. You should mail all items to arrive by the dates indicated.
- In the front of this *Guide* there is a list of the due dates; failure to do so may jeopardize your participation in IP.
- If you have a problem completing a requirement, making a payment, or submitting any form on time, please call us for advice before the deadline. **It is not necessary to send materials and payments to OIP by overnight mail.**

Change of Address

Address • Telephone number
Cell phone number • Email address

It is your responsibility to notify us if your contact information changes.

It is very important that we always have up-to-date contact information on file for you. **It is your responsibility to let us know if this information changes.** Check the envelope this mailing came in to see that we have accurately recorded your name and current mailing address. Anytime there is a change in your address, telephone num-

ber, cell phone number, or email address between now and departure, please send us a Change of Address/Contact Information form. This form is included in Packet #1 online.

Registration

Do not register for classes at your home CSU campus while you are studying abroad. OIP arranges for you to be concurrently enrolled at your overseas study center and at your home campus.

Home campus registration for the term you return is once again your responsibility. Check your CSU campus' website for information on registration for that term. You may need to contact the campus to make sure that they have you as a continuing student as well as a current address.

Nonresident Students

IP is designed to provide CSU students the opportunity for an in-depth intercultural experience within a structured academic program. Participants are selected without regard to national origin, citizenship, or residence status. In a competitive situation, however, priority is normally given to those applicants who have not had extensive intercultural experience.

Resident aliens are advised to check with the US immigration officials on the possible effects of residence outside the US. Visa students must check with both their home country consular offices and the consular officers of their IP country to determine if any restrictions exist that might preclude participation. Students who are, or have been, citizens of their IP country may have additional restrictions or requirements placed on their admission by the host government and/or university. As an example, German universities require German citizens to possess the *Abitur* to qualify for admission. In all these cases, OIP needs to be informed.

Nonresident US citizens who are otherwise eligible to participate may apply to IP. Such students are subject to nonresident tuition charges.

Transfer Students

If you are a transfer student (entering a CSU campus for the term you are going abroad), you must provide OIP with two items: **a copy of your letter of admission** to the CSU campus, and **an updated transcript** from your former college/university. These items must be sent to OIP no later than ☞ **July 1**.

Payment of CSU Fees

Do not pay fees to your home CSU campus during the year you are participating in IP. Instead, you will make program payments to OIP. Nonresident students are required to pay the nonresident tuition charges to OIP as well.

Extracurricular Activities

Opportunities to participate in extracurricular activities are normally available at the overseas centers. Weekend trips, field trips or tours may be sponsored by student organizations or by the host university. Opportunities for individual or team sports may be available. Some of these activities are arranged under the auspices of the host university, and others may be available in the community. Cultural norms tend to determine the type and variety of athletic facilities, and few foreign campuses offer the athletic facilities and opportunities to be found on the typical CSU campus.

To some, international education is synonymous with travel. IP students are encouraged to avail themselves of the many opportunities they will encounter for recreational and educational travel abroad during and after their year of study. IP does not, however, give academic credit for travel, and such travel must not interfere with academic responsibilities. Recreational travel must be carried out during vacation and holiday time and not during class time. Students have the opportunity for extended travel at the end of the academic year. Costs for such travel are not included in the prepaid fees or cost estimates.

Hitchhiking is a dangerous practice and all IP students are strongly encouraged to avoid it.

Students are expected to maintain regular attendance in classes and to remain at the study center during the academic terms. During any absence from the study center, students should provide the Resident Director or host institution staff with details of their itineraries so that, if emergencies arise, the student can be contacted.

Housing & Meals

When housing and/or meal arrangements are made on a group basis by OIP, these must be used by participants. Request for exceptions to this requirement must be submitted in writing by **May 15**, and are reviewed by OIP on an individual basis. Married students and students with accompanying dependents may be required to make their own housing and meal arrangements even in cases where the program provides housing for single students. At study centers where students make individual housing decisions, they are individually responsible for fulfilling the financial and legal aspects of occupying their residences.

Changing Housing

If students begin the year in program-arranged housing, they may move out on an approved basis only if the following conditions are met:

- The host university dormitory authorities or other owner-managers concur and the student has met the terms of the lease or agreement.
- The move will not jeopardize the availability of housing for the following year.
- The Resident Director or Resident Coordinator, where applicable, approves.

- Any applicable penalty or quittance fees are paid.

Any refund to the student for prepaid housing fees will be made only to the extent that the housing authorities are willing to release IP from commitments made on behalf of the student.

In centers where IP places students in family-stay housing (e.g., Denmark, Japan, Mexico), termination of the arrangement before the end of the academic year may be accompanied by an assessment of two months' rent. The Director of International Programs will make the final decision as to whether this early termination charge will be levied; if so, it will be paid in full to the family affected.

If a student moves out of program-arranged housing for personal convenience, or is ejected from program-arranged housing as a result of misconduct, IP will not stand responsible for securing replacement housing for the student.

The terms of lawful leases, signed by students who occupy accommodations at IP study centers, and as interpreted by local officials under the terms of host country law, take precedence over IP's housing regulations. Students are subject to the full range of civil penalties for abuse of property or evasion of contractual obligations abroad in the same way they are subject to such provisions at home. Where legitimate debts arise from accepting accommodations owned or managed by the host universities, or other public entities associated with these universities, such debts may become debts owed to the Board of Trustees of The California State University and to the State of California.

Withdrawals

Prior to Departure

Students who decide not to participate in IP must complete the Predeparture Withdrawal Notification form and submit it to OIP as soon as possible so that alternate students may be offered the opportunity to participate. Refer to the next section for information on possible refunds. These students retain their status as continuing students at their home CSU campuses. It is their responsibility to contact their home campus regarding registration for the upcoming term.

After Departure

Because of the extensive commitments made by the State on each student's behalf, withdrawal after departure is a very serious matter. Students who request withdrawal at any time after arrival at the overseas site must consult with the Resident Director or Coordinator or host university representative, and complete the Program Withdrawal form.

Students who discontinue their academic programs without notifying the overseas staff or OIP may receive failing grades in all courses. Withdrawal after departure constitutes withdrawal not only from IP, but also from the student's home CSU campus for the remainder of the current term.

Students who are receiving financial aid should consult their home campus Financial Aid Office regarding any return or repayment of grant or loan assistance received.

Financial aid recipients should work closely with OIP and their home campus financial aid counselor regarding funds that may need to be repaid and/or debts owed to OIP as a result of their withdrawal.

In some instances, a change in visa status as a result of withdrawal from IP, and thus no longer having student status, may mean having to leave the host country immediately.

In all cases of withdrawals and disenrollments, students assume full responsibility for their return to their home, and thereby remove all liabilities and responsibilities from OIP representatives and staff and the Trustees of The California State University.

Refunds

Students are entitled to a full refund of funds paid, less any funds already committed or expended on their behalf, provided that written notice of withdrawal is received by OIP **prior to June 15**.

Students who withdraw or are disenrolled **after June 15**, but before the beginning of instruction, will receive a refund of all monies paid to OIP less \$500 or an amount equal to funds committed or expended on their behalf, whichever is greater.

Students who withdraw or are disenrolled **after the beginning of instruction** will receive a refund of funds not already committed or expended on their behalf.

State University Fee (SUF) refunds will be based on the amount paid to OIP, the effective withdrawal date and whether or not a student will receive course credit for the term at the overseas university.

No refunds will be made for the IP student Abroad fee after departure.

No refunds will be made for health insurance cancellations after departure.

No refunds will be made for nonparticipation in IP group activities.

Determinations concerning eligibility for refunds and the amount and date of refunds shall be made at the discretion of the Trustees.

If students who receive financial aid withdraw, they may be required to make immediate restitution of monies awarded for participation in IP.

For those students who fully participate in the program, a separate accounting is made to each participant of all funds collected and expended on their behalf by OIP. As OIP makes liberal estimates of costs to cover all likely contingencies, there is usually a small amount of money left in each student account. These funds are normally returned to the students as a post-program year refund. Refunds to students are made at the sole discretion of the Board of Trustees. The Director of the International Programs, as agent for the Trustees, may make exceptions to this policy

at any time without advance notice, and may make individual determinations. In particular, the Director may withhold refunds in those cases where students have not appropriately discharged their legitimate debts and claims to host institutions overseas. Refunds are processed at the end of the academic year, when a full accounting can be made. Completing this final accounting may take up to three months or more after the end of the academic year, depending on billing practices in the host country.

Renewal Students

IP is designed as a one-year academic experience; however, some students will want to spend a second year overseas. Renewal applications will be considered taking into account the following factors:

- The renewal applicant does not take the place of an eligible first-time participant.
- Graduate students are not eligible to renew.
- The overseas center and host university can accommodate the student and assume the additional academic and administrative responsibilities.
- The renewal applicant has the support of the overseas Resident Director or Coordinator or host university representative, home campus administrators, and the academic advisor.
- The renewal application is received in OIP by March 1.

Students with Dependents

If you indicated on your application that you will be accompanied overseas by your spouse and/or children, you must complete a copy of *Information for Students with Accompanying Dependents* which you will find in Packet #1 online. It discusses some topics such as housing and child schooling, and the attendant extra expenses. Also included are *Instructions for Students with Dependents* listing the items that OIP needs from you and a worksheet for you to calculate the extra expenses for your dependent(s). The *Application for IP Group Health and Accident Insurance for Accompanying Dependents* (also in Packet #1) should be sent to OIP by **May 15**.

If you are planning on having your dependents with you overseas and have not received this information, please contact OIP immediately. Note: OIP can provide assistance to **legal** dependents only, i.e., spouses and children.

Student Conduct

General

During their stay overseas, IP participants are not only responsible for their own personal conduct, but how their actions reflect on IP, the CSU, the State of California, and the US. Abuse of the hospitality of a host university or community on the part of a few can result in the loss of opportunities for many. It is important, therefore, that participants pay particular attention to the acceptable norms of conduct

in their respective host countries and abide by those standards. Under most circumstances simple honesty, courtesy, restraint and respect for the law are usually sufficient guides for proper conduct anywhere.

Standards of student conduct for IP students are established both in domestic and host country law, policy, and practice. The standards of conduct also form part of the agreement signed between the student and the CSU Board of Trustees. In some cases, host countries and institutions apply standards that differ substantially from those normally applied within the CSU. The CSU has concluded agreements with host institutions abroad that recognize the authority of those institutions to apply their own standards to CSU students. It is incumbent, therefore, on students to be fully aware of their responsibilities to the CSU as well as to the host university and country.

Unacceptable Conduct

IP students are selected for their maturity and seriousness of academic purpose. These qualities are inconsistent with inappropriate or unacceptable conduct and such conduct is exceedingly rare among the members of this group. To be clear, however, the following constitute unacceptable conduct:

- cheating or plagiarism in connection with an academic program;
- forgery, alteration, or misuse of official documents, records, or identification, or knowingly furnishing false information;
- misrepresentation of oneself or of an organization to be an agent of the CSU International Programs;
- obstruction or disruption, on or off International Programs property, of the educational process, administrative process, or other official function;
- physical abuse, on or off International Programs property, of the person or property of any member of the International Programs staff, faculty, or student body, or the threat of such physical abuse;
- theft of, or non-accidental damage to, International Programs property, or property in the possession of, or owned by, a member of the International Programs faculty, staff, or student body;
- unauthorized entry into, unauthorized use of, or misuse of International Programs property;
- the sale or knowing possession of dangerous drugs, restricted dangerous drugs, or narcotics, as those terms are used in California statutes, except when lawfully prescribed pursuant to medical or dental care, or when lawfully permitted for the purpose of research, instruction, or analysis;
- possession, or use of, explosives, dangerous chemicals, or deadly weapons on International Programs property;
- engaging in lewd, indecent, or obscene behavior;

- abusive behavior directed toward, or hazing of, a member of the International Programs community;
- violation of any order of the Director of International Programs, or of the Resident Director;
- violation of International Programs rules and regulations as specified in official International Programs publications and correspondence;
- failure to attend classes to the extent normally required;
- failure to carry out a required portion of the program;
- violation of the laws of the host country or the political subdivisions thereof;
- violation of the rules and regulations of the host university institution;
- violation of the terms of stay or visa restrictions imposed by the host country;
- participation abroad in any event, activity, or conspiracy of a political nature, or the making of any public statement which might tend to embarrass or inconvenience the CSU International Programs or endanger the welfare of participating students;
- conduct which might be harmful to the International Programs or infringe upon the opportunities and benefits available to participating students;
- failure to discharge lawful debts abroad in a responsible and timely manner;
- conduct which represents a danger to the personal safety of the student involved or to other students, faculty, or staff members;
- flagrant disregard of local customs, mores or beliefs which might result in offending or antagonizing host country citizens or officials;
- violating the rights of any other participating student or students, faculty or staff members;
- soliciting or assisting another to do any act described above.

Sanctions

Each International Programs student signs an agreement with the CSU Board of Trustees which recognizes the authority of the Director of International Programs as the agent of the Board of Trustees, and at the sole discretion of the Director, to apply appropriate sanctions for the violation of the above items of unacceptable conduct, or other items of unacceptable conduct which the Director, again at the sole discretion of the Director, shall establish. Such sanctions are rarely applied, but must be brought to the attention of program participants:

- **Reprimands** – Verbal or written notice of unacceptable conduct. Reprimands set forth requirements for improvement of behavior and are intended to assist the student in correcting that behavior as part of the educational process where the conduct is remediable;

- **Probation** – Written notice of unacceptable conduct which sets forth specific terms required to avoid termination of enrollment where such conduct is deemed remediable, but of a serious nature;
- **Disenrollment** – Disenrollment and expulsion of a student from IP is the final sanction available to the Director of International Programs as a means to remove students from the program who have committed serious infractions and whose unacceptable conduct is deemed unremediable. Students being considered for disenrollment are provided a fair and timely opportunity to explain, justify or deny the behavior in question, or to raise matters of mitigation prior to any decision to disenroll. Disenrollment means termination of status as an enrolled student, the probable termination of legal status in the host country, and withdrawal from the academic program at the host institutions abroad with all of the attendant academic and personal consequences thereof. Disenrollment from IP is not necessarily prejudicial to a continuation of enrollment at the student's home CSU campus; depending on the seriousness of your action, students may be subject to additional action.
- **Summary Disenrollment** – On those occasions where serious incidents of unacceptable conduct are combined with any form of imminent danger to the personal safety or health of the student involved, or where any threat to the safety, health or well-being of any other student participant, faculty member or staff member is involved, or where the continued operation of the International Programs is placed in imminent jeopardy by the conduct of the student involved, the Director of International Programs may carry out, at his sole discretion, an immediate disenrollment of the student involved without opportunity of appeal or mitigation.

Grievances

Students who believe that they have been treated unjustly, or have been victims of an error on the part of the staff or the administration of IP, should make every effort to resolve the issue by consulting the Resident Director, if applicable, or the Director of International Programs. Should there be no satisfactory resolution of the problem, it will be the responsibility of the Director of International Programs to advise students with grievances in a timely manner on the availability of additional channels of appeal or assistance as may be appropriate and applicable to the circumstances involved.

CSU International Programs Alcohol Policy

IP does not tolerate alcohol abuse by its participants. Alcohol may be consumed by IP participants of legal drinking age (in the host country). Students must understand that, if they choose to drink alcohol, they remain accountable for their actions and, therefore, must drink responsibly, following all host university and country rules and laws related to alcohol. Prior to departure, students are advised to research their host country's alcohol-related customs and laws.

The intent of this alcohol policy is to help IP achieve the following goals:

- Ensure that alcohol is never the primary focus of an IP event.
- Communicate to IP participants that they are expected to act responsibly regarding their consumption of alcoholic beverages while living abroad.
- Raise student awareness that, when choosing to consume alcohol abroad, students are subject to the local laws related to alcohol consumption.
- Remind IP Resident Directors and staff overseas that they should strive to create an atmosphere that does not encourage students to drink alcohol and that respects those who choose to abstain.
- Warn students that excessive drinking or drunkenness is not condoned and will never serve as an excuse for misconduct.
- Encourage students to be aware of local customs and laws related to alcohol consumption.

CSU International Programs Statement on Sexual Harassment

Sexual Harassment

It is the policy of the CSU to maintain a working and learning environment free from sexual harassment of its students, employees, and applicants. All students and employees should be aware that the CSU is concerned and will take action to eliminate sexual harassment. Sexual harassment is conduct subject to disciplinary action.

As a CSU program, IP is concerned about sexual harassment abroad. This policy statement and the procedures below apply to students and employees of the CSU. Students should be aware that this policy does not apply to faculty, students and staff of host institutions abroad.

IP emphasizes the importance of orientation and open communication in order to promote a preventive approach that addresses and explains issues before they escalate into more serious problems.

Is There an International Definition of Sexual Harassment?

IP participants should understand that a definition of sexual harassment abroad must take into account the legal system and culture of the host country. Legal standards and cultural norms may be different than those in the US and this can make harassment difficult to identify abroad.

During orientations before departure and once abroad students will receive information regarding the host country and culture. In some cultures verbal comments that may be offensive in the US may be acceptable abroad. At the same time some types of dress that are considered appropriate in the US may send different messages abroad.

Reporting Sexual Harassment

All alleged incidents of sexual harassment should be reported to the Resident Director, Resident Coordinator or host university contact person. That person will consult with OIP regarding the issue. OIP will consult with other appropriate staff as necessary. On-site personnel and OIP staff should keep a written record and notes of any conversation surrounding these allegations.

Responding to Sexual Harassment

Staff should respond to complaints in accordance with IP policies and procedures for responding to such allegations.

Intercultural Gender Relations

It is equally important for both men and women traveling abroad to understand issues surrounding intercultural gender relations. Gender relations may be initiated differently in different cultures and all students traveling abroad should educate themselves about their host country's customs and norms before they go. Knowledge increases competent behavior, which can also be important for personal safety.

Before going abroad, students are encouraged to learn about how interpersonal relationships are initiated in their host country. Understanding the meaning behind certain behaviors that are second nature in the US may drastically affect your experiences with host nationals abroad. Such things as clothing styles, make-up, cologne, eye contact, facial expressions, distance between people talking and even hairstyles may send unintended messages in another culture. Students who are unaware of these cultural differences may inadvertently find themselves in uncomfortable or dangerous situations.

Therefore, students are urged to learn as much as possible about the cultural norms of their host country. Your IP Campus Coordinator may be able to point to some valuable reading material on the subject of culture. Another way to learn about your host country's culture is to talk to former IP participants or to international students from that country. Every CSU campus has an international student office that may be able to introduce you to students from the country you will be going to. Again, knowledge increases culturally appropriate behavior.

Privacy of Student Information

Section 7(b) of Federal Public Law 93-579, popularly referred to as the Privacy Act of 1974, became effective January 1, 1975. This section of the statute requires that any federal, state, or local government agency which requests an individual to disclose his Social Security account number shall inform that individual whether that disclosure is mandatory or voluntary, by what statutory or other authority such number is elicited, and what uses will be made of it.

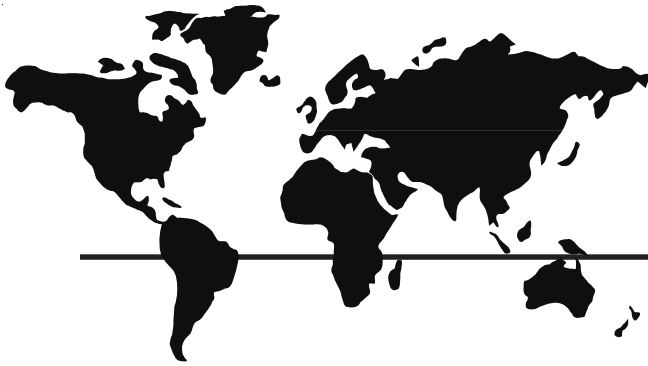
The application for admission to The California State University International Programs requires each applicant to provide his or her Social Security number. Authority for this requirement is found in Section 41201 of Title 5 of the California Code of Regulations, and Section 6109 of the Internal Revenue Code.

The student's Social Security number is used as the individual identifier in all student records which may include application files, registration records and certification documents, academic records, financial aid and transaction records, and transportation and insurance documents. Also, the Internal Revenue Service requires the University to file information returns that include the student's Social Security number and other information such as the amount paid for qualified tuition, related expenses, and interest on educational loans. That information is used to help determine whether a student, or a person claiming a student as a dependent, may take a credit or deduction to reduce federal income taxes.

It is IP policy to protect the personal information of participating students from unnecessary or inappropriate disclosure. Personally identifiable records are not shared or distributed to private individuals or agencies unless such sharing or distribution is authorized by the student or unless otherwise provided for in law. In circumstances where the safety or well-being of participants may be involved, information derived from official files, reports or records relating to participants individually or collectively may be utilized as deemed appropriate by the Director of International Programs for official purposes. Such information may be disclosed pursuant to host country law or regulation whether or not such disclosure is consistent with the laws or regulations of the US or the State of California.

Nondiscrimination Policy

The CSU International Programs welcomes diversity in its student body and seeks to include all who share its values of improved intercultural communication and international understanding. No person shall on the basis of race, color, sex, disability or national origin be excluded from participation in, be denied the benefits of, or be otherwise subjected to unlawful discrimination under the International Programs.



Preparing For Your Year

Passports

You must have a passport to leave from and return to the United States. **Apply now for a passport if you do not have one**, or renew your passport if it has expired. If you already have a passport make sure that it is **valid six months beyond your stay abroad**. Do this **now**, as the process can take several weeks.

If you are applying for a passport for the first time, you must apply in person. You can apply for or renew your passport at over 4,500 passport acceptance facilities nationwide that include many federal, state and probate courts, many post offices, some libraries and a number of county and municipal offices. These designated facilities are very convenient because they are located near your home. We recommend that you start by contacting the largest post office or courthouse in your area. You can find information on the web about how to obtain a US passport at:



Passport Services and Information:
<http://travel.state.gov/passport/index.html>

If you need your passport urgently, you are advised to go to one of the passport agencies listed below in person. Note: you will probably need an appointment, so we advise you to call ahead.

Los Angeles Passport Agency
Federal Building
11000 Wilshire Boulevard, Suite 1000
Los Angeles, California 90024-3615
Telephone: (310) 575-5700

San Francisco Passport Agency
95 Hawthorne Street, 5th Floor
San Francisco, California 94105-3901
Telephone: (415) 538-2700

The following items are needed to obtain a US passport:

1. Proof of citizenship: A previous US passport, naturalization papers, or if you were born in the US, a CERTIFIED copy of your birth certificate bearing the seal of the city, county, or state custodian of records. Hospital birth records are not acceptable. Make sure that you have the

proper documents to avoid delays in getting your passport. Bear in mind that obtaining out-of-state birth records can take as long as six weeks.

2. Proof of Identity (previous passport, current and valid Driver's License, government ID, military ID, student ID).
3. Two recent identical passport photos.
4. Be prepared to pay a fee (\$100 as of 2/1/08) by cash, check or money order. Not all passport agencies accept credit cards.
5. Complete application form DSP-11 (Do not sign it until the Passport Acceptance Agent tells you to do so.) These are available from passport agencies, acceptance facilities, and on the Internet from the US State Department.
6. Know your Social Security number. You do not need your card, but you do need to provide your Social Security number.

After you receive your passport, sign it and keep it in a safe place until your departure. Send a photocopy of the pages of your passport with your photograph and personal information to OIP by **May 15**. It is also a good idea to make yourself a photocopy of the pages with your photograph and personal information. Keep this copy separate from your passport.

Residence Permits

You are required to have a residence permit before traveling to Denmark.

A residence permit is an endorsement or stamp placed in your passport by Consular officials of a foreign government which permits you to visit their country for a specific purpose and a limited time. In most instances, you must obtain necessary approvals before you leave the United States.

You will be sent Residence Permit applications and instructions directly from the DIS North American Office in their "Fall 2008 Registration Packet" once you have completed the "Get Started" section of the DIS online Regis-

tration. Instructions for the DIS online registration is included in Online Packet #1.

The Visa Application Process: Your Responsibility

A visa or a residence permit (as it is called in some countries) provides permission for you to remain in a country for a period of time. It is an acknowledgement by a foreign government that they trust you. The government official who issues you a visa or residence permit is giving permission to enter his or her country for the purpose indicated on your visa/residence permit application and with the understanding that you intend to leave on the date stated on your application. You should value the receipt of visa approval and honor their decision by showing respect to the country where you have been given permission to live for the academic year.

In recent years applying for and obtaining a visa has become increasingly complex. The United States and many other countries around the world have strengthened their requirements, increased the scrutiny they give all applications, and as a consequence lengthened the processing time. If a visa is required for your country, you must go through the process. It may be frustrating and it may at times seem arbitrary, but you will need to remain patient and calm, getting upset or losing your temper will not help.

Each year, the Office of International Programs (OIP) gathers information from the foreign governments to request information about the student visa application procedures. These are the instruction included in this Participant Guide and other mailings. It is possible that regulations will change and if we are made aware of any changes, we will notify you.

OIP does not set the rules or control the visa or residence permit application process. This is a request from you to a foreign government. OIP and the California State University cannot act on your behalf or intervene with the foreign government and will not be able to speed up processing or alter the rules.

In nearly all cases, CSU students participating in the International Programs are issued visas/residence permits in time to participate in their study abroad programs. In some cases there may be delays, and in very rare cases, students have been denied visas. The visa/residence permit application process is entirely your responsibility. Please follow instructions exactly and carefully.

NOTE: You may feel that you have followed all of the instructions, submitted your visa application and all of your documentation beautifully, early and in duplicate. However, **no one has the right to be issued a visa and you will have to respond to whatever additional requests the Consulate may make.**

Non-US Citizens

If you are not a citizen of the United States, special travel restrictions and/or requirements may affect you.

1. Inform OIP of your citizenship status not later than **May 15**. If you are a permanent resident, you must send OIP a copy of your alien registration card (green card).
2. Contact the consulate of your host country to find out about special visa fees or requirements.
3. Before you can apply for a visa or residence permit, you need a passport (or travel document) that is **valid six months beyond your stay abroad**.
4. If you are a permanent resident of the US or visiting the US on a student visa, you must consult the US Citizenship and Immigration Service (USCIS) about the documents you require for reentry to the US.

Keep OIP informed of your progress in dealing with these issues. It is your responsibility to determine and comply with all USCIS and host country requirements necessary to study overseas.

Photographs

The photographs you submit to OIP must be in passport format.

Print your name and country on the back of each photo. Be careful that the ink is dry and does not damage the photos. You will need **2 identical** photographs as follows:

- Send **2** photos to OIP for official use (place in mini photo sent to you with your *Participant Guide* - **do not** seal envelope). Return to OIP by **May 15**.

Note: DIS may request additional photographs. You will need to check the number of photos they request when you access their online registration forms.

The photos MUST meet these requirements:

- 2" X 2" high-resolution color or black and white photos.
- Full face view and have only your head and shoulders at the center of the photo
- Taken on a white background and printed on photo paper.
- Photocopies, scanned or digitally altered photographs **will NOT be accepted**.
- The most convenient way to get acceptable photos which will not cause any delays is to obtain them at a passport photo service.

Transportation

You will make your own arrangements to travel to Copenhagen, Denmark. **You must plan to arrive in Copenhagen by 2:00 p.m. on August 24, 2008.**

Contact your own travel agent and shop around to get the best fare. You will deal directly with the travel agent to make your reservations and payments.

Please note, DIS is unable to provide housing before August 24. If you arrive before that date you will be responsible for finding your own housing and the cost of extra nights.

Please complete the Flight Information form and return it to OIP by **July 15**.

Although you are traveling independently, you are agreeing to the following conditions:

1. You will not depart before visa approvals (where required) have been obtained.
2. You will make scheduled payment before departure.
3. You will notify OIP in writing if your plans change.
4. You will report to your overseas center on the day and time specified. Reporting instructions will be provided by OIP. You should plan on arriving on or before the arrival date.

In the event that there is a change to the starting date of the program, it is your responsibility to make modifications to your Flight Information form to accommodate such changes. OIP is not responsible for any nonrecoverable transportation charges you may incur.

5. You will not be met at the airport. Accommodations and program services will not be available to you until the starting date of the program.
6. You release OIP of any responsibility for your transportation to the overseas center.

Air travel involves risks and could result in damage to property, injury to persons, and death. Please be informed that the California State University assumes no liability for damage, injury, and death which may occur during air travel required by the California State University-affiliated programs. Your participation in the program is voluntary, and you participate at your own risk.

Prior to departure you must sign an agreement, which includes a release from liability (see Agreement section of this book).

Travel Agencies Specializing in Student Travel:



Travel CUTS

<http://www.travelcuts.com>
1-800-467-4595

STA Travel

<http://www.statravel.com>
1-800-781-4040

International Student Identity Card (ISIC)

OIP recommends that you purchase the ISIC, a card internationally recognized as proof of student status. The card provides cardholders with discounts and travel benefits around the world.

The ISIC also provides basic health and accident insurance while you are traveling abroad, which will supplement the mandatory IP health insurance. Cardholders also have access to a toll-free Traveler's Assistance Hotline for assistance in medical, legal, and financial emergencies.

If you are interested in obtaining the ISIC, you must purchase it on your own. OIP does not provide students with the ISIC. You may purchase the ISIC online <www.myISIC.com>.

The website also provides a list of available discounts in each country.

Packing

Refer to the *Student Experience Report* for suggestions on clothing and other personal items to take with you. In general, you will find that what students wear in California is acceptable overseas, taking into account the local climate, particularly the fact that winter is usually harsher than at home. It is important to take clothes that demand little care, since you may not have easy access to washers, dryers, and ironing boards.

Many students wonder about taking musical instruments, bicycles, skis, or surfboards. When making this decision, consider that airlines may charge extra for these items and remember that you must be able to carry them in addition to your other luggage. Also consider the possibility of damage enroute, the problem of storage, and how much you will actually use the item. If you will only use your skis for a two-week winter vacation, it might be simpler to rent a pair. Similarly, it might make more sense to buy a secondhand bike overseas and sell it before you come home instead of risking damage to the one you own.

Whatever you decide to take, try not to take too much. There are several reasons for this advice: it is likely you will have limited storage space overseas, you will have to carry it all in your luggage (or have it shipped), and you will have to ship or bring it all home at the end of the year—along with everything you have bought while overseas.

Lightweight, easy-to-carry luggage is recommended. Check for sturdy construction; a broken zipper can be very frustrating on a trip. Consider also that you will use at least part of your luggage on vacations during the year. If you take a backpack, consider an internal frame pack or one with no frame at all; these are useful for vacation travel and can be carried comfortably for two or three miles. Packs with external frames are easily damaged on overseas flights and are unwieldy on trains and buses; take one only if you plan extensive backpacking trips while overseas.

Airlines require that you have a name tag on each piece of luggage.

Based on past experience, it is a good idea to pack your carry-on bag to include everything you might need for a couple of days. If the rest of your luggage is delayed, you will at least have your necessities. Anything of great monetary or sentimental value should travel in your carry-on, or be left at home. No matter what the maximum baggage allowance is for your flight, keep in mind that you must be able to carry all of your own luggage on the trip overseas. Being able to pick up all of your bags at one time is not enough; **try carrying them outside and around the block.**

Shipping

In order to keep your luggage within the necessary limits, you may need to send some of your belongings overseas rather than carry them with you. The least expensive and most convenient method is to use surface mail through the US Postal Service. Airmail and express service also possible, but more expensive.

Check with the post office for size and weight limits on packages and packing regulations. Line packages with plastic bags to protect against moisture.

Send only used personal belongings to avoid paying duty overseas. Be sure to list contents of packages as "Used Personal Belongings." Parcels can and will be opened for inspection by customs agents overseas.

Address the package to yourself c/o the overseas mailing address provided in the next section. Put your name and address on the inside as well.

Mail your packages so that they will arrive overseas after you do; the center may not be open during the summer months to accept mail or packages. Packages can take up to three months, depending on the destination. In some locations you may have to pay charges at the other end, such as a fee for storage until you can claim your package or a charge to deliver the package to you. There may be additional formalities and changes due to French customs requirements.

An alternative to mailing packages in advance is to wait until you are overseas to decide which extra items you really need. Then ask someone at home to send them to you.

Shipping a trunk is not recommended because of the expense and inconvenience. You must pick it up at the dock, which could be a long way from where you live, and then reverse the process to ship it home at the end of the year. Air freight is not normally recommended for the same reasons: you would need to retrieve your package at the airport and/or pay a sizeable fee for customs, handling, and delivery.

Electrical Appliances

The United States operates on 110 volts AC (alternating current) at 60 cycles. Most of the rest of the world operates on 220 volts AC (although Japan operates on 100 volts at 50 cycles). This means that, when you plug an American appliance into a foreign 220 volt outlet, the result is a damaged appliance. In order to use your electrical appliances in most foreign countries, you will need to use converters and adapters.

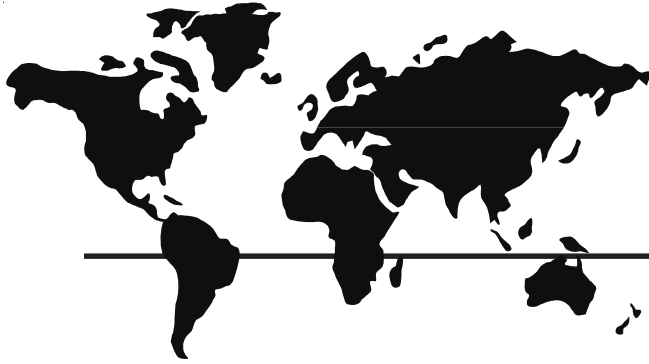
Converters, which plug into the wall outlet, convert 220 volts foreign current into 110 volts American current by cutting in half the number of volts flowing to your appliance. There are two-types of converters: lightweight (up to 50 watts) for low wattage equipment like radios, calculators and electric razors; and heavy duty (from 50 to 1600 watts) for high wattage appliances such as hair dryers and irons. This explains why the converter outlet in your foreign hotel room is marked "for electric shavers only."

Adapters, on the other hand, are simply a means of changing the shape of the prongs which go into the wall outlet. They do **not** convert voltage. There may be three prongs instead of two (the third is a ground) and the prongs may take a number of different shapes, sometimes even within the same country. If you are going to travel in a number of countries, you will want to have a number of different adapters.

World Electric Guide:

<http://www.kropla.com/electric2.htm>





The Denmark Program

You will be part of a group of approximately 25 CSU students studying at Danish Institute for Study Abroad (DIS), an affiliate of the University of Copenhagen that offers courses for North American and European students. IP students make up a portion of the entire DIS student body of about 500 students. IP students participate in one of two specialized programs: Architecture or Psychology & Child Development.

Your academic preparation for your specialized program was an important factor in your acceptance for Denmark. Your preparation was judged on your faculty recommendations, coursework you have already completed and courses you indicated you planned to take before departure. If you have any problems enrolling in or completing any of those courses, please contact OIP to discuss the situation.

Sent with your *Participant Guide*, is a copy of the *DIS Copenhagen Study Abroad in English* guide which describes all aspects of DIS in detail. When reading it, keep in mind that there are some differences between IP and DIS policies. In most cases, the IP guidelines will be the prevailing policy for CSU students.

Your daily interactions during the year will be with DIS personnel. DIS and OIP staff correspond on a regular basis, so when you have questions related to the program that they cannot answer, please have them contact us on your behalf or write to OIP directly.

Specific requirements and information for Denmark participants are in this section, so please read it carefully and comply with the deadlines. Please feel free to contact OIP if you have any questions.



DIS:
www.dis.dk

DIS Application & Forms

You will complete all of your DIS registration online. Refer to the instructions included in Online Packet #1 for the DIS online registration.

Architect Portfolios

Architecture students are requested to bring two design projects (slides, photographs). The samples should represent the fullest possible range of the student's interests and accomplishments without being excessively bulky. The architecture faculty in Copenhagen will use this information to evaluate each student's preparation.

Gift for Your Host Family

If you will be staying with a Danish family, a small gift would be appreciated. Something that represents California or something unique about your hometown or area would be appropriate. Former participants recommend California wines, a box of chocolates, a shirt or sweatshirt or perhaps a book about California. The gift need not be large or overly expensive. Remember, it is the thought that counts.

Arrival

You should plan to arrive in Copenhagen by **2:00 p.m. on August 24, 2008**. You will be attending an orientation meeting at 3:00 p.m. DIS staff will meet students arriving before 2:00 p.m. on arrival day in the baggage claim area of the Copenhagen airport.

DIS will provide you with specific instructions during the summer about your arrival. Following the opening comments about orientation week, DIS staff will help all students get to their permanent housing.

Orientation

DIS provides a three day orientation program to introduce you to DIS and Copenhagen. Monday, August 25, 2008 there will be an opening ceremony to welcome you to the program.

Several tours and activities are planned throughout the first two weeks including a bus tour of Copenhagen, a walking tour of the city, and a tour of the DIS building and facilities. DIS also tries to arrange for you to attend a couple of cultural events during orientation. Informational sessions provide you with cultural background as well as suggestions about how to approach living in your new environment.

Academic counseling is offered throughout the orientation week, and all students also attend a "survival course" in Danish language. The Danish language course is mandatory for all students. Only students who have previous Danish experience either through family or classes can be excused from this course.

Registering for Classes

WARNING: It is your responsibility to remove all CSU home campus "holds" on your records before you go abroad. A "hold" on your records will prevent you from registering for classes. This includes Library holds, and all other campus holds including the Records Office, Financial Aid Office, your own academic department and any other campus office that may put a "hold" on your records. Before you leave, be sure to clear all "holds." This is your responsibility and will prevent problems in the future.

Specific instructions about online registration procedures at DIS are included in your packet. All students are required to register online for classes prior to departure. Refer to the Registration Information, also provided in your packet, and to the DIS catalog to complete these forms online.

Housing

DIS arranges housing for all IP participants. You must register online for housing using the DIS online registration forms (see instructions from DIS for online registration). There are five different housing options in Copenhagen: Danish Family Stay, Kollegium Rooms, Folkehøjskole, Danish Roommate, and shared housing with other DIS students. Students will be placed in housing on a first-come, first-serve basis. The sooner you apply, the greater your chances of getting your first choice.

Special Events/Planned Activities

By now you have probably read about the study tours that are part of your academic program at DIS. DIS also organizes optional study tours and adventure trips that you may sign up for before departure. These tours are described in detail in the DIS catalog sent with your *Participant Guide*.

DIS plans social events during the year that brings all DIS students and their host families and Danish roommates together. All of the students, host families and roommates are invited to a traditional Christmas lunch with traditional Danish holiday dishes and activities.

DIS also plans social get-togethers almost every month throughout the semester in the front lounge. The social hour in October is usually near or on Halloween, so it is a dress-up event.

Computer/Internet Access

DIS has over 100 Windows based computers in 4 computer labs with CD-R/DVD drives, flash card readers, and

laser printers available for student use. Programs available include Microsoft Office, Danish language programs, and access to the Internet and your school's webmail. Printing and copying is provided at a small fee per page. We recommend you bring a USB memory stick instead of floppy disks.

In addition to these computer facilities, the students enrolled in the Architecture and Design department have access to their own computer labs. These consist of both Windows and Apple OSX computers with MS Office, FormZ, AutoCAD, PowerCAD, Photoshop, Illustrator, and InDesign. Scanners, plotters, and a color printer are also available.

DIS strongly suggests that you bring your own laptop. You can connect to the DIS network around the DIS building to access the Internet and to print from DIS printers. DIS has a wireless network that is available throughout the building. Internet access is available in most kollegium rooms, host families, and Danish roommates. Please see the DIS website for up to date information on IT facilities.

Telephones

Always use calling cards for international calls--never your or your host families cell or land phone. *Global One* international calling cards are available for purchase in kiosks and post offices. These cards can be used from any telephone. They cost 100 DK (US\$16.70) and provide about 160 minutes of talking time to the US, more to the UK, less to Japan, and so on.

DIS has arranged for all students the opportunity to have a cell phone while studying in Denmark through an outside company. (see more information at <www.piccellwireless.com/dis>).

Students who wish to have a cell phone to use during their study tours and travels that take them outside of Denmark should be aware that the calls are subject to heavy roaming charges. It is therefore advised that students buy a local sim-card when abroad from Denmark.

Most host families let students use the house phone moderately using a *Global One* card, but may prefer students to use their own cell phones. You should discuss this during the first week with your host family to avoid any misunderstandings.

Money Matters & Banking

Before you go, you should have enough money in a bank account/ATM to cover your first two months worth of expenses.

You may want to bring about \$100 in Danish kroner with you so that you will have some cash on hand upon arrival. In addition, you should bring at least \$1,000 in traveler's checks with you for your initial expenses. It is also wise to have a *Visa* or *MasterCard* with a PIN number that allows you to access cash at ATM machines around the world in case of emergency. Your PIN number should be only 4

digits long in order to work correctly in the machines throughout Europe.

You can also open an account with Jyske Bank. If you bring all of the money you will need for the year with you in traveler's checks, you can simply deposit some of them into your Jyske Bank account and use that account for the year. You will also get a debit card to use in Danish ATMs.

If you are like most students, however, you will want to use the Jyske Bank account but also keep your US bank account open. You will be able to access your US account using your ATM card, provided that your ATM card is related to such financial links as *Visa*, *Plus* and *Cirrus*. If you choose to keep your US bank account open, be sure to give your parents, or another trustworthy relative or friend in the US, authority to access your account so that they can make deposits, transfers and withdrawals for you if necessary. Opening an account is optional and you will be informed about this upon arrival.

If you are a financial aid recipient, you can instruct OIP to deposit your financial aid checks into your US account. Then, while you are in Denmark, you can withdraw the money using your ATM card or transfer it to your Jyske Bank account. Making one or two large transfers each month will help you avoid excessive service fees that your US bank may impose for international ATM withdrawals.

Another thing you can do is write yourself a check from your US bank account and deposit it into your Jyske Bank account or cash it. DIS will endorse your check with a DIS stamp for deposit or cashing. This will expedite the process, making the deposit clear within 1-2 days instead of the usual 3 weeks which it would be without the DIS endorsement. You can request the DIS endorsement at the front desk for up to \$500 and in the accounting office for larger amounts.



Currency Exchange Rates:

<http://www.oanda.com/converter/classic>

Books, Films & Recordings About Denmark

Prepared by Dr. Henry I. Abrash
California State University, Northridge

You are about to spend a year in Denmark and want to enjoy and experience it as fully as possible, but you may not know much about what this small nation has to offer, and your time to learn about it is limited. The following suggested readings are probably too extensive for your available time, but they have been organized by areas of interest, so that you can concentrate on those subjects that interest you most. All of these readings are in English.

The best general source for orientation that I know of is a tourist guidebook, the *Insight Guides Denmark* (APA Publication Ltd.), which should be available in the travel section of any major bookstore. In addition to giving a geographic

orientation and listing of tourist attractions, it has informative thumb nail sketches on history, politics, social history, the arts and many other aspects of Danish life. It has magnificent photographs.

If you want more details about Danish History, the most readable source is Palle Lauring's *A History of the Kingdom of Denmark* (Høst, 1973). For early history mixed in with mythology, there is the classic work by Saxo Grammaticus (a 13th century monk), *The History of the Danes*, (Rowan and Littlefield, 1979). This includes the source for Shakespeare's *Hamlet* (Amleth in Saxo). The most important feature of 20th century Danish history was the resistance to the German occupation in World War II and the rescue of the Danish Jews. To read about this, try *The Rescue of the Danish Jews: Moral Courage Under Stress*, (NYU Press, 1987).

I doubt if anyone will die from overexcitement studying Danish politics, but if you want to learn about Denmark's parliamentary democracy and its political parties (there are many), you might read Fitzmaurice's *Politics in Denmark*, (St. Martins Press, 1981). Denmark is both an intensely commercial nation and a welfare state. For insights into these issues, try Johansen's *The Danish Economy in the 20th Century*, (St. Martins Press, 1987). Be warned that both these books are on the dry side.

The two most widely read (and translated) authors are Hans Christian Andersen and Isaak Dinesen (the pen name for Karen Blixen). You will have no trouble finding their nearly complete works in bookstores and libraries, and just about anything they wrote will make worthwhile reading. I would recommend Dinesen's *Seven Gothic Tales*, (Vintage Books, 1961).

Denmark has produced many other fine authors, but the vagaries of whether they are translated into English limits their readership. A good source for orientation into Danish literature is Billeskov-Jansen, F.S, and Mitchell, P.M. (eds.), *An Anthology of Danish Literature*, (Southern Illinois University Press, 1951). It presents the works in both Danish and English on alternate page, a great help if you are trying to learn Danish. To my mind, Denmark's greatest novelist is Herman Bang, but I know of only two translations, *Katinka*, (Fjord Press, 1990) and *Tina*, (Athlone Press, 1984). Running a very close second is Martin Andersen Nexø (many would rate him first), *Pelle the Conqueror*, part 1, (Fjord Press, 1989) and *Ditte*, (P. Smith, 1963). For a vitriolic left wing critique of Denmark try any of the novels of Hans Scherfig published by Fjord Press. The best is *The Stolen Spring* followed by *The Missing Bureaucrat*. The Novels of Jens Peder Jacobsen (*Niels Lyhne* and *Maria Grubbe*) are also important. The most popular recent novel is Peter Høeg's *Smilla's Sense of Snow*, (Farrar, Strauss and Giroux, 1993), a mystery that deals with Denmark's ethnic minority, the Greenlanders.

Denmark's greatest contributions to films have been the stark and intensely religious films of Carl Theodore Dreyer (*The Trial of Joan of Arc*, *Day of Wrath*, *Ordet*, *Vampire*). If you can't find the tapes of these films, their screenplays are available in *Four Screenplays* (Indiana University Press,

1970). Danish directors have had a recent impact with the Dogme 95 movement, which tries to avoid all artificiality, including musical soundtracks, artificial lighting and post-synched sound. Two of these films, Thomas Winterborn's *Celebration* and Søren Kragh-Jespersen's *Mifune* have had recent theatrical releases. *Breaking the Waves* is a recent film by Lars van Trier, a Dogme 95 founder, but it doesn't follow Dogme 95 principles, and it isn't about Denmark. Two other popular films are Gabriel Axel's *Babette's Feast* (based on a Karen Blixen story) and Bille August's *Pelle The Conqueror*.

Although not household words, Danish painters have made important contributions. The following books provide example of Danish painting: Kasper Monrad, *Danish Painting in the Golden Age*, (The National Gallery, London); Kirk Varnadoes, *Northern Light, Nordic Art at the turn of the Century*, (Yale University Press, 1988); Jean-Clarence Lambert, COBRA, (Abbeville Press, 1983). I particularly recommend the works of Christian Købke, Wilhelm Hammershøj and Asger Jørn.

Denmark has produced one giant in philosophy, Søren Kierkegaard. Any of his works is worth reading, but you might start with *Either/Or* (abridged edition) (Harper and Row, 1986).

Music: any recordings of the works of Carl Nielsen, particularly his symphonies and songs. For performers, there are the recordings of the Wagnerian tenor, Laurids Melchior, and the art songs (Schubert and Nielsen) of Aksel Schiøtz.

Archeology: Peter Vilhelm Glob, *The Bog People*, (Cornell University Press, 1969) and *The Mound People*, (Cornell University Press, 1974).

Theater: Alexander, Henry (ed.), *Seven One Act Plays* by Holberg, (Princeton University Press, 1950).

Climate

Denmark's location in northern Europe, close to the Baltic Sea, and in the path of prevailing westerly winds, keeps temperatures cool. Average temperatures are about 61°F in the summer, and 30°F in the winter. It is windy throughout the year, especially during the winter, and rains consistently, with the greatest rainfall in September, October and November. The months with the least rain are February and April.

Vacation Travel

To make the most of your vacation time overseas, you may want to do some planning in advance. Refer to the Student Experience Report and to travel guides, which are widely available at libraries and bookstores. Visiting your campus student travel service or a travel agency is helpful if you want specific transportation information.

Good sources of information are the tourist offices representing the countries you plan to visit. Ask them about special interests—museums, cultural events, accommodations, restaurants, sightseeing attractions, night life, people, history, transportation, etc.

Tourist offices also can provide maps and brochures about places of interest, plus information on currency, climate, clothing, driving, tours, shopping and tipping.

If you plan to rent a car for vacation travel, it could be useful to have an International Driver's License, obtainable from the Automobile Club (AAA).

If you plan to travel by train during your vacations, you may wish to refer to the latest edition of Eurail Guide: How to Travel Europe and *All the World by Train* by Marvin L. Saltzman. It includes information about railpasses around the world, not just in Europe, and is updated regularly. Note that some passes must be purchased in the US (e.g., the Eurailpass, BritRail, and Japan Railpass); contact any travel agent.

The following websites can help you check train schedules in Denmark:

Denmark Train Information:

<http://www.dsb.dk>

Eurorailpass Information:

<http://www.railpass.com>



2008-2009 Calendar

Dates are subject to change.

Arrival Date	August 24
Orientation Dates	August 25-27
First Semester	August 28 - December 16
Study Tours	October 11 - November 02 (all students)
Vacation	December 17 - January 21
Second Semester	January 22 - May 15
Study Tours	March 21 - April 13 (all full-year students)

Mailing Address in Denmark

You may receive mail at the following address until you obtain your permanent address for the year:

Your Name
c/o DIS
Vestergade 5-7
DK-1456 Copenhagen K
Denmark

Health Care Facilities

The quality of healthcare in Denmark is very good. If you ever have any questions about where and how to seek medical attention, you should not hesitate to ask the DIS staff.

In addition to the required CSU health insurance policy, all students attending DIS must obtain Danish national health insurance. Once you arrive in Denmark DIS will provide you with the information necessary for you to apply for your Danish National Health Card. It is very important for you to apply early for the CPR (Health Card) for you to have health

insurance while in Europe. Additionally, if you do not have this card, you will be prohibited from traveling on the academic long study tour in the middle of the semester. You will be required to submit your passport to the Danish government when you apply for the Danish National Health Card. Therefore, you should not make any plans to travel outside of Denmark during your first month abroad.

About one month after arrival, you will receive a yellow national health insurance card, and your passport will be returned to you. In addition, you will be assigned an English-speaking family doctor in your neighborhood. You should see this doctor first if you get sick.

Europ Assistance USA - Your CSU student health insurance policy includes emergency travel assistance coverage administered by Europ Assistance USA. This is a supplemental part of your health insurance policy valid around the world and can assist you if you should need emergency medical care while traveling abroad, 24 hours a day, 365 days a year. To access their benefits, you **MUST** contact Europ Assistance USA and let them make all arrangements for any services that you need. The kinds of services they provide are listed in the insurance pamphlet that we included in your packet.

Upon request, Europ Assistance USA can also provide pre-trip counseling for any countries you will be traveling to. They can also answer questions you may have about your prescription medications before departure or help you replace a prescription while traveling.

For further information on the services provided by Europ Assistance USA, please see the Wells Fargo Student Health Insurance pamphlet provided in your packet, or contact Europ Assistance USA at: (800) 243-6124 (*Toll-free within the United States*) or (202) 659-7803 (*Collect from outside the U.S.*).

Work

Work permits are not issued to foreign students in Denmark.

Registering at the US Embassy

Americans residing outside of the United States for a period of six months or more are always advised to register with the US Embassy. We advise you to go by the Consular Section of the US Embassy in Copenhagen to register after you have settled into your permanent housing and are able to provide them with your personal address and telephone number. The information you provide is used for emergency contact purposes only and is protected by American privacy act laws.

Registering assists the US Embassy in the event of serious emergency situations that require the Embassy's support. Examples of such situations include disasters, civil disturbances requiring evacuation, accidents, arrests and serious injury.

Embassy of the United States of America
Consular Section
Dag Hammarskjölds Allé 24,
2100 København Ø.
Tel: (+45) 35 55 31 44 between 2 pm and 4 pm.
Fax: (+45) 35 38 96 16



Academic Arrangements

Your Academic Status as an IP Student

As an IP participant you are concurrently enrolled at your home campus in California as well as at the host university overseas. All coursework completed receives resident credit and becomes part of your CSU transcript. However, it is the prerogative of your home campus to determine how specific courses apply toward graduation requirements. Take special care in completing the Academic Advisement form discussed below.

The Academic Advisement Form

Having gone through the IP application process, you should be familiar with the academic offerings at your overseas center. The Office of International Programs (OIP) requires that you formally plan out the courses you will take by completing, with the help of your major department academic advisor, the Academic Advisement form. Completion of this form provides you with guidance from your major department as to what courses you should take overseas and gives you a clear idea of how these courses will be applied to your degree requirements. If you will be studying overseas in a field other than your major, you should consider declaring a second major or a minor in that field, where available. You should complete the Academic Advisement form with an advisor for the program related to your overseas study.

Before planning to meet with your advisor:

1. Carefully study the Academic Arrangements section of the Guide, the IP Bulletin section that follows, and any other academic information from your host university.
2. Be aware of university breaks, holidays and exam periods since during these times, it may be difficult to meet with advisors.
3. Go over the form itself and complete Parts I and II. Part II is especially useful if you are considering the possibility of graduating at the end of your year abroad.
4. Assemble the necessary materials: this Guide and other academic information where needed, your academic records, your home campus catalog, and the Academic Advisement form with its instructions.

The Academic Advisement form must be submitted to the OIP by **May 15**.

Availability of Courses Overseas

Student access to academic opportunities increases as their academic preparation for the particular host institution environment improves. The major limitations are language fluency and literacy (in non-English speaking countries) and specific preparation in the major. It is important that IP participants develop an accurate view of what they can actually accomplish in their year overseas and set realistic goals. For students studying in non-English speaking countries, students should not overestimate their facility in the host country language and realize that some limits on choice of coursework are to be expected.

The IP Bulletin is the International Programs “catalog” and provides a listing of the kinds of courses offered at our program sites overseas. The courses listed are based on the latest information available at the time of publication so students are advised to visit the host university website on a periodic basis to access the most current list of course offerings. Just as is the case with any CSU catalog, not all of the courses are offered every semester so students should not enter the overseas academic experience with rigid and narrowly defined course requirements.

Please note that courses related to US history and institutions and California State and local governments, as well as science courses with labs may not exist or may not be open to visiting international students. If you have yet to complete required courses such as these, please understand that experience shows that you will probably not be able to take them overseas.

Graduating seniors: Students whose graduation depends on specific courses should note that course availability is not guaranteed. Therefore, graduating seniors must be open to the idea of returning to their home campus for additional terms following their participation in IP. The rewards gained by studying abroad tremendously outweigh the disadvantages of a delayed graduation. Future employers will not evaluate negatively for needing an extra one or two terms to graduate if it means that you will have successfully added an international experience to your resume, learned another language and proven your ability to adapt to another

culture. To the contrary, these accomplishments will be admired. You should not miss out on the opportunity of a lifetime, even if it means that you might have to delay your graduation by a term or two.

Before You Go

You should keep in mind that you might experience a great deal of difficulty in trying to take care of academic formalities at your home campus once you are overseas. You should handle certain matters before you go. Examples are:

- taking—and passing—all English and mathematics proficiency exams required by your campus
- arranging an independent study project
- changing or adding a major or minor
- filing a petition for course substitutions or waivers
- clearing up any incomplete coursework.

If you plan to graduate during or at the conclusion of your year abroad, your graduation may depend on the planning you do before you depart! Critical items to consider are:

- having a graduation evaluation done; some campuses require this before applying to graduate
- filing an application to graduate
- applying for graduate admission to your campus if you graduate mid-year
- completing proficiency examinations in math or English that are required for graduation
- knowing that grades will reach your campus four to six months after your year abroad has concluded. Graduating seniors must take this into consideration when submitting their applications to graduate since degrees will not be posted until all courses taken abroad are reported to the students' home campuses.

Academic Policies

CSU Registration

IP participants are fully matriculated CSU students who remain enrolled at their home campuses while studying overseas. The OIP arranges for the registration of all students at their respective home CSU campuses at the beginning of each term. Therefore, students must NOT enroll for any courses at their home campus for the time that they will be abroad through IP.

Students are not permitted to enroll in on-line courses, which are offered at their home campus or another CSU campus, since the purpose of studying abroad is to engage in full time study exclusively at the study center or host university.

During the year abroad, academic counseling is provided by the Resident Director or host university staff who confers with each student to assist in making course selections appropriate to the student's degree program and assists them with the registration process.

Credit

All coursework taken overseas will be accepted by the student's home campus as resident credit. The appropriate authorities at the student's home campus make determination of the applicability of coursework completed overseas to major, minor, general education, and general elective degree requirements. In some cases, this may mean that a minimum number of units or specific coursework to be credited toward the major must be taken at the home campus.

It is the individual student's responsibility to check all major departmental rules prior to departure for overseas and to meet with the appropriate department advisor(s) to determine which courses will count toward the major and which will count toward elective credit. It is also the student's responsibility to collect and provide course information to his/her advisor.

Academic Tip:

If given a choice of courses, select the one which BEST meets the course description of the requirement that you are trying to fulfill.

The advisor determines how courses will be credited to the degree. The advisor may also suggest appropriate courses to be taken abroad which might fulfill degree requirements in terms of course content, course level and unit value. Since courses abroad can differ somewhat from the CSU courses required for your degree, advisors can suggest that the student take similar courses to fulfill specific course requirements. In these cases, campuses usually require that students submit a petition (or course substitution request) to have these courses count towards specific course requirements. This process protects the integrity of the degree and the transcript while allowing students the flexibility of taking related courses to meet specific requirements. Students are advised to discuss the process with advisors and appropriate officials at the student's home campus PRIOR to going abroad.

The Academic Advisement form must be completed as accurately as possible and signed by the department advisor(s), where indicated. Without these signatures, there can be no guarantee that students will receive credit toward their degree objectives.

Even with prior approval for course credit, students are advised to keep course syllabi, term papers, examinations, and any other pertinent materials, until the degree is completed. In addition, it is highly recommended that students take their home campus catalog overseas (or at least the section of the catalog which pertains to the requirements for the degree being pursued). Current catalogs are on the web, but students may find it useful to have printed information from the catalog available.

When selecting courses at their host university, students should choose courses which best represents the home campus course requirement they are seeking to fulfill in terms of course content, course level and the unit value. In cases when the unit value of the home campus course requirement is MORE than the host university course, students should consult with their home campus advisor about selecting an additional course which would fulfill the unit value of the home campus course requirement.

Most coursework available at the overseas study center is at the upper division level, with the exception of beginning and intermediate language courses (where offered) and first year undergraduate level courses, which are typically considered lower division courses depending on the course. Graduate credit will be granted only in courses that are judged by the host institution and by the OIP to be graduate level. Graduate students must be aware that credit, in any case, will be granted only if prearranged with their respective home campus major departments and graduate deans. As few as six units per year may be directly transferable into their course requirements for the master's degree; nevertheless, all graduate students are required to maintain a full academic load (see Courseload, below). These additional units may be accepted by their major departments to meet other degree requirements.

Graduate Study

Graduate students are eligible for participation at most of the study centers operated by the IP. Applicants just beginning graduate work should be aware, however, that study abroad at this point in their academic career removes them from the home campus department and advisor at a critical juncture in their studies. It is essential that graduate students considering application for the IP obtain from both their graduate department and dean of graduate studies on the home campus advance information on how work accomplished within the IP can be applied to their degree program. At a later point, this also requires that both the department chair and the dean of graduate studies sign the Academic Advisement form. Graduate students may find that only six to nine units will count toward their degree; they must, however, maintain the unit load requirement.

Students pursuing graduate degrees must obtain classified graduate standing before departure for overseas. They should plan to complete before departure any course or courses which are either required as part of the graduate program and unlikely to be available at the foreign university or are prerequisite to other graduate work.

Graduate students must be realistic about what they can accomplish in a year of study overseas, both in terms of what can reasonably be expected in the way of course offerings and of what preparation they have to pursue the available offerings. They should not expect, for example, to work in a narrowly defined area of specialization, particularly one in which they have not had previous preparation. Similarly, their competence in the language of instruction might not be sufficiently advanced to permit them to take courses for which they are otherwise intellectually prepared. Acquisition of the foreign language in itself may be a valid reason for a graduate student to study abroad; however, such study is usually credited on the undergraduate, even lower division, level.

Students pursuing credentials or second baccalaureate degrees are admitted as post-baccalaureates, but academically they are treated as undergraduate students.

Academic Progress

The IP is an official academic program of the CSU, and all students participating in its offerings are subject to all of the academic regulations of their home campuses as well as

those of the IP and the host institutions they attend abroad. Home campus rules for academic probation and disqualification apply overseas at the study centers as they do at home.

IP participants are expected to make normal academic progress and to maintain a grade point average of at least a 2.0. Graduate IP participants are expected to maintain a minimum grade point average of 3.0 for all graded work for the degree. Students who fail to meet these requirements are subject to probation or disenrollment from the IP.

Furthermore, any student whose academic performance does not meet standards necessary for successful progression in the program may be in jeopardy of disenrollment.

Courseload

All undergraduate IP students are required to carry a minimum academic courseload of 15 units per term and a total of 30 semester, or 45 quarter units for the overseas academic year. **This requirement applies to all undergraduate students regardless of the number of units they need to graduate or the enrollment requirement of the host university if this differs from the IP requirement.** Any units earned during a pre-session, special session, or preparatory language program conducted outside the host institution academic year calendar, are not counted in meeting this courseload requirement.

Students are not normally allowed to enroll in more than 18 units a semester. Students interested in taking more than 18 units must apply to take the additional units through the OIP. Students requesting to take more than 18 units in the second semester of their international study must be in good academic standing and have earned a B average in the first semester of study.

Students pursuing graduate degrees must carry a minimum of 12 units per term on condition that at least six of those units are taken at the graduate level. Otherwise, graduate students must carry a courseload on the same basis as undergraduates as described above. Post-baccalaureate students pursuing credentials or second undergraduate degrees are required to carry the same courseload as undergraduates as described above.

In exceptional cases, students may petition for a reduction in the prescribed courseload although under no circumstances will students be permitted to enroll in less than 12 units. Such petitions are granted only in cases of extreme hardship due to conditions beyond the control of the student. The discovery that coursework is at a greater degree of complexity than was assumed, that academic requirements are demanding, or that the student faces lower grades than expected are not grounds for the approval of a reduced courseload. Students who withdraw from courses without approval from the OIP will be assigned the administrative grade of WU (Withdrawal Unauthorized), which for purposes of grade point average and progress point computation, is equivalent to an F.

Academic Tip:

Undergraduate students must take 15 units each semester regardless of the number of units still required for the degree.

Extended illnesses and emergency situations requiring absence from the study center are generally considered grounds for the submission of a petition for a courseload reduction. Failure to maintain the prescribed academic load without prior approval may result in disenrollment from the International Programs.

Independent Study

In general, the IP is not designed to accommodate students pursuing independent study. The structure of overseas programs offered by the IP is fundamentally one of immersion in host institution instruction and supporting studies – such as language studies. The pursuit of other academic purposes tends to remove the student from the immersion environment and is, therefore, not generally encouraged. However, there may be a few students whose academic needs involve the completion of a paper or project during the period of study abroad, or who have a unique and very specific interest to pursue which is particularly relevant to the study center locale. In such instances, the OIP may approve limited independent studies on a case-by-case basis.

Where and when it is permitted, Independent Study is limited to a maximum of three semester units per term, except where the student's home campus permits only a lesser amount. In order to carry out independent study, a student may need to possess near-native fluency in the language of instruction, in addition to any special academic preparation and research skills required for the proposed study project. The student must have advanced written approval from the major department advisor and department chair, as well as from the OIP. Independent study must result in a paper or project capable of being graded on the student's home campus. Special tutors are not available, and students must be capable of carrying out all aspects of such study in terms of study and research skills, language skills, and access to appropriate resources. Independent study that involves additional instructional cost to the student cannot be given credit by the IP, and additional cost to the IP cannot be authorized. Upon request, independent study proposal forms will be sent to students interested in independent study.

Internships

Internships are unavailable at most study abroad centers, but where internships are available, the following guidelines are used:

- internships are credited at one unit per three internship hours per week over a 15-week semester;
- internships will not exceed six semester units for the year (i.e. three units per semester);
- internships will be appropriately supervised by an academic supervisor from the host university and an internship supervisor from the organization where the internship is being performed;
- internships require a written component to be stipulated by the host institution/supervisor;
- students seeking internship credit in their major or minor must comply with all the policies and procedures on

their home campus for internships and have approval of the major department; and

- the OIP has final approval of all internships requests.

Internship applications must be completed and submitted to the OIP within the first four weeks of the semester. Late applications will be not approved.

Grading

Higher education institutions outside the United States typically use grading systems which differ from those in use in the CSU, or they may not provide grades at all. The examination systems vary widely as well. In many universities, students pursue specific degree objectives in which the individual courses taken are not graded separately. Rather, a final comprehensive examination is given at the end of the year or at the end of the course of study, when the student's advisors feel that the student is prepared in all subject areas. Continuous assessment as known on American campuses is uncommon. Where examinations are given, they are usually highly specific, may focus on only a fraction of the subject, and may be oral or written. Grades for an entire term or year's work may be assigned on the basis of a single final examination.

Academic Tip:
Don't hurt your GPA!
Avoid getting a WU by:
1) taking ALL courses for a letter grade unless the course is only offered on a CR/NC basis; 2) completing ALL courses that you are enrolled in before leaving your host university; and 3) not dropping courses without the OIP's authorization.

In order to establish an orderly basis of comparison of grades, the OIP makes special arrangements, where required, to ensure that students are examined. Through the experience of many years the OIP has developed a general system for converting foreign grades to CSU equivalents.

OIP converts grades earned abroad to CSU equivalent grades. Extreme care is exercised by the OIP to ensure that students neither benefit from nor are penalized by different evaluation methods prevailing at the various study centers.

A grade will be reported for EACH course attempted. Grades earned while on IP will be averaged in the cumulative grade point average on the student's CSU transcript.

All grades as reported to the CSU campus registrars by the OIP are considered permanent and final except "incompletes" which are rarely given. Under ordinary circumstances a grade may not be changed except to correct a clerical or procedural error. No change of a final grade may be made on the basis of re-examination, review of a student's work in the course or by completing additional work for the course.

If a student disputes a grade for a course while still at the study center, the student should contact the Resident Director or the host university staff, who will determine whether or not an error was made. If a student disputes a grade for a course after he/she has returned to California, the student should contact the OIP and request a grade review. The OIP will request that the study center staff check for clerical errors on the student's behalf. In both cases, if it is

determined that an error was made, the corrected grade will be reported to the OIP. The OIP will then report the corrected grade to the student's home campus.

Credit/No Credit

Subject to home campus restrictions, students may request to have one course during each academic term reported to the home campus for a Credit or No Credit (CR/NC) grade, for a maximum of six units per academic year. Normally this grading option will not be approved for work intended to apply to the student's academic major.

Courses reported as a CR/NC to the home campus will appear on the student's CSU academic record but will have no effect on the grade point average.

Requests to have courses reported under the CR/NC option must be made at least one month prior to the final examination date of the course. Such requests will be granted only if the student regularly attended class sessions, completed all coursework, and took all required examinations so that a grade can be awarded. Should a student apply for the CR/NC option and it is verified that the student did not complete all required coursework and/or did not attend class or take all examinations, the administrative grade of WU (Withdrawal Unauthorized) will be assigned. For purposes of computing grade point average and progress points, the WU grade is equivalent to an F.

The IP does not permit students to apply the CR/NC option to any course in which the primary objective is the imparting of language competency skills. This applies to courses offered during preparatory language programs and to both required and optional instruction in foreign language during the academic year. This policy applies equally to those study centers where the primary language of instruction is English as to those where the primary language of instruction is a language other than English.

TO HAVE A COURSE REPORTED AS CREDIT/NO CREDIT: Students requesting to have a course or courses reported to their home campus under the CR/NC option must complete a CREDIT/NO CREDIT COURSE REQUEST form.

Incomplete Work

Because of the difficulty of completing and grading work after the end of the academic year overseas, no incomplete grades are given. Students who fail to complete all course requirements by the end of the academic year at their host institution will receive a grade of WU, which is equivalent to an F in calculating GPA and units completed. Exceptions to this policy must be pre-approved by the OIP.

Academic Tip: Complete all assignments and exams by the end of your year abroad.

Auditing

Students may audit courses provided by the host institution under the following circumstances:

- auditing is permitted by the host institution;
- the instructor has given specific permission for the student to audit;

- the audited course(s) are carried as an overload, not as a substitute for required enrolled units; and
- there is no additional cost to the IP.

Students can audit no more than one course per semester. Audited courses do not receive credit, are not included in the minimum academic courseload requirement, and are not reported to the CSU home campus.

Examinations

Students are expected to complete all course requirements and take all examinations for the courses that they are enrolled in before leaving their host university. They may not request early exams or special favors in order to leave before the end of the term.

Host universities can have strict test-taking policies, including refusal to permit students to take exams if they arrive late. Students are expected to read and comply with university policies which pertain to their studies at their host university.

Although some host universities permit students to retake a final examination several weeks or months after the original examination period has taken place, IP participants are not permitted to retake exams in the US.

While You Are Abroad

While you are studying at your host university, you will be required to complete and return specific forms in order for the OIP to credit your courses at your home campus.

1. **Student Program Form.** In order to receive CSU credit for the courses that you took at your host university, it is necessary for you to list the courses you have taken while abroad using the *Student Program* form. Guidelines on how to complete the form will be provided. It is important to read the guidelines carefully before completing the form. The form is due BEFORE you leave your HOST university (before your final exams period).
2. **Course Description Form.** The OIP requires that you complete a *Course Description* form for each course that you have taken at your host university. Be as detailed as possible in the description of the course. These forms are due BEFORE you leave your HOST university and should be attached to the *Student Program* form. Remember to keep a copy of course descriptions and other course related information for your records. You may need to submit course information to your advisor when you return to your home campus.
3. **Credit/No Credit Course Request.** Each semester, you may request to have one course (for a maximum of six units per year) reported to your home campus as a CR/NC except for non-English language courses IF the language is the official language of the host country. Refer to your home campus catalog for restrictions governing CR/NC. If you are interested in this grading option, complete the *Credit/No Credit Course Request* form

Academic Tip: To access necessary academic information and forms while you are abroad, visit the IP website.

at least one month BEFORE you take your final exam for the course and return the form to the IP Coordinator at your HOST university who will forward the form to the OIP on your behalf. Requests that have been submitted less than one month before the final exam date for the course or AFTER the final exam has been taken will NOT be approved. (See Credit/No Credit, above, for more information.)

The Student Program form and Course Description form will be emailed to you in the second semester of your year abroad before the final exams period unless advised otherwise. The Credit/No Credit Course Request form can be found online as well as at the end of the Academic Arrangements section of this Guide and it is YOUR RESPONSIBILITY to submit this form to OIP by the deadline date (see above).

Finally, make sure that your **transcript from your host university** will be sent directly to OIP at the end of the year. Once we have received the above forms and your transcript from your host university, an IP "Academic Report" (similar to a transcript) will be prepared by this office and sent to your home campus where it will be posted on your permanent record. See the following sections for more information.

IMPORTANT: Remember to check your emails on a regular basis to receive messages regarding your academic studies.

Academic Reporting

At the conclusion of the student's study abroad experience, the OIP evaluates and translates courses taken abroad, converts units and grades to CSU equivalent unit values and grades, and **reports all courses, units attempted, and grades earned to the student's home campus**, an essential academic function of the OIP. Since courses are posted to the student's CSU transcript and become a permanent part of the student's CSU academic record, courses listed on the Academic Reports must accurately represent the courses taken abroad.

To ensure accurate reporting, OIP will often report courses by using a special course designation number, allowing the student to receive CSU resident credit in the subject area in which the course was taught. This is particularly true for courses taken in certain countries, e.g. Australia, New Zealand, and South Africa. The title of the course taken will also be reported to the CSU campus and posted to the student's CSU academic record. This method of reporting means that students will need to furnish course descriptions, syllabi, and other course materials to their advisors in order to apply for credit towards specific major, minor, or general education requirements. If courses are not needed for specific degree requirements, then it is usually not necessary to complete any other forms at your campus.

Depending on the CSU campus, the host university and the specific course being reported, OIP also reports courses taken abroad using CSU course numbers but **ONLY** if the courses are exactly equivalent to the CSU home campus course. In cases when CSU campus course numbers are used to report courses, documents are used

including the students' transcripts, Academic Advisement form, Student Program form, home campus catalog, and course information from the host university. In order for a course to be considered and reported as an equivalent to one offered at the home campus, it must be equal in course content, course level, and unit value. If the course differs in any of these areas, courses cannot be considered equivalent to a home campus course and it will not be reported as such. In these cases, students are encouraged to submit a request at the home campus to substitute the course taken abroad for the one at the home campus using the appropriate forms and procedures at the home campus.

For more specific information about reporting, see the IP Bulletin (following section).

Graduating seniors: Seniors who plan to graduate in their last semester abroad and who have taken courses abroad to fulfill degree requirements should plan to return to campus to submit petitions (or course substitutions requests) if needed. This is especially true in cases when courses taken abroad differs from what had been agreed upon between the student and the advisor prior to the student's study abroad experience.

At the conclusion of the academic year, the OIP prepares an "Academic Report," similar to a transcript, showing coursework and grades. This is the official—and the only—academic record of the entire year since mid-year reports are not provided. All courses and units attempted are reported, including failed courses. A grade will be reported for EACH course attempted. Grades earned while on IP will be averaged in the cumulative grade point average on the student's CSU transcript.

<p>Academic Tip: Save course syllabi, exams, papers, and other coursework until you graduate in case you are questioned about any courses taken abroad or you wish to submit a petition or course substitution request at your home campus.</p>
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When to Expect your Academic Report

Since the grade reporting operating procedures of international institutions are different than the CSU campuses, IP students will not receive their grades as quickly as they do at their home campus. It can take a **minimum of four months** (and sometimes longer depending on specific circumstances) for courses taken at their host university to be reported to their CSU campus after they have completed their study abroad.

The OIP sends the Academic Report to the student's permanent home address and the Registrar's/Records Office of the student's home campus. Once the home campus receives the Academic Report, it can take several weeks for the campus to post courses and grades to the student's CSU transcript.

Students also receive a cover letter attached to the Academic Report containing useful information about the Academic Report. It is important that students **READ** this letter and keep it with their Academic Report for future reference.

Students who have not received their report or have received an email about their report by the end of the fourth month after they have completed their year abroad and are concerned, may contact OIP at (562) 951-4790 to check on the status of their Academic Report.

Special note for Graduating Seniors: Due to the delays with receiving grades for some countries (e.g. France, Germany, and Ghana), graduating seniors might have to postpone their graduation date depending on when the Academic Report can be sent to their home campus.

Academic reports for graduating seniors are given priority processing but seniors should understand that it still can take a minimum of four months to process reports. For this reason, it is often not possible to graduate in the term following the last semester abroad. Students who plan to apply to graduate schools following their year abroad can still apply for graduate programs as long as they inform the institutions to which they are applying of a possible delay in the posting of their degree.

IMPORTANT: If students have an outstanding account related to their international studies, the Academic Report will NOT be released to their home campus until the debt has been cleared. Notification of outstanding accounts will be sent to the student's permanent home address.

Frequently Asked Questions

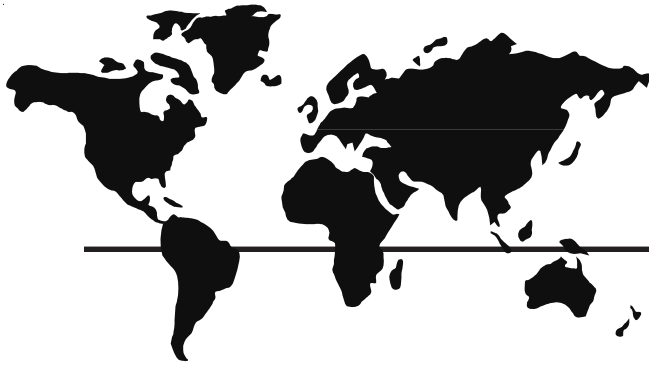
Question: Am I required to take the equivalent of 15 units each semester abroad even though I don't need the extra units to graduate? **Answer:** Yes.

Question: I want one course to be reported as a Credit/No Credit to my home campus. Can I take this course on a Pass/Fail basis at my host university? **Answer:** No. You must take the course for a regular grade but if you complete the *Credit/No Credit Course Request* form and your request is approved, the course will be reported to your home campus as a Credit/No Credit.

Question: Someone told me that if I don't take an exam in one course while I am on IP, the course would not show up on my CSU transcript. Is that true? **Answer:** No. The OIP receives a list of **all completed and uncompleted courses from all institutions where our students are attending**. If a student does not complete a course for any reason, the course will be reported as a WU to the home campus. This is equivalent to an F in GPA calculations.

Question: I have been abroad for one semester and I would like a mid-year report of the work that I've done. Will the OIP provide this to me? **Answer:** It is not our policy to issue mid-year Academic Reports. Reports are only provided after ALL grades for the entire year have been submitted to the OIP.

Question: I am going to a university which doesn't have a Resident Director or a person employed by the CSU International Programs. Who can I contact if I have academic questions? **Answer:** If your question relates to IP Academic Policy, reread the Academic Arrangements section of this Participant Guide which is also available online. You can also go to the International Office of your host university. If they are unable to answer your questions, they will contact our office for assistance.



General

The program in Denmark is located in Copenhagen at the Danish Institute for Study Abroad (DIS). Affiliated with the University of Copenhagen, DIS is a non-profit university institution supported and supervised by the Danish Ministry of Science, Technology and Innovation. The faculty of DIS is drawn from both higher education and the professional community in Denmark.

Two specialized areas of study are offered for CSU students: Architecture and Psychology and Child Development. Classroom teaching is integrated with field visits and study tours in areas within and outside Denmark. Lectures are conducted in English.

Enrollment in the Architecture program is limited to students of Architectural Design at Cal Poly Pomona and San Luis Obispo. Students are encouraged to consult the website of the DIS program at <http://www.dis.dk/> for more detail, and to keep in mind that, while DIS offers several academic subjects, only the two indicated above are available to International Programs students.

All International Programs participants must study the Danish language throughout the year as an integral feature of the academic program.

Academic Calendar

Students arrive in Copenhagen in the second half of August and attend an orientation program for the first three days. The fall semester begins in late August and ends around the middle of December. The spring semester starts the end of January and concludes late in May.

Course Coding

100-299 Lower Division

300-499 Upper Division

ARC Architecture

DAN Danish Language

HSS Humanities and Social Sciences (Elective courses)

PCD Psychology and Child Development

Architecture Program

The program forms an integrated whole in which studio work, lecture and seminar courses, field work in Copenhagen, and study tours in Europe combine to give an understanding of the theory, aesthetics, methodology, and works of contemporary Scandinavian and European architects and designers. The instructors are practicing Danish architects and designers, as well as faculty at the Royal Academy of Fine Arts, School of Architecture, or Denmark's Design School.

All participants are required to take ARC 300A, 300B, 305, 315, DAN 101 and 102, and two elective courses. Students are required to participate in all program-related field trips. Study tours to Western Denmark and to Germany-the Netherlands or Stockholm-Finland (your choice) are scheduled each semester.

Fall Semester		Units
ARC 300 A	Architectural Design Studio 1	6
ARC 305	20th Century Danish Architecture	3
DAN 101	Danish Language and Culture I	3
Plus one elective from the following list:		
ARC 324	Elective: Digital Design Journal	3
ARC 325	Elective: Urban Design Journal	3
ARC 326	Elective: Visual Journal	3
ARC 327	Elective: Sustainable by Design	3
ARC 328	Elective: European Urban Design Theories	3
HSS 350 A	Elective: Humanities and Social Sciences	<u>3</u>
Minimum number of units required for Fall:		15

Spring Semester		Units
ARC 300 B	Architectural Design Studio 2	6
ARC 315	Contemporary European Architectural Theories	3
DAN 102	Danish Language and Culture II	3
Plus one elective from the following list:		
ARC 324	Elective: Digital Design Journal	3
ARC 325	Elective: Urban Design Journal	3
ARC 326	Elective: Visual Journal	3
ARC 327	Elective: Sustainable by Design	3
ARC 328	Elective: European Urban Design Theories	3

ARC 329	Elective: Watercolor Painting	3
HSS 350 B	Elective: Humanities and Social Sciences	<u>3</u>
Minimum number of units required for Spring:		15

ARC 300 A-B Architectural Design Studio 1-2 (6-6)
Studio instruction focuses on the process of design as practiced in the Danish tradition. Design problems include urban context and the user, and solutions are based on student analyses of high-quality examples of Scandinavian architecture. Some sections of the Architectural Design Studio will focus on issues of sustainable design. Second-semester Studio offers the opportunity of carrying out research-based assignments.

ARC 305 20th Century Danish Architecture (3)
Danish architecture seen in a historical, political, social, and architectural context, and in relation to European cultural developments. Course lectures and field studies tie in with issues addressed in Studio and on study tours.

ARC 315 Contemporary European Architectural Theories (3)
A survey of recent architectural theories based on selected examples of contemporary architectural design to be reflected upon through the thematic optics of important theoretical articles by major architectural scholars. The course will strengthen students' skills in verbal and written reflections on architecture.

ARC 324 Digital Design Journal (3)
Elective. Exposure to a series of techniques, measures, and media for recording, analyzing and communicating both existing built works and design projects. The course will further proficiency in mixing hand drawings, digital images and creating graphic layout for digital and hard copy presentations.

ARC 325 Urban Design Journal (3)
Elective. Through on-site studies, the course aims at developing tools to experience, record, and analyze the urban landscape, its fabric, spatial elements, and individual components. Studies are documented in a journal containing analytical sketches, diagrams, freehand perspectives, notes, and color studies. Not available to students who take ARC 328.

ARC 326 Visual Journal (3)
Elective. Exposure to a series of techniques, methods, and media for recording, analyzing, and communicating design problems and design solutions relating to product design, interior design, architecture, urban design, and landscape architecture. Skills are developed through keeping a well-documented and highly detailed sketchbook ('visual journal').

ARC 327 Sustainable by Design (3)
Elective. Studying sustainable design through theory and case studies of built works in Northern Europe, the course will provide students with a toolbox for holistic sustainable design of buildings and site plans.

ARC 328 European Urban Design Theories (3)
Elective. Providing understanding of underlying theories and methodologies of urban design as applied in Europe,

the focus being on theories from the second half of the 20th century. Relations, differences and similarities between European and American cities as sociopolitical contexts will be discussed. Not available to students who have taken ARC 325.

ARC 329 Watercolor Painting (3)
Elective. Watercolor painting as a tool for recording the environment in full, including color and texture, through practicing the skills and techniques of watercolor painting applicable to architectural sketching and renderings.

DAN 101 Danish Language and Culture I (3)
Language ability and cultural sensitivity are closely connected in this course. The linguistic element of the course focuses on Danish language in everyday situations, to enable students to have small conversations with their Danish family, Danish roommates or young Danes at their "kollegium". The culture element focuses on Danish culture, values and beliefs based on the linguistic evidence and on small explanatory texts in English. May be taken for six units in place of HSS 350 A. Must be taken for a letter grade.

DAN 102 Danish Language and Culture II (3)
Continuation of DAN 101. Must be taken for a letter grade.

HSS 350 A-B Electives: Humanities and Social Sciences (3-3)
Participants select courses from among those offered by DIS in its Humanities and Social Sciences curriculum, which includes the following programs:

- Communication & Mass Media (CMM)
- European Culture & History (ECH)
- European Politics & Society (EPS)
- Migration & Identity (MI)

The purpose of the elective course is to permit students to learn more about the European cultural environment through subject matter of particular interest. Courses currently offered are shown at the end of the Denmark section. Students should consult the web for the most up-to-date information and for course descriptions. Not all courses will be available for to all students due to conflicting class schedules.

Psychology and Child Development

The program focus in the first semester is on the challenges and complexities of integrating Denmark's growing ethnic minority population into the preschool and elementary school system. The second semester focuses on the innovative approaches of the Danish education system to dealing with children with physical, cognitive, neurological, or social disabilities.

The program combines theory with practice and is enhanced by several field study visits in addition to the practicum. There are also study tours to Western Denmark or Southern Sweden and to the Netherlands (fall) and London (spring).

Participants are required to enroll in 15 units each semester consisting of: PCD 310, 311, 320, 321, 350, DAN 101

and 102, and electives from Humanities and Social Sciences to fill out their program. The order of the following courses is subject to change.

Students may take the program in reverse order, i.e. Spring Semester first and Fall Semester second. Note, however, that the Practicum, be it within Multicultural Context or Special Needs, is always in the fall and the Research Project (Multicultural Context or Special Needs) in the spring. Likewise, Danish Language and Culture I is always in the fall, and II in the spring.

Fall Semester		Units
PCD 310	Children in a Multicultural Context: Danish Theory and Practice	3
PCD 311	Children in a Multicultural Context: Supervised Practicum	3
PCD 350	Developmental Disorders	3
DAN 101	Danish Language and Culture I	3
HSS 350 A	Elective	<u>3</u>
Minimum number of units required for Fall:		15

Spring Semester		Units
PCD 320	Children with Special Needs: Danish Theory and Practice	3
PCD 321	Children with Special Needs: Research Project	3
DAN 102	Danish Language and Culture II	3
HSS 350 B	Elective 1	3
HSS 350 B	Elective 2	<u>3</u>
Minimum number of units required for Spring:		15

PCD 310 Children in a Multicultural Context: Danish Theory and Practice (3)

Multicultural issues such as intercultural communication, dual socialization, cultural embeddedness, human rights, language proficiency, teaching practices. The influence of ethnic, racial and gender prejudices or stereotypes and how they affect development. Cross-cultural comparisons between the educational and social integration policies in Denmark and the U.S.

PCD 311 Children in a Multicultural Context: Supervised Practicum (3)

The practicum is a companion course to the theory classes. Students are placed in a Danish 'børnehave' (preschool, 3-5 years old) or after-school program (6-9 years old) with ethnic minority children. Students will observe and interact with children each week, working under the guidance of a supervising pedagogue.

PCD 320 Children with Special Needs: Danish Theory and Practice (3)

A philosophical and critical framework for working with and understanding children and families with special needs. Since the Danish approach to special education is built on principles from general educational and developmental theories, the course focuses on the Danish social system and how children are normally brought up, treated and educated, and on various methods of how to create quality of life for children with special needs.

PCD 321 Children with Special Needs: Research Project (3)

An independent research project on a topic related to 'Children with Special Needs'. Students will conduct literary and field-based research including observations and interviews with teachers and other professionals in the field related to each chosen research topic.

PCD 350 Developmental Disorders (3)

The origins and course of maladaptive behaviors: drawing on the latest research in the interdisciplinary field of developmental disorders, this course examines why some children become hyperactive, depressed, insecurely attached, or develop autism, while others develop in a normal way in spite of significant adversity or risk.

DAN 101 Danish Language and Culture I (3)

See description under Architecture program. Must be taken for a letter grade.

DAN 102 Danish Language and Culture II (3)

Continuation of DAN 101. Must be taken for a letter grade.

HSS 350 A-B Electives: Humanities and Social Sciences (3-6)

See description under Architecture program. Courses that may be of special interest to students in the PCD concentration include the following:

- Applied Psychology: Counseling Skills and Creative Therapeutic Approaches
- Cross-Cultural Psychology in a European Context
- Danish Politics and Society
- Migrants, Minorities and Multiculturalism in Europe
- Muslims in the West
- Sociology of Children and Childhood
- Sociology of European Families

Electives: Humanities & Social Sciences

The following are elective courses offered under the rubric of HSS 350 A-B but listed under commonly known subject areas. Due to scheduling conflicts as well as prerequisites, not all courses will be available to all students. All courses are three units. Syllabi and prerequisites can be found at <<http://www.dis.dk>>

Fine Arts, Film, Literature

- Ancient Art and Archaeology: The Copenhagen Collections
- Classical Foundations: The Copenhagen Collections
- Contemporary European Film: The Individual and Society
- Danish Design
- European Art of the 19th Century: From Classicism to Symbolism
- European Art of the 20th Century: From Expressionism to Post-War Art
- Hans Christian Andersen and the Danish Golden Age
- History of European Ballet
- History of European Film
- Masterpieces of Russian Literature: St. Petersburg and its Great Stories
- Modern Scandinavian Literature
- Russian Literature in a Cultural Context

Russian Literature: St. Petersburg and its Great Stories
Women, Art, Identity

Philosophy, Ethics, Religious Studies

Biomedical Ethics
Kierkegaard: Philosophy and Meaning in Life
Nordic Mythology
The Jews in Europe from the Middle Ages to the Present
The Making of the Modern Self

Psychology, Sociology

Aging in Northern Europe
Applied Psychology: Counseling Skills and Creative
Therapeutic Approaches
Brain Functioning and the Experience of Self
Cross-Cultural Psychology in a European Context
Developmental Disorders
Ethnic Conflict in Modern States
Gender, Body and Sexuality in Scandinavia
Migrants, Minorities and Multiculturalism in Europe
Muslims in the West
Popular Culture in 20th Century Europe and America
Psychology and Criminal Behavior
Sociology of Children and Childhood
Sociology of European Families

History

20th Century European History
Copenhagen: History and Contemporary Urban Issues
Environmental History of Europe
Holocaust and Genocide
Intercultural Heritage: Danish Colonialism, Then and Now
Matador: A Fictionalized Account of Danish History and
Culture. 1929-47
Russia's Path to Modernity: 1900 to the Present
The Jews in Europe from the Middle Ages to the Present
The Impact of Epidemic Disease upon European History

Communication, Media Studies

Cross-Cultural Encounters in a European Context
International Advertising in a European Context
Lost in Translation
Managing Mass Media in Europe
News Media in Transition
Photojournalism
Political Rhetoric: Blogs, Speeches and Spin
Producing Content for Mass Media

Law, Political Science, International Relations

Criminology and Criminal Justice in Scandinavia
Danish Politics and Society
Environmental Problems and Policy: A European
Perspective
Managing Risks: European Security in the 21st Century
Health Care in Scandinavia
Human Trafficking in Europe
Immigration and Integration: Transnational Communities
in Britain and Denmark
International Law from a European Perspective
Migrants, Minorities, and Multiculturalism in Europe
Politics and History of the European Union
Terrorism and Counterterrorism in International Politics
Trade, Aid and Political Power: The EU's External Relations

Economics

Economic Theories of Globalization
International Financial Management
Theory in Practice: European Case Studies in Corporate
Finance
Transition Economies: Chinese and Russian Reform
Strategies

THE CALIFORNIA STATE UNIVERSITY INTERNATIONAL PROGRAMS

CREDIT/NO CREDIT COURSE REQUEST

(3/08)

This form is to be used by CSU International Programs (IP) participants who are requesting to have a course taken abroad reported as a Credit/No Credit (CR/NC) to their home campus in compliance with regulations governing CR/NC, which are explained in the Participant Guide and listed below. Once completed and signed, give the form to the Resident Director or Resident Coordinator. If there is no Resident Director/Coordinator at your host university, give this form to an official from the International Office at your HOST university who will forward the form to the Office of International Programs on your behalf.

I, _____ having read, understood, and agreed to comply with the
PRINT: First name Last name
regulations governing Credit/No Credit (CR/NC) listed below, wish to have the following course(s) reported to my home campus as a CR/NC:

Course number	Course title	Term the course was taken	Final Exam Date (Day/ Month/Year)

I understand that it is my responsibility to ensure that I comply with the regulations governing Credit/No Credit (CR/NC) for the course above with my home campus and that once this form is approved by the Office of International Programs, this decision is final.

My host university is: _____ My home campus is: _____

IP Policy on Credit/No Credit:

1. All courses must be taken for a letter grade at the host university, however, via this form, students may designate one course per semester for a maximum of six semester units for the year to be reported to the home campus as a CR/NC.
2. Approved requests will be reported to the student's home campus as a CR/NC and appear on student's CSU academic record but it has no effect on the grade point average.
3. Language acquisition courses in countries where the national language is not English cannot be taken CR/NC but must be taken for a letter grade.
4. Requests must be consistent with CR/NC regulations set by the student's home campus and major department. Normally, courses fulfilling major requirements must be taken for a letter grade.
5. CR/NC requests must be submitted to the Office of International Programs at least one month prior to the final examination date of the course.
6. In order to receive a CR/NC, all course requirements (attendance, papers, examinations, etc.) must be completed and a grade must be issued by the host university and sent to the Office of International Programs. Failure to complete course requirements (including taking the final exam) will result in the assignment of the grade of WU (Withdrawal Unauthorized), which is equivalent to an F in GPA calculations.
7. CR is awarded for grades A through C- in undergraduate courses, and A through B- in graduate courses. NC is assigned for D+ through F in undergraduate courses, C+ through F in graduate courses, contingent upon compliance with #4, above.
8. Incomplete forms, which omit the course information requested above and/or requested signatures below will not be considered.

Student's signature

Date (Day/Month/Year)

Form was received by:

Resident Director/Coordinator or Host University Official
(Printed name and signature)

Form was received on: (Day/Month/Year)

To Resident Director/Coordinator/Host University Official: Please forward this form to the Office of International Programs. International Programs, CSU Office of the Chancellor, 401 Golden Shore, 6th Floor, Long Beach, CA 90802-4210 USA Fax: (562) 951-4983



Financial Planning

A crucial ingredient of a successful year overseas is a sound financial plan. This point cannot be overemphasized. Without adequate funds, you simply cannot manage to live and study overseas. This section should give you the information you need to plan your finances for the upcoming year overseas.

During the time you were applying to IP, you were carefully considering the costs as described in the *Financing Your Year Overseas* pamphlet. By now you should have a good idea of your resources for the coming year and should have applied for financial aid, if necessary. The amounts shown on the Program Cost sheet (attached to the Agreement) are based on the experience of the current year's students. These **estimates** are useful for planning purposes, but are subject to changes due to currency fluctuation, inflation, and costs out of OIP's control.

You should understand that in paying these costs you have not purchased a "package tour" which guarantees that all your expenses will be paid and all services delivered. Tour companies can do this because they add a healthy profit margin for themselves. If their prediction of costs is too low, they have to take the difference out of their profit. If it is too high, their profit is higher.

IP does not make a profit. The money you pay to us is used solely for your own expenses. If there is anything left over at the end of the year, you will receive it back as a refund. If costs are excessively higher than expected, it might be necessary to ask you to pay the difference, as you agree to do in the Agreement you sign before participating. We do not like to ask our students to pay more money and, understandably, they do not like to do it. This situation is a rare occurrence.

Costs usually vary somewhat from the previous year. Check the figures carefully so that you understand the anticipated costs for this coming year, as each item is explained in this document. In particular, look at the "Estimated Out-of-Pocket Expenses" on your Program Cost sheet, which are the items you will pay for individually while overseas. These amounts are **estimates only**, but should be considered **minimum** amounts. Do not expect to get by on less.

Since you ordinarily cannot work legally overseas, you should not plan on earning any money during the year.

After reading this section and reviewing your Program Cost sheet, if you still have any questions about finances, please feel free to contact OIP about them. It is far better to resolve any questions or problems now, rather than to wait until you are overseas. Before you depart, make sure that you will have sufficient funds for the entire year.

Explanation of Cost Estimates

You have decided to participate in the California State University International Programs. IP does not generate profit for the CSU, but rather provides students with affordable, academically enriching international opportunities. Your decision to be an IP participant means that you are aware that the Office of International Programs (OIP) will be making some arrangements for you and that OIP will therefore have control of some of your program-related costs.

There are many benefits to participating in a study abroad program managed by a central office such as OIP. OIP takes care of numerous things for you that you would otherwise have to manage yourself if you were going abroad independently. For example, OIP assists you with such things as information about how to obtain your student visa, temporary housing arrangements, admission to and registration at a foreign university, health insurance, orientation before departure and upon arrival, and, in some cases, flight arrangements.

You may hear from others that you can get a "better deal" if you make your own arrangements. However, we caution you to remember that, more often than not, making your own arrangements can be extremely time consuming and costly if you have to do them yourself, especially if you do not speak the language of the host country fluently. And sometimes, students who attempt to make their own arrangements to "save money" end up paying for extra things that they forgot to account for at the outset. OIP takes care of the "BIG things" so that you can focus on the little things that will make your trip more memorable for you. By and large, students appreciate the plans made by OIP, especially at the beginning of the year when they are still unfamiliar with their new surroundings.

OIP has been operating study abroad programs since 1963. The staff is very familiar with the intricacies of international travel and living. Our unique insights and our combined years of experience give us an advantage when it comes to making arrangements overseas. We do our best to keep costs as low as possible and to make practical decisions to keep you safe and comfortable. We believe that you will be happy with the arrangements we make for you.

Program Cost Estimates are those costs which are paid by you, the student, and are divided into two categories: "Pre-paid Costs," which you pay in advance to OIP, and "Out-of-Pocket Expenses," which you will pay individually while overseas. Refer to the Program Cost Estimate sheet to see when certain payments are due. The separate costs are further described below:

State University Fee - This fee covers home campus enrollment. Please note, students seeking a second undergraduate degree will be charged the graduate rate.

IP Study Abroad Fee - Mandatory fee for all IP participants. Fee covers costs related to overseas operational expenses including administration of group activities, student on-site support and operating costs of the program.

State University Fee Reserve - A reserve for a potential increase to the State University Fee rate (up to 10%) is included as a prepaid cost.

If the CSU Board of Trustees does not approve a fee increase, the reserve amount will be refunded.

Insurance - A mandatory group health and accident insurance plan ordered by OIP and paid in your Program Cost Estimate.

Departure Processing - Includes orientation and materials sent to students prior to departure.

DIS Charges - This amount includes those items arranged for by DIS. It includes the cost of housing and meals with a family except for the periods between semesters or during mid-semester travel periods. Study tours related to the academic program are also included in this charge, along with commuting expenses and educational materials. For students staying in DIS arranged housing (kollegium or family stay), your prepaid cost remains the same, but you will need to send DIS a deposit prior to arrival. All students must budget \$350/month for meals in case they are placed in the kollegium or apartments. DIS will provide a housing stipend of \$400/semester for those not living with a family. This stipend should help offset the additional food expenses.

Students are forewarned, DIS does not refund charges once classes have begun.

Personal Expenses - Estimates of personal expenses can at best be only a rough guess, but the amounts indicated are based on the average for last year's students. Included are such items as clothing, postage, entertainment, books, etc. Please bear in mind that estimates for personal expenses, as well as for other out-of-pocket expenses, are minimum amounts. Do not expect to get by on less.

Roundtrip Transportation - The costs of transportation to and from the overseas center.

Warning: Vacation expenses are NOT included in the Program Cost sheet. Vacation/travel expenses have not been estimated because the amount students spend on this item varies so greatly. In the past, average expenses have ranged from \$500 to \$2,000 and the individual variation is so great that it is hard to make sound predictions. If you plan to travel before you return to the States, you will need to add even more to your travel budget.

The State of California Keeps Costs Down by Contributing toward the Program Costs

It is useful for you to know that the cost of providing education at any California State University campus is approximately \$12,567 per year per student. The student only has to pay about \$3,864 per year, and the State of California pays about \$8,703 per year toward each student's education.

IP programs are more affordable than most study abroad programs of comparable quality, duration and academic value because the State of California supports study abroad by contributing to the IP program costs. When you study abroad with IP, you are still only required to pay the same university fees that you would pay if you were attending at your home CSU campus (about \$3,049 plus graduate and summer fees where applicable per year).

The State of California wants CSU students to study abroad to broaden their horizons and to acquire international, linguistic and multicultural skills, and therefore contributes toward the cost of study abroad, instead of passing those costs on to students. The costs that are covered by the State of California include such things as the host university tuition, academic and logistical program arrangements, overhead for operating office facilities, and staff salaries in California and overseas.

Changes to Program Cost

The Program Cost sheet shows the estimated standard costs for a single IP student at your host country. This information must be adjusted for students with dependents and those students who arrange their own housing. **Request for changes to your program cost should arrive at OIP by ◀ May 15.** Once an adjustment has been approved which will affect your prepaid costs or payment schedule, OIP will send you an official revised Program Cost Estimate sheet.

Financial Data Form

To be assured that IP students have sufficient funds for the year overseas, OIP requires that each student complete a Financial Data form and return it by ◀ **May 15.** If your financial situation changes before departure, you must inform OIP.

W-9S

Students enrolled in the International Programs may be eligible for the Lifetime Learning credit, which provides for a credit of qualified tuition and fees per tax year. In order for us to file the appropriate reports/claims, we request that you (or the person claiming you as a dependent) complete Part I of the W-9S *Request for Student's or Borrower's Social Security Number and Certification* form and return it to our office by **May 15**. For more information please see: <<http://www.irs.gov/pub/irs-pdf/fw9s.pdf>>.

Payment

The total Prepaid Cost should arrive at OIP by **May 15**.

You may send your check or money order payable to:

CSU INTERNATIONAL PROGRAMS

Mail to:

CSU International Programs
401 Golden Shore, Sixth Floor
Long Beach, California 90802-4210

Make sure your name and host country are clearly indicated on the check. This is particularly important if someone other than you is making the payment. Otherwise we may not be able to credit the proper account. If you wish to pay using your Visa or MasterCard, please complete the required information on the Program Cost Payment form and return to OIP by **May 15**.

No receipts will be given for personal checks; your cancelled check will serve as a receipt. A \$10 fee will be charged for all returned checks.

Deferment of Prepaid Cost

Your entire Prepaid Cost is due by **May 15**. However, if you are unable to pay the full amount you may choose one of the following options:

Financial Aid - Prepay \$500 and defer the remainder until your financial aid is disbursed. If you choose this method of payment, you should indicate so on the Program Cost Payment form and return **with your \$500 deposit**.

By July 1—or before you leave for your study center (which ever comes first)—you will need to provide OIP with an award letter or a letter from your financial aid counselor stating that sufficient aid to cover your remaining payment due will be awarded. The amount due will be deducted from your financial aid.

Parents' Payment Schedule - Prepay \$500 and parents make payments for the balance due. If you choose this method of payment, you should indicate so on the Program Cost Form and return **with your \$500 deposit**. The balance due should be paid in not more than six monthly installments with the final payment arriving in OIP no later than November 30, 2008.

Parents should be aware, any refunds due will be returned to the student.

Note: At the end of your academic year if you have a financial obligation it may result in a financial hold being placed on your academic records. If the obligation continues, your name will be given to the Franchise Tax Board for collection.

Financial Aid - Procedures

Except for Federal Work Study, IP participants continue to be eligible for all student aid programs such as Cal Grant A or B, Pell Grant, SEOG, SUG, Perkins Loan, EOP Grants, Stafford Loans, and scholarships. We expect that, if you require financial aid, you have already filed the Free Application for Federal Student Aid (FAFSA) and that you are complying with your campus financial aid office's requests and deadlines.

US Department of Education FAFSA:

<http://www.fafsa.ed.gov/>



If you have just determined that you will need assistance, we recommend that you contact your campus financial aid office immediately. Most campus financial aid offices have designated a counselor to work specifically with IP students.

1. Visit your financial aid office and complete the application materials as instructed. Inform the counselor that you will be an IP participant. Many campuses will ask you to indicate this on your application and on all documents to make it easier to process your award and to handle your checks properly while you are overseas.
2. Make sure that you have submitted all required paperwork. This is **YOUR** responsibility.
3. Complete and submit the Financial Data form to OIP. The Authorization for Transmittal of Financial Aid (part of the Financial Data form) permits your home campus to send OIP what may be owed on your program cost or send your financial aid to OIP.
4. A few weeks before you depart, contact your financial aid counselor to verify that your file is complete.

IMPORTANT NOTE: Students who will rely on financial aid during periods of study abroad must confirm with the financial aid office that they will be eligible for aid during the period of planned enrollment.

If you are a financial aid recipient you must also confirm with your campus financial aid office that you are currently making satisfactory academic progress and that you will not exceed the maximum time frame for receiving financial aid during the period that you are abroad.

Financial Aid - Disbursement

WARNING: It is your responsibility to remove all CSU home campus "holds" on your records before you go abroad. A "hold" on your records will prevent you from receiving financial aid. This includes Library holds, and all other campus holds including the Records Office, Financial Aid Office, your own academic department and any other campus office that may put a "hold" on your records. Before you leave, be sure to clear all "holds." This is your responsibility and will prevent problems in the future.

In order for you to receive your financial aid efficiently, your home campus may disburse your financial aid directly rather than through OIP. Most campuses are able to do this, but a few are not. If your campus is disbursing your aid, the campus should follow the same disbursement procedure it would use if you were to remain on campus. If you have deferred any portion of your program costs with financial aid, the amount due will be deducted and sent to OIP each quarter/semester with the balance disbursed to you. **It is your responsibility to make sure your home campus has your disbursement instructions on hand prior to your departure. Double check that your mailing address is current at your home campus.**

If your campus cannot disburse financial aid directly to you, they will send it to OIP and you will need to tell OIP where you want it sent. Again, any deferred program costs will be deducted each quarter/semester prior to disbursement. If you have questions about where your financial aid check is being sent, please contact your campus financial aid office and if you have questions about your deferred program costs, please contact OIP prior to departure.

When Can You Expect Your Financial Aid?

Every year, IP students are very anxious about receiving their financial aid overseas. Please read this information carefully so that you will not be financially unprepared (stuck overseas without any money while all the other IP students are out having fun).

The first thing you must understand is that it will take time for you to receive your first financial aid check. **You are hereby advised to have enough money to cover your first two months worth of expenses.** It may take that long for your financial aid to reach you.

Second, you need to know where your financial is being sent.

Third, you need to have a back up plan in case your financial aid is delayed.

IP Emergency Loans

Students may borrow money from OIP as follows:

1. In an emergency, students may borrow up to \$300.00 at a time through March 31; this date is subject to change.
2. Students may borrow funds against late receipt of financial aid **if** OIP can determine status of the financial aid disbursement.
3. Students may borrow money to pay for medical expenses such as extended hospitalization. These loans must be for a covered illness and backed up by insurance claims payable to OIP.

Certification of Enrollment

While OIP can provide certification/verification of concurrent enrollment to scholarship donors, insurance companies, etc., please remember that it is not OIP's responsibility to make sure your campus processes the forms--this is still your responsibility.



Health and Safety Abroad

As you prepare to spend a year abroad, health, safety and security are important issues for you to consider. Each year hundreds of students study abroad and return safely. This does not mean that you should ignore this aspect of your preparation, studying abroad is not “risk free.” In preparing you should first realize that there are a wide range of potentially serious situations that may or may not apply to you. In one country, traffic accidents may pose (statistically) the largest danger to you, while in another country the AIDS virus may be a more serious threat. Perhaps the most important variable is you—your health situation, personal habits, the activities you choose to engage in or the places you choose to go.

No orientation can alert you to every potential difficulty. We will provide you with some background and additional information sources so that you can make informed decisions both as you prepare and while you are abroad. Read this *Guide*, attend the Predeparture Orientation, and learn as much as you can about the country to which you are going. Explore additional sources if you have more questions.

Health & Medical Issues

The Health Examination

In order to prepare physically and emotionally for living and studying overseas for a year, you are required to have a medical checkup before you go. Your medical record will be on file overseas for reference purposes in case of emergency. You and your physician must complete the Health Status Report in Packet #1 online and return it to OIP by **May 15**.

This report also verifies the physical condition of the applicant for insurance purposes and alerts the OIP and overseas staff of any special physical and psychological factors that may affect your performance, comfort and safety while an IP student. It is vital that this examination be thorough and accurate. It is intended to be a general survey of your health and should be completed by a general practitioner, unless your specific health situation requires reporting by a specialist. Reports completed by chiropractors are not acceptable.

You should make an appointment immediately in order to meet the deadline. Many campus health centers will com-

plete the form for enrolled students if arrangements are made well in advance of the end of the term.

Students with Special Needs

Students with special needs, such as physically disabled students, or students with learning disabilities, will have the opportunity to make their needs known after selection. IP makes every effort to accommodate such students in cooperation with host institutions abroad. Students with special needs are encouraged to identify themselves to make adequate planning possible. In some cases, adequate facilities or services for students with specific types of disabilities may not be available at their chosen overseas study centers.

Preparing for Other Health Issues

You can also prepare for the year ahead by reviewing the following:

Medical/Dental Work - We advise taking care of any existing medical problems and dental work before departure. Routine dental care is not included in IP insurance coverage. Lists of doctors and medical facilities are available from the IP office overseas.

Inoculations - Although specific shots may not be required for all IP countries, depending upon your personal situation, it may be a good idea to be immunized against major communicable diseases. If you are planning to travel to other countries while overseas, check to see if any inoculations are required. **Consult your physician for advice.**

Eye Glasses/Contact Lenses - Take a copy of your prescription, as well as an extra pair of glasses or contact lenses with you. Routine eye examinations are not included in the IP insurance coverage. Consider taking a supply of cleaning solution for contact lenses if your eyes are especially sensitive as overseas products may differ.

Medications - If you can, take along a year's supply of any prescription medications and any nonprescription medicines (e.g., aspirin, allergy medicine) that you use regularly. Local products may differ. In addition you should be aware that adjustments to unfamiliar food and water may create intestinal problems; ask your doctor to recommend an anti-diarrhea treatment.

Students currently taking medication for an ongoing medical condition should consult with their physicians regard-

ing their ongoing care. Ask your doctor if the medications you take are available in the country you are going to and whether the drug is known by another name. You may be able to continue treatment under a physician's care overseas. If you determine that you will need to have medications shipped to you overseas, you must observe any laws enforced by your host country regarding shipment and receipt of medication. The best resource for information about such regulations would be the host country's embassy in Washington D.C. Contact information is on the Web. For example, "the Embassy of Italy in the United States."

Students should note that the CSU insurance policy does not cover "pre-existing conditions." Therefore, students with chronic medical conditions who know that they will need ongoing care while living abroad would be wise to continue coverage with their current health insurance company. Any questions you have about this should be directed to Somerton Insurance before departure. Telephone: (800) 853-5899 or (916) 314-5500.

Health Conditions Overseas

Do not expect conditions to be the same as in California. Health issues will also be a topic during your on-site orientation. Regardless of your host country, most IP students will probably have a few minor stomach upsets due to adjustments to food and water. During vacation travel to other countries you will probably be faced with unfamiliar health conditions. The following sources have helpful information about staying healthy overseas:

- *Health Information for International Travel*. Centers for Disease Control. Available for a fee from the Superintendent of Documents, US Government Printing Office, Washington, D.C. 20402 or may be obtained from your local and state health departments. This publication should be available at your local library and the section on "Health Hints" includes interesting and important information.



Centers for Disease Control:

<http://wwwn.cdc.gov/travel/default.aspx>

- **International Association for Medical Assistance to Travellers (IAMAT)**
IAMAT is a non-profit organization that was established in 1960. IAMAT's objective is to advise travelers about health risks, the geographical distribution of diseases worldwide, immunization requirements for all countries, and to make competent medical care available to travelers by western-trained doctors who speak English besides their mother tongue.



International Association for Medical Assistance to Travellers (IAMAT)

<http://www.iamat.org/>

Medical Facilities Overseas - Nearly all students overseas experience some difficulty in adjusting to different diets, climates, sanitary facilities and other conditions that

may temporarily affect their physical wellbeing. Most of these problems are of short duration. Adequate medical facilities are available at all centers in the event of more serious illnesses and staff overseas can refer you to appropriate doctors and medical facilities.

Health Insurance

CSU policy requires that all study abroad students be insured. Therefore, all IP participants are covered by Accident and Sickness Insurance for CSU Students Studying Abroad, included in your IP program costs.

This insurance is only valid outside the US and is considered an "excess" policy. This means that if you have other insurance coverage with another company outside of IP (e.g. through your parents), then you must file the claim with the other company first, then with the IP insurance carrier. Carefully study the policy exclusions and limitations provided in the brochure sent with your *Participant Guide*. This policy does not cover pre-existing conditions, nor does it cover all medicines or drugs prescribed for outpatient treatment. You may need to maintain your current insurance policy or purchase a new policy that will provide coverage. The policy includes a major medical provision with a deductible, and an accidental death benefit. We should also mention that many of the host countries require students to purchase local coverage, which provides students with additional coverage.

Please note that the CSU policy requires that you pay for medical services up-front, and subsequently file a claim form for reimbursement. If you have a large medical expense, such as hospitalization, OIP is prepared to lend you the funds to cover your expenses until the insurance carriers reimburse you.

The required insurance goes into effect the day before you are asked to arrive overseas and remains in effect as long as you are enrolled in classes with IP. No insurance premium refund is given once you depart the US for your study center. If you withdraw or are disenrolled from IP prior to the end of the academic year, you forfeit participation in the health and accident insurance plan effective on the date of withdrawal as established by OIP. Although the health insurance coverage has proven adequate for most IP participants, it is not a comprehensive policy. **You should carry your insurance card with you at all times.**

Insurance Brochure & Claim Forms:

<http://www.csuhealthlink.com>

(Select "CSU IP" from the drop down list of Schools, then click on "submit". Once there click on the link to the Brochure or Claim Form.)



Europ Assistance USA - Your CSU student health insurance policy includes emergency travel assistance coverage administered by Europ Assistance USA. This is a supplemental part of your health insurance policy valid around the world and can assist you if you should need emergency medical care while traveling abroad, 24 hours a day, 365 days a year. To access their benefits, you **MUST**

contact Europ Assistance USA and let them make all arrangements for any services that you need. The kinds of services they provide are listed in the insurance pamphlet that we included in your packet.

Upon request, Europ Assistance USA can also provide pre-trip counseling for any countries you will be traveling to. They can also answer questions you may have about your prescription medications before departure or help you replace a prescription while traveling.

For further information on the services provided by Europ Assistance USA, please see the Wells Fargo Student Health Insurance pamphlet provided in your packet, or contact Europ Assistance USA at: (800) 243-6124 (*Toll-free within the United States*) or (202) 659-7803 (*Collect from outside the U.S.*).

Adjustment & Personal Safety

During your time abroad, you will be required to make adjustments to the people, organizations and culture of your destination. Students going to the United Kingdom often underestimate the number of differences they will encounter. Students going to Asia may tend to underestimate the number of similarities they will encounter. Cultural differences show themselves not only in our relationship to other people but also in the systems people create and the way they operate those systems. Our purpose here is not to open a discussion of intercultural communication, but to point out how these differences may cause miscommunication and affect you, your adjustment and your personal safety.

While you are abroad you will take the opportunity to do and see many things. As you undertake these activities you should always try to be aware that you are in another country. You should also try to make informed and reasonable decisions concerning the safety and advisability of your activities. The list of possible choices is virtually limitless and you will decide what you do and you must accept the consequences. Please read the "Student Conduct" section of this *Guide* for program policies. Three areas seem worth a special mention here.

Alcohol - Attitudes about alcohol and customs surrounding its use can be very different abroad than they are at home. Alcohol abuse can be a danger and it contributes to other dangers as it impairs your judgment.

Illegal Drugs - In addition to the inherent dangers in the use of illegal drugs, drug use abroad can present serious legal problems. Drug laws abroad may be much different than those in the US and penalties can be severe for foreigners. Avoid illegal drugs. US laws and legal procedure do not apply in other countries. While a guest in another country you are subject to their laws. The US Embassy can provide only limited assistance in locating legal help.



Drugs Abroad: You Can be Arrested
http://travel.state.gov/travel/livingabroad_drugs.html

Political Activity - Students in other countries are often more likely to demonstrate for and against a variety of causes. You may sympathize with the students and be tempted to join the demonstration. The dangers in becoming involved, intentionally or unintentionally, are real. Demonstrations can unexpectedly become violent and authorities are not sympathetic to foreign participation. IP students should not get involved in demonstrations abroad.

US State Department Travel Information - A copy of the Consular Information Sheet for the country you will be going to is included at the end of this section. Consular Information Sheets are produced by the US Department of State and provide an overview of the conditions related to traveling to a particular country. Consular Information Sheets generally do not include advice, but rather present information in a factual manner so that the traveler can make his or her own decisions about travel to a particular country. They include such information as minor political disturbances, currency and entry regulations, crime and security information, drug penalties, health conditions, and the location of the US Embassy or Consulate. Travel Warnings are issued when the State Department wishes to warn people about a specific threat or to recommend that Americans avoid travel to a certain country. It is relatively rare for the State Department to advise that a country be completely avoided.

You may access updated US State Department Consular Information Sheets and Travel Warnings on the Internet at the address provided below. We suggest that you read the information provided for any of the countries you might be visiting while you are abroad.

For State Department Travel Information:
http://travel.state.gov/travel_warnings.html



Final Note

We expect that you will have a productive and challenging year abroad. As we have indicated above no location in the US or abroad can be considered risk free. By informing yourself and acting responsibly, you can help make your stay abroad a safe one. Nevertheless, changing circumstances that pose risks to students may require OIP to act. In those cases, that action may include evacuation, relocation or suspension of the program. While this is extremely rare, it remains a possibility of which you should be aware.

**U.S. Department of State
Bureau of Consular Affairs
Washington, DC 20520**

**Consular Information Sheet
Denmark, Greenland, and the Faroe Islands**

August 23, 2007

Americans planning travel to *Denmark, Greenland and the Faeroe Islands* should read [Inter-country Adoption Denmark](#), [Avian Flu Fact Sheet](#) and [Worldwide Caution Public Announcement](#) available on the Department of State web site at <http://travel.state.gov>

COUNTRY DESCRIPTION: Denmark is a highly developed stable democracy with a modern economy. Greenland is a self-governing dependency of Denmark. The Faroe Islands are a self-governing overseas administrative division of Denmark. For additional information, read the State Department Background Notes on Denmark at <http://www.state.gov/r/pa/ei/bgn/3167.htm>

ENTRY REQUIREMENTS: Passport and visa regulations are similar for Denmark, Greenland, and the Faroes. A valid passport is required. U.S. citizen tourist and business travelers do not need visas for visits of up to 90 days. That period begins when entering any of the following countries which are parties to the Schengen agreement: Austria, Belgium, Denmark, Finland, France, Germany, Greece, Iceland, Italy, Luxembourg, The Netherlands, Norway, Portugal, Spain, and Sweden. Contact the Royal Danish Embassy at 3200 Whitehaven Street, NW, Washington, DC 20008, telephone (202) 234-4300 or visit its web site at <http://www.denmarkemb.org> for the most current visa information.

Note: Although European Union regulations require that non-EU visitors obtain a stamp in their passports upon initial entry to a Schengen country, many borders are not staffed with officers carrying out this function. If an American citizen wishes to ensure that his or her entry is properly documented, it may be necessary to request a stamp at an official point of entry. Under local law, travelers without a stamp in their passports may be questioned and asked to document the length of their stay in Schengen countries at the time of departure or at any other point during their visit, and could face possible fines or other repercussions if unable to do so.

See our information on [dual nationality](#), the prevention of [international child abduction](#) and [customs regulations](#).

SAFETY AND SECURITY: Denmark remains largely free of terrorist incidents, however the country shares, with the rest of Western Europe, an increased threat of Islamic terrorism. Like other countries in the Schengen area, Denmark's open borders with its Western European neighbors allow the possibility of terrorist groups entering and exiting the country with anonymity. Americans are reminded to remain vigilant with regard to their personal security and to exercise caution.

Public demonstrations occasionally occur in Copenhagen and other Danish cities and are generally peaceful events. Prior police approval is required for public demonstrations, and police oversight is routinely provided to ensure adequate security for participants and passers-by. Nonetheless, as with any large crowd comprised of diverse groups, situations may develop which could pose a threat to public safety. U.S. citizens are advised to avoid areas where public demonstrations are taking place.

From time to time Copenhagen may experience protest activities from young people in their attempt to defend their self-proclaimed rights to either property (club activity buildings) or other privileges provided by Danish public means. American citizens should be aware that participation in illegal demonstrations or street riots may result in immediate imprisonment and long term bans on re-entering Denmark.

For the latest security information, Americans traveling abroad should regularly monitor the Department's Internet website at <http://travel.state.gov>, where the current [Worldwide Caution Travel Alert](#), [Travel Warnings](#), and [Travel Alerts](#) can be found.

Up-to-date information on safety and security can also be obtained by calling 1-888-407-4747 toll-free in the United States, or, for callers outside the United States and Canada, a regular toll line at 1-202-501-4444. These numbers are available from 8:00 a.m. to 8:00 p.m. Eastern Time, Monday through Friday (except U.S. federal holidays).

The Department of State urges American citizens to take responsibility for their own personal security while traveling overseas. For general information about appropriate measures travelers can take to protect themselves in an overseas environment, see the Department of State's pamphlet [A Safe Trip Abroad](#).

CRIME: Denmark, Greenland, and the Faroes all have very low violent crime rates, however, non-violent crimes of opportunity have increased over the last few years, especially in Copenhagen and other major Danish cities, where tourists can become targets for pickpockets and sophisticated thieves. Criminals frequent airports, train stations, and cruise ship quays to take advantage of weary, luggage-burdened travelers. Thieves also operate at popular tourist attractions, shopping streets, and restaurants. In hotel lobbies and breakfast areas, thieves take advantage of even a brief lapse in attention to snatch jackets, purses, and backpacks. Women's purses placed either on the backs of chairs or on the floor are typical targets for thieves. Due to the increase of crimes of opportunity, Embassy Copenhagen has experienced a high rise in passport thefts during the summer of 2007. Car and home break-ins are also on the rise.

INFORMATION FOR VICTIMS OF CRIME: The loss or theft abroad of a U.S. passport should be reported immediately to the local police and the nearest U.S. Embassy or Consulate. If you are the victim of a crime while overseas, in addition to reporting to local police, please contact the nearest U.S. Embassy or Consulate for assistance. The Embassy/Consulate staff can, for example, assist you to find appropriate medical care, to contact family members or friends, and explain how funds could be transferred. Although the investigation and prosecution of the crime is solely the responsibility of local authorities, consular officers can help you to understand the local criminal justice process and to find an attorney if needed.

Denmark has a program to provide financial compensation to victims who suffer serious criminal injuries. According to existing regulations, the victim must report the incident to the police within 24 hours. Danish police routinely inform victims of serious crime of their rights to seek compensation. The relevant forms can be obtained from the police or the Danish Victims' Compensation Board: Civilstyrelsen, Erstatningsnaevnet, Gyldenløvesgade 11, 1600 Copenhagen V, tel: (45) 33-92-3334; FAX: (45) 39-20-45-05; <http://www.erstatningsnaevnet.dk>; Email: erstatningsnaevnet@erstatningsnaevnet.dk. Claim processing time is a minimum of 4 weeks. There is no maximum award limit.

See our information for [Victims of Crime](#).

MEDICAL FACILITIES AND HEALTH INFORMATION: Excellent medical facilities are widely available in Denmark. In Greenland and the Faroe Islands, medical facilities are limited and evacuation is required for serious illness or injury. Although emergency medical treatment is free of charge, the patient is charged for follow-up care.

Information on vaccinations and other health precautions, such as safe food and water precautions and insect bite protection, may be obtained from the Centers for Disease Control and Prevention's (CDC) hotline for international travelers at 1-877-FYI-TRIP (1-877-394-8747) or via the CDC's web site at <http://cdc.gov/travel>. For information about outbreaks of infectious diseases abroad consult the World Health Organization's (WHO) web site at <http://www.who.int/en>. Further health information for travelers is available at <http://www.who.int/ith>.

MEDICAL INSURANCE: The Department strongly urges Americans to consult with their medical insurance company prior to traveling abroad to confirm whether their policy applies overseas and whether it will cover emergency expenses such as a medical evacuation. Please see our information on [medical insurance overseas](#).

TRAFFIC SAFETY AND ROAD CONDITIONS: While in a foreign country, U.S. citizens may encounter road conditions that differ significantly from those in the United States. The information below concerning Denmark is provided for general reference only, and may not be totally accurate in a particular location or circumstance.

A valid U.S. driver's license may be used while visiting Denmark, but the driver must be at least 18 years old. Driving in Denmark is on the right side of the road. Road signs use standard international symbols. Many urban streets have traffic lanes reserved for public transport only. Unless otherwise noted on traffic signs, the speed limit is 50 km/h in urban areas, 80 km/h on open roads, and 130 km/h on expressways.

Use of seat belts is mandatory for drivers and all passengers. Children under three years of age must be secured with approved safety equipment appropriate to the child's age, size, and weight. Children from three to six years of age may use approved child or booster seats instead of seat belts.

Driving under the influence of alcohol or drugs is considered a very serious offense. The rules are stringently enforced, and violations can result in stiff fines and possible jail sentences.

Copenhagen, the capital and largest city in Denmark, has an extensive and efficient public transportation system. Trains and buses connect Copenhagen with other major cities in Denmark and to Norway, Sweden, and Germany. Bicycles are also a common mode of transportation in Denmark. Passengers exiting public or tourist buses, as well as tourists driving rental cars, should watch for bicycles on their designated paths, which are usually located between the pedestrian sidewalks and the traffic lanes.

Danish expressways, highways, and secondary roads are of high quality and connect all areas of the country. It is possible to drive from the northern tip of Denmark to the German border in the south in just four hours. Greenland has no established road system, and domestic travel is performed by foot, boat, or by air. The majority of the Faroe Islands are connected by bridges or serviced by boat. Although the largest islands have roads, most domestic travel is done on foot, horseback, boat, or by air.

The emergency telephone number for police/fire/ambulance in Denmark and the Faroe Islands is 112. In Greenland contact the local police.

Please refer to our [Road Safety](#) page for more information. Visit the website of the country's national tourist office and national authority responsible for road safety at <http://www.denmark.org>. See also additional information on driving in Denmark at <http://www.trafikken.dk>.

AVIATION SAFETY OVERSIGHT: The U.S. Federal Aviation Administration (FAA) has assessed the Government of Denmark's Civil Aviation Authority as being in compliance with International Civil Aviation Organization (ICAO) aviation safety standards for the oversight of Denmark's air carrier operations. This rating applies to Greenland and the Faroe Islands as well. For more information, travelers may visit the FAA's internet web site at www.faa.gov/safety/programs_initiatives/oversight/iasa.

SPECIAL CIRCUMSTANCES: The official unit of currency in Denmark is the Danish krone. ATM machines are widely available throughout Denmark. Please see our information on [customs regulations](#).

For information concerning the importation of pets into Denmark, please visit the following website: <http://www.foedevarestyrelsen.dk>

CRIMINAL PENALTIES: While in a foreign country, a U.S. citizen is subject to that country's laws and regulations, which sometimes differ significantly from those in the United States and may not afford the protection available to the individual under U.S. law. Penalties for breaking the law can be more severe than in the United States for similar offenses. Persons violating Denmark's laws, even unknowingly, may be expelled, arrested, or imprisoned. Penalties for possession, use, or trafficking in illegal drugs in Denmark are severe and convicted offenders can expect long jail sentences and heavy fines. Engaging in sexual conduct with children or using or disseminating child pornography in a foreign country is a crime, prosecutable in the United States. Please see our information on [Criminal Penalties](#).

CHILDREN'S ISSUES: For information see our [Office of Children's Issues](#) web pages on intercountry adoption and international parental child abduction .

REGISTRATION/EMBASSY LOCATION: Americans living or traveling in Denmark are encouraged to register with the nearest U.S. Embassy or Consulate through the State Department's travel registration web site, <https://travelregistration.state.gov>, and to obtain updated information on travel and security within Denmark. Americans without Internet access may register directly with the nearest U.S. Embassy or Consulate. By registering, American citizens make it easier for the Embassy or Consulate to contact them in case of emergency. The U.S. Embassy is located at Dag Hammarskjolds Alle 24; 2100 Copenhagen, telephone: (45) 33-41-71-00; Embassy fax: (45) 35-43-02-23; Consular Section fax: (45) 35-38-96-16; After-hours emergency telephone: (45) 35-55-92-70. Information is also available via the U.S. Embassy's website at <http://www.usembassy.dk>. The United States has no consular presence in Greenland or the Faroe Islands.

* * *

This replaces the Country Specific Information dated February 15, 2007 to update the sections on Safety and Security, Crime, and Special Circumstances.



Agreement

As a participant in the International Programs, you are a representative of the CSU, the State of California, and the United States. As such you are bound both by the normal requirements of social behavior which apply at home and by additional requirements related to maintaining the reputation and interests of the program overseas. This section features the legal and policy requirements that apply to your year overseas.

As a condition of participation in IP, all students are required to sign a program Agreement, a copy of which follows for your records. A separate copy for your signature is included in Packet #1 online. You should read the Agreement carefully, sign it and return it to OIP by **May 15**. Particular attention is directed to paragraph 9.

This form constitutes the basic agreement between you and the Trustees of the CSU. It is important to understand that this agreement legally binds you to abide by all IP rules and regulations, which are described in this Guide, the IP Bulletin, and elsewhere.

Students are expected to comply with IP requirements before departure and while overseas and to give OIP staff and host university officials their full cooperation. Actions such as disruption of the administrative process or physical or verbal abuse toward any member of the IP community are not acceptable. Regarding the academic process, unacceptable conduct includes cheating or plagiarism, failure to attend class, failure to maintain the prescribed minimum unit load, unauthorized absences from the study center (e.g., leaving early for vacations or not returning on time), or violation of IP academic policies.

Normally, common sense will dictate acceptable personal conduct outside the classroom. Examples of behavior considered unacceptable are: disregard for the laws or customs of the host country, theft, failure to pay debts, trading in, consumption, or use of illegal or dangerous drugs or narcotics, or violation of any local law or ordinance with respect to these substances, involvement in illegal or offensive actions of a political nature as defined and interpreted by the lawful authorities of the host country, or engaging in any act which represents a potential danger or an embarrassment to the program or to others.

Failure to abide by these rules and regulations may result in one of several sanctions, depending upon the seriousness of the problem. In order of severity these include a verbal and/or written reprimand by the Resident Director or host university representatives, a written reprimand from the Director of International Programs, probation, and disenrollment.

We expect that you will have a productive and challenging year abroad. As we have indicated previously no location here in the US or abroad can be considered risk free. By informing yourself and acting responsibly, you can help make your stay abroad a safe one. Nevertheless, changing circumstances that pose risks to students may require OIP to act. In those cases, that action may include evacuation, relocation or suspension of the program. While this is extremely rare, it remains a possibility of which you should be aware.

Nondiscrimination Policy

Gender (Title IX)

The California State University does not discriminate on the basis of gender in the educational programs or activities it conducts. Title IX of the Education Amendments of 1972, as amended, and the administrative regulations adopted thereunder prohibit discrimination (including harassment) on the basis of gender in education programs and activities operated by California State University. Such programs and activities include admission of students and employment. Inquiries concerning the application of Title IX to programs and activities of California State University International Programs may be referred to the Director of the Office of International Programs or to the Regional Director of the Office for Civil Rights, Region IX, 50 UN Plaza, Room 239, San Francisco, California 94102.

Disability

The California State University does not discriminate on the basis of disability (including AIDS) in admission or access to, or treatment or employment in, its programs and activities. Section 504 of the Rehabilitation Act of 1973, as amended, and the regulations adopted thereunder prohibit such discrimination. Inquiries concerning compliance may be addressed to the Director of the Office of International Programs.

Race, Color, or National Origin

The California State University complies with the requirements of Title VI of the Civil Rights Act of 1964 and the regulations adopted thereunder. No person shall, on the grounds of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program of The California State University.

Age, Ethnicity, Religion, Sexual Preference, Marital Status, Pregnancy, or Vietnam Veteran Status

California State University does not discriminate on the basis of age, ethnicity, religion, sexual preference, marital status, pregnancy, or Vietnam veteran status in any of its programs or activities. California State University International Programs complies with all applicable federal laws, state laws and Trustee policies in this area. These statutes and policies also prohibit sexual harassment. Inquiries concerning compliance may be addressed to the Director of the Office of International Programs.

Federal Drug-Free Schools and Communities Act of 1989

California State University is committed to achieving and maintaining a campus community that fosters personal and institutional excellence and strives to provide conditions under which the work of the University can go forward freely, with the highest standard of quality and integrity. In keeping with this commitment, all faculty, staff and students are urged to ensure that the learning environment is free of the problems of substance abuse and dependency. For information regarding the Federal Drug-Free Schools and Communities Act of 1989, please contact the Director of the Office of International Programs.

Privacy Rights of Students in Education Records

The federal Family Educational Rights and Privacy Act of 1974 (20 USC. 12329) and regulations adopted thereunder (34 C.F.R. 99) set out requirements designed to protect the privacy of students concerning their records maintained by the Office of International Programs. Specifically, the statute and regulations govern access to student records maintained by the campus, and the release of such records. In brief, the law provides that the campus must provide students access to records directly related to the student and an opportunity for a hearing to challenge such records on the grounds that they are inaccurate, misleading or oth-

erwise inappropriate. The right to a hearing under the law does not include any right to challenge the appropriateness of a grade as determined by the instructor. The law generally requires that written consent of the student be received before releasing personally identifiable data about the student from records to other than a specified list of exceptions.

The Office of International Programs is authorized under the Act to release "directory information" concerning students. "Directory information" includes the student's name, address, telephone listing, date and place of birth, major field of study, participation in officially recognized activities and sports, weight and height of members of athletic teams, dates of attendance, degrees and awards received, and the most recent previous educational agency or institution attended by the student. The above designated information is subject to release at any time unless the Office of International Programs has received prior written notice from the student specifying information which the student requests not to be released. Written objections should be sent to the Director of the Office of International Programs.

The Office of International Programs is authorized to provide access to student records to campus officials and employees who have legitimate educational interests in such access. These persons are those who have responsibilities in connection with the campus' academic, administrative or service functions and who have reason for using student records connected with their campus or other related academic responsibilities. Disclosure may also be made to other persons or organizations under certain conditions (e.g., as part of accreditation or program evaluation; in response to a court order or subpoena; in connection with financial aid; to other institutions to which the student is transferring).

Important Note: While you are abroad you will be encountering cultures which have values and standards of behavior different from your own. Such differences are reflected in the educational system, in social relationships and the legal system. Attitudes surrounding the use of alcohol and drugs, for example, have social as well as legal implications. You need to know that while United States and California law continue to apply to you and Trustees with regard to your participation in the international education program, you are also subject to the laws and customs of the foreign country where you study, and your relationship with foreign nationals and foreign institutions will be governed by the law of the host country.

**THE CALIFORNIA STATE UNIVERSITY
INTERNATIONAL PROGRAMS
AGREEMENT**

This agreement is entered into by and between the State of California through the Trustees of The California State University, hereafter called "Trustees," and _____, hereafter called "Student."
(enter your full name)

WHEREAS, the Trustees intend to provide an international education program in _____ for selected students of The California State University and _____
(overseas center)

WHEREAS, Student desires to participate in the program under the terms and conditions hereafter set forth,

NOW, THEREFORE, Trustees and Student agree as follows:

1. Student shall qualify for admission as a student for credit in the International Programs of The California State University by satisfying all requirements, including payment of fees.
2. Student shall pay to Trustees' Office of International Programs by the dates specified the amounts set out in the Program Costs sheet which is attached hereto and by this reference made a part of this agreement. Refund of amounts which Student pays to the Office of International Programs and assessment of charges shall be as provided in the Program Costs sheet.
3. Student shall pay to Trustees' Office of International Programs sums in addition to those specified in the Program Costs sheet as may be necessary due to increases in charges by the host university or housing authority, fluctuation in United States dollar exchange rates, or commitments made by Student while overseas that are subsequently discharged by Trustees, and increases in fees or other charges relating to enrollment in the CSU International Programs. Student shall pay to the Office of International Programs any additional sums within 30 days notification by Trustees.
4. Student shall obtain and provide all materials, meet all deadlines, and otherwise comply with all participation requirements established by the Office of International Program.
5. Student agrees to expend his or her best efforts in successfully completing the academic requirements of the courses in which Student enrolls.
6. Student understands and agrees that acts, omissions, occurrences, or events beyond the control of the parties hereto may make necessary or desirable the modification, relocation, or cancellation of the program contemplated by this agreement. Trustees shall be authorized to modify or relocate the program contemplated by the agreement with respect to cost, dates and times, and academic content so long as any such modification or relocation is a reasonable substitute for the originally contemplated program. Student acknowledges that courses may be added, cancelled, or changed by the host institution as well as by the Trustees.

International Programs Agreement

Furthermore, Trustees reserve the right to suspend or relocate a program in a host country if, in their judgement, it is deemed advisable to do so in the event of civil disturbance, hostilities, potential hostilities, or warning from the US State Department. Student acknowledges and agrees to cooperate and follow any instructions from the Trustees in connection with a suspension or relocation of a program.

7. Trustees shall enroll Student in the International Programs of The California State University if Student otherwise qualifies for enrollment and shall provide appropriate academic credit for the courses that Student successfully completes.
8. Trustees shall provide or arrange for the provision of those services and benefits stated in the Program Costs sheet.
9. It is understood that the international implications of this agreement are such that the conduct of Student during the course of the program is of utmost importance. Student, therefore, agrees to conform to standards of conduct consistent with the maintenance of a positive reputation of The California State University and to conform to all applicable rules, regulations and policies of The California State University International Programs. Student understands and agrees that in the event the Director of International Programs, in his or her discretion, shall determine the conduct or academic standards of Student are detrimental to the best interests of the International Programs, the Director may terminate the participation of Student in the International Programs. Such termination shall not diminish or otherwise affect Student's obligation to make to Trustees any payments specified in this agreement. Trustees in no event shall be required to refund to Student any payment made by Student to Trustees, but may make such refunds as are consistent with Trustees' policy.
10. Student understands that there are dangers, hazards, and risks inherent in international travel, living in a foreign country, and the activities included in the international education program including but not limited to air, land and sea travel, dietary differences, diseases less common in the United States, differences in legal expectations and protection, building code and other safety differences, any of which could result in serious or even fatal injuries and property damage. Student agrees to assume all the risks and responsibilities surrounding student's participation in the international education program, and understands and agrees that the Trustees cannot and do not assume responsibility for any such personal injuries or property damage.
11. This agreement is subject to all applicable laws and regulations. If performance of this agreement involves violation of applicable law or regulation thereby making it legally impossible to perform and such illegality is not the fault of Student, Trustees shall refund to Student those payments made pursuant to this agreement which are authorized to be refunded in Section 41802 of Title 5, California Administrative Code. Upon payment of said refund, all rights of Student and Trustees are waived under this agreement.
12. Student agrees that the State of California, the Trustees of The California State University, the International Programs of The California State University, and each and every officer, agent and employee of each of them (hereafter in this paragraph 11 and in paragraph 12 collectively referred to as "the State") shall not be responsible for any injury, damage, or loss to Student or Student's property which occurs from any cause beyond the control of the State, or which does not occur from the sole negligence of the State.

International Programs Agreement

13. Student further agrees to hold harmless, defend and indemnify the State from any and all claims, injuries, damages, losses, causes of action, and demands, and all costs and expenses incurred in connection therewith (hereafter in this paragraph 12 collectively referred to as "liability") resulting from or in any manner arising out of, or in connection with any negligence on the part of Student, his or her agents, or employees, in the performance of this agreement, irrespective of whether such liability is also due to any negligence on the part of the State.
14. This agreement contains the sole and entire agreement between Trustees and Student and shall supersede any and all other agreements between the parties. Trustees and Student acknowledge and agree that any statements or representations that may have heretofore been made by either of them to the other are void and of no effect and that neither of them has relied thereon in connection with his or her or its dealings with the other.
15. No alteration or variation of the terms of this agreement shall be valid unless made in writing and signed by the parties hereto.
16. The laws of the State of California shall govern the interpretation of this agreement. Any action brought to enforce any right or obligation under this agreement or any action which arises out of or in connection with this agreement shall be brought in the courts of the State of California.

By signing below, Trustees and Student manifest their agreement to these terms and conditions.

TRUSTEES OF
THE CALIFORNIA STATE UNIVERSITY

STUDENT

Tom Roberts, Director
Procurement and Support Services Officer

Student's Copy

Student's Signature

Date

Student's Printed Name

Date

Withdrawals

A student who wishes to withdraw from International Programs must complete a *Predeparture Withdrawal Notification* form and submit it to OIP as soon as possible so that alternate students may be offered the opportunity to participate.

Prior to Departure

Students who withdraw from OIP before departure retain their status as continuing students at their home CSU campuses.

After Departure

Because of the extensive commitments made by the State on each student's behalf, withdrawal after departure is a very serious matter. Students who request withdrawal at any time after arrival at the overseas site must consult with the Resident Director or host university representative and must fill out the required withdrawal form.

Students who discontinue their academic programs without completing the required steps for withdrawal will receive failing grades in all courses. Withdrawal after departure constitutes withdrawal not only from OIP, but also from the student's home CSU campus.

Financial aid recipients should work closely with OIP and their home campus financial aid counselor regarding funds that may need to be repaid and/or debts owed to OIP as a result of their withdrawal.

In some instances, a change in visa status as a result of withdrawal from IP, and thus no longer having student status, may mean having to leave the host country immediately.

In all cases of withdrawals and disenrollments, students assume full responsibility for their return to their home, and thereby remove all liabilities and responsibilities from OIP representatives and staff and the Trustees of The California State University.

Refunds

Students are entitled to a full refund of funds paid, less any funds already committed or expended on their behalf, provided that written notice of withdrawal is received by OIP **prior to June 15**.

Students who withdraw or are disenrolled **after June 15**, but before the beginning of instruction, will receive a refund of all monies paid to OIP less \$500 or an amount equal to funds committed or expended on their behalf, whichever is greater.

Students who withdraw or are disenrolled **after the beginning of instruction** will receive a refund of funds not already committed or expended on their behalf.

State University Fee (SUF) refunds will be based on the amount paid to OIP, the effective withdrawal date and whether or not a student will receive course credit for the term at the overseas university.

No refunds will be made for the IP student Abroad fee after departure.

No refunds will be made for health insurance cancellation after departure.

No refunds will be made for nonparticipation in group activities.

Determinations concerning eligibility for refunds and the amount and date of refunds shall be made at the discretion of the Trustees.

If students who receive financial aid withdraw, they may be required to make immediate restitution of monies awarded for participation in IP.

Overseas Centers

Australia - Griffith University

c/o Ms. Tori Sutcliffe
Study Abroad and Exchange
Griffith University
International Office
Nathan Campus
Queensland 4111
Australia

Australia - Macquarie University

c/o Ms. Sally Beeton
Macquarie International
Macquarie University
North Ryde, NSW 2109
Australia

Australia - Queensland University of Technology

c/o Ms. Natalie Pye
Study Abroad and Exchange
2 George Street, GPO Box 2434
Brisbane, Queensland 4001
Australia

Australia - The University of Queensland

c/o Ms. Karen Fisher
Student Exchange Program
International Education Directorate
Level 2, J.D. Story Building
The University of Queensland
Brisbane QLD 4072
Australia

Australia - University of Western Sydney

c/o Ms. Wendy Spinks
Exchange and Study Abroad Officer
UWS International
Penrith Building K1.18
Locked Bag 1797
Penrith South DC NSW 1797
Australia

Australia - Victoria University

c/o Ms. Emily O'Callaghan
International Officer
International Office
P.O. Box 14428
Victoria University
Melbourne City
MC, VIC 8001 Australia

Chile

c/o Programa California State University
Oficina N°5 Programme California State University
Pontificia Universidad Catolica
Campus San Jaoquin
Av. Vicuña Mackena 4860
Macul, Santiago, Chile

China

c/o CSU International Programs
Peking University
Shao Yuan 2-101
Beijing
People's Republic of China, 100871

Denmark

c/o Danish Institute for Study Abroad (DIS)
Vestergade 7
DK-1456 Copenhagen K
Denmark

France - Aix-en-Provence

c/o The California State University
5, rue du 4 Septembre
13100, Aix-en-Provence, France

France - Paris

c/o MICEFA
Centre Saint-Jacques
26, rue du Faubourg Saint-Jacques
75014 Paris, France

Germany - Tübingen

c/o Dezernat für Internationale Beziehungen
University of Tübingen
Wilhelmstrasse 9
D-72074 Tübingen
Federal Republic of Germany

Ghana

c/o University of California Study Center
University of Ghana
P.O. Box 356
Legon, Ghana
West Africa

Israel

Suspended

Italy

c/o The California State University International Programs
Via G. Leopardi 12
50121 Firenze, Italy

Japan

CSU International Program in Japan
c/o School of International Liberal Studies (SILS)
Waseda University
Nishi-Waseda Bldg.
1-21-1 Nishi-Waseda
Shinjuku-ku, Tokyo 169-0051
Japan

Korea

c/o Division of International Education and Exchange
Yonsei University
134 Shinchon
Seoul 120-749
Korea

México - Queretaro

c/o Programas Internacionales
Tecnologico de Monterrey
Campus Querétaro
Ave. Epigmenio Gonzalez No. 500
Col. San Pablo CP
76130 Querétaro, Qro
Mexico, DF

New Zealand - Lincoln

c/o International Centre
P.O. Box 94
Lincoln University
Canterbury, New Zealand

New Zealand - Massey

c/o International Student's Office
Massey University
Tennant Drive
Private Bag 11-222
Palmerston North, New Zealand

Quebec

c/o The California State University
Office of International Programs
401 Golden Shore, Sixth Floor
Long Beach, California 90802-4210

South Africa - Durban

c/o Student Exchange/Study Abroad Coordinator
Room 409
Rick Turner Students' Union Building
University of KwaZulu-Natal
Durban 4041
South Africa

South Africa - Port Elizabeth

c/o Office of International Education
Nelson Mandela Metropolitan University
P.O. Box 77000
Port Elizabeth 6031
South Africa

Spain - Granada

c/o The California State University
Cursos de Extranjeros
Placeta del Hospicio Viejo 1
Granada 18071, Spain

Spain - Madrid

c/o The California State University International Programs
Facultad de Geografía e Historia, Edificio B
Ciudad Universitaria
28040, Madrid, Spain

Sweden

c/o Office of International Affairs
Uppsala Universitet
Box 256
S-751 05 Uppsala
Sweden

Taiwan

c/o Dr. Li-ling Tseng
Foreign Languages and Literatures
National Taiwan University
1, Sec 4, Roosevelt Road
Taipei 106
Tawian, Republic of China

United Kingdom - University of Bradford

c/o International Office
University of Bradford
West Yorkshire BD7 1DP
The United Kingdom

United Kingdom - University of Bristol

c/o Study Abroad Programme
International Office
University of Bristol Union
Queen's Road
Bristol BS8 1LN
The United Kingdom

United Kingdom - University of Hull

c/o International Services Division
The University of Hull
Hull HU6 7RX
The United Kingdom

United Kingdom - Kingston University

c/o Visiting Student Programme
Kingston University
Millenium House
21 Eden Street
Kingston Upon Thames
Surry KT1 1BL
The United Kingdom

United Kingdom - University of Sheffield

c/o Study Abroad Programme
International Exchanges Unit
The University of Sheffield
8 Palmerston Road
Sheffield S10 2TE
The United Kingdom

United Kingdom - University of Swansea

c/o American Studies Exchange Office
University of Wales, Swansea
Singleton Park
Swansea SA2 8PP
The United Kingdom

THE STUDENT EXPERIENCE IN COPENHAGEN

As of 1/8/2008
Denmark (Kroner)
1 USD = 5.062 DKK
1 DKK = .1975 USD

THE PROGRAM IN DENMARK

International Programs students enroll in special programs conducted in English through DIS, Denmark's International Study Program. DIS is a specialized institution of higher education affiliated with the University of Copenhagen. Classes at DIS are held at the DIS facility or classrooms conveniently located to DIS and the center of Copenhagen.

Though there is no IP Resident Director in Denmark, there are DIS staff members available at all times to answer questions, in particular to Housing Coordinator, who is also your CSU liaison.

ARRIVAL AND THE FIRST TEN DAYS

We arrived in Copenhagen, Denmark filled with all the emotions that one could have. The flight was long (14 hours). While waiting for our bags at baggage claim, we phoned DIS to tell them that we were on our way. We got our bags, and headed for customs. At customs they looked at our visas and sent us on our way. Then we headed outside and got a taxi. Copenhagen is a major airport and there are taxis' everywhere. We told the driver where we wanted to go and off we went. When we arrived at the meeting spot, we were welcomed by DIS staff and were surrounded by Americans who had come here to study like us. The DIS staff person handed us our packet of information. The packet contained info about basically everything we needed to know. Then, depending on our housing situation, we were taken home with our host family or taken by bus to the dorms (kollegium).

ORIENTATION

Orientation consists of meetings with all the students, meetings by your specific department, tours of the city, and three days of a crash course in Danish (not an easy language!). Also, they give you your books during orientation week. It is important to be on time and to be nice. DIS has a small staff and a lot of them do two or three different jobs. You will run into these people all the time. You might be talking to the head of your department (VIP) and not even realize it! Orientation isn't all work, you have plenty of time to meet other people, check out the city (i.e. cheap eats, clubs, bars, sight seeing stuff, etc., etc.), and do what you want to do.

During your first few days (3-6 depending on person and situation), you may feel lost. But you will quickly get into the swing of things and start thinking of Copenhagen as your home!

ACADEMICS

DIS is a program that takes its academics very seriously and the workload is the proof. Much emphasis is placed on your schoolwork and assignments are very challenging. I had friends in all programs offered there, and we all agreed that the workload was as hard or harder than what we were used to. In other words, if you are looking for an international study program to just hang out in for a while, then DIS is definitely not for you. Just as you must adjust to a new school and home life, you must also adjust to a new academic structure. The most important thing will be to remain open-minded, flexible and communicative with instructors and DIS administrators.

With that said, although the program is challenging, it is very rewarding and offers many advantages that you could not get if studying in the CSU system. One of these advantages is what DIS refers to as field studies. Field studies are when you actually go and visit a company or several companies and do research work on the presentations and materials given to you. All majors have different types of field studies and actually they are a very crucial part of academic life at DIS.

You will find a difference between the professors at DIS and the professors at the CSU. Teaching is a second job for almost all of the professors, and most have a full-time job in their area of expertise. Even though textbooks are

used, the professors have a fundamental grasp of current topics in the subject that they are teaching and this enriches the quality of education at DIS. All professors insist on being addressed by their first names and there are no TA's in any classes. All contact is through the actual professor and the classes are never any larger than 40 students. For the older students (I am 30 years old) you will find that you are the same age as most of your professors. This aspect takes a little getting used to, and one tends to fall into the trap of feeling that the professors are their friends rather than their teachers. The teachers are there to grade your performance and will do so regardless of their personal feelings for you.

The main difference that you will find in studying in Denmark is that there is no central campus. DIS does have a building where a library, computer labs, and classes are taught, but the remainder of your classes will be throughout different parts of the city in classrooms that are a part of other universities. This also takes a little getting used to, especially if you are used to hanging out on the quad and checking people out. At DIS you are right in the heart of the city when you are at school. While the program is challenging, it is very rewarding and the schedule is setup with plenty of time for you to check out the city, go out with your new friends and travel throughout Europe.

Libraries

DIS maintains its own library with English language reference books on Danish art, architecture, literature, politics, social conditions, etc. Also, the DIS library subscribes to the International Herald Tribune, Newsweek, Time, and The Economist magazines.

Not all libraries have "open stacks." The best library for architecture students is located at the Royal Danish Art Academy (called the Bygningsteknisk StudieArkiv Laboratorium). The people there are very helpful and the library has the most complete set of books in the city. Figure drawing instruction is also available each evening of the week (except weekends) at the Art Academy. Also helpful is the library of the American Embassy on Dag Hammerskjolds Allé. DNLB is the science/medical library.

STUDENT HOUSING AND MEALS

About 80% of the students attending DIS live with Danish families within the greater Copenhagen area. These families are carefully selected by DIS, taking into account both the student's and the family's likes and dislikes. Students are welcomed into the Danish home as members of the family, and students have the same responsibility to their Danish family as they would to their own family at home. Be very specific on your letter about your likes/dislikes and your habits.

Due to the limited housing in the center of Copenhagen, some students may live some distance from their classrooms. This may mean transportation time of from 20 minutes to 1 1/2 hour each way, including buses, trains, and walking. DIS reimburses you for the cost of a local train/bus pass from your Danish home to downtown Copenhagen, where DIS is located. Don't be disappointed if your family lives way out of the city. You'll be in the city almost everyday. Living out in the suburbs will give you a greater opportunity to see more of Denmark and how the Danes live. It is impossible to tell you exactly where you will be living, but rest assured that DIS tries very hard to match students with a suitable family. They do a pretty good job. People I know are very happy.

Students are not charged for housing during Christmas, Easter, and mid-semester break, and DURING THESE PERIODS THEY MUST LEAVE THEIR FAMILIES. Most students travel during these periods but, if you choose to remain in Denmark, you must make arrangements for other accommodations. Students are not entitled to reimbursements if they leave their Danish homes for weekends or other travel during the semester. You should make arrangements with your host family or DIS for storage of personal belongings during the winter travel break.

DIS places you with a family based on information you provide on DIS Form I. This form is also made available to your Danish host family - this is NOT the place to be too frank. This form is very brief so, if you are concerned about being well matched with your Danish family, you are welcome to write supplementary confidential information on another sheet-even if your needs are not all that confidential. Offer details about yourself and your personality. Be honest when you fill out the form-it can make all the difference in the world in your family life for the coming year. If you hate dogs and children, say so. If you can't eat fish, say so. If you refuse to share your room with anyone, if you study after midnight, if you work long hours in lab, if you study only before daybreak, if you're allergic to milk, if you object to traveling long distances on trains each day...put it all down. Many Danes smoke so be very honest about your feelings on this subject.

Adjusting to living with a family takes a lot of time and effort, especially for students who have been living on their own prior to coming to Denmark. DIS is aware of this, and has alerted host families, who carefully refrain from imposing undue restrictions. The relationship you maintain with your family is a two-way street. Common courtesy, reasonable consideration, and flexibility help. For example:

- Ask in advance if the family will permit you to invite a guest home for dinner. Danish families have been exceedingly generous in opening their homes to American students, and the fee paid for your room and board, in almost all instances, does not fully cover their costs.
- Ask before using the phone. Calls are extremely expensive and are not itemized on the phone bill. Even local calls are expensive; so don't spend a lot of time on the phone.
- Notify them ahead of time if you will not be home for dinner.
- Don't leave your belongings all over the house.
- Do make your own bed and pick up your own clothes.
- Offer to help with some of the other household chores.
- Definitely call and let them know if you are not coming home at all. Even if you don't discover until quite late that you won't make it home, your family would probably rather be woken up than be worried.

Students will be moved to a new family after the Christmas recesses unless the student and the family want to continue the relationship. If the student and the family feel that they do not match, the student may be moved to a new family.

The first two weeks of the semester are, however, normally regarded as a period of adjustment during which time students will not be moved except in very extraordinary situations.

Meals are provided by the family with whom you are housed, sometimes including a box lunch (which everybody carries in Denmark). The food, of course, will vary from family to family, but foodstuffs are Denmark's principal industry and the food is generally good. Danes excel in dairy products, especially cheeses, yogurt, pastries, and what are called smørrebrød. These are a chapter by themselves-delicious open-faced sandwiches spread with shrimp, herring, beef, anything and everything from salami to chocolate, with more than two hundred varieties boasted. The student cafeterias serve beverages and are accustomed to students bringing home-packed lunches to eat there. Coffee, curiously, usually costs more than tea, and the milk is delicious. All beer in Denmark is in returnable bottles, and costs about DK 6 plus DK 1.50 deposit. Food is expensive-some items are two to three times more expensive than in the U.S.

The typical Danish breakfast consists of coffee or tea and an assortment of breads served with butter, cheese, jam, and yogurt (excellent!). Danish pastries and bakery goods are plentiful and not too expensive.

Seafood, a common dish in Denmark can be expensive and includes such delicacies as fried plaice (European flatfish), boiled cod, fried eel, herrings, and fried codfish eggs. Other typically Danish dishes served for dinner are Pølse (hot dogs), Frikadeller (meat balls), Bøf med Løg (steak with onions), and pork chops. Beef is more expensive than in the United States so pork is served more often. The Danes eat a lot of potatoes. Frozen foods are extremely expensive and seldom used. Danes eat more fried food, more starches, and more fat (especially butter) than you are probably used to, but this does depend on your family. Try everything at least once, you'd be surprised how good most of it is.

Restaurants are expensive (\$8-9 for a whopper, coke, and fries at Burger King), and students rarely eat out except as a special treat. Among Danish specialties you should sample, however, at least once or twice during your stay, are the restaurant cold buffets for lunch, where an enormous assortment of boiled, pickled, fried, or roasted fish, cold meat or fowl are heaped on a table, from which you concoct your own smørrebrød. Danes are equally famous for their beer, and there are at least half a dozen varieties, the most popular of which are Carlsberg and Tuborg. The "national drink" is akvavit (similar to vodka), but look out!

Middle Eastern food is the most abundant in the city. Falafels, shawarmas, and kabobs are quick, cheap, and delicious.

Kolleguims

DIS can place you in a kollegium (kind of like a dormitory), but there are a very limited number of rooms available. You will have your own room and bathroom and share a kitchen and cleaning responsibilities with

about 15 other students, mostly Danish. In a few cases you may share a flat with a bathroom and kitchen. The kollegium stay does not cover meals; therefore it's more expensive than the family stays. They do not have cafeterias or a meal plans, you will do your own cooking. Students have the option the second semester of either living with a family or moving into the Kollegium. For older students (25 +) and students who have been on their own for a few years, this may be a good alternative. Don't be afraid to make the decision to move the second semester if you don't feel completely comfortable with your situation the first semester. If you do decide to move, however, be sure to notify your family and DIS in plenty of time so your family can have another student the second semester, if they wish.

Albertslund Kollegium

The newest, most apartment like kollegium. It consists of individual buildings that house about 20-25 people called blocks. In each room there is a bed, desk, sheets, towels, a desk lamp, a pillow, a lounge chair, basically everything you needed to get settled. Also a small bathroom in the room.

Each block has a TV room with a VCR, stereo, and couches, a bar room with couches and a fully stocked bar (not free though, but cheap), and two kitchens. You are placed in one of the kitchens and get your own cupboard that locks with your room key, a small fridge that they give you a padlock for, and two shelves in one of the two freezers. All pots, pans, utensils, etc. are provided.

Albertslund has a sauna, discotec, and laundry room on the premises. This would be a good time to put a really important note in. **NOT ALL KOLLEGIUMS ARE THE SAME!** Most are dorm style with the convenience of being closer to the city. **PLACEMENT IN THE KOLLEGIUMS' IS TOTALLY RANDOM!** You won't know which one you get until you get here.

Kollegium phones work kind of like prepaid minutes on cellular phones. You go to the post office and put down money. When the money is up, they send you a letter reminding you that you have to go put more money on the phone. It takes three or four days to turn your phone on again, so it's good to estimate when your money is close to running out, and go to the post office and put more money down. When your phone account has no money in it (i.e. phone off), you can't receive or make calls. DIS had put money (50 Kroner) on our phones so that we could call our family and friends when we got here.

Keep in mind that if you are in the Albertslund Kollegium you are on your own. You will receive a refund from DIS if you do decide to move, but you will also have to pay a \$200 deposit before your arrival (refundable at the end of the semester). You will have to buy your own food and cleaning supplies (for your bathroom). Train fare from the Kollegium to Copenhagen is currently \$75 (approximate) per month, DIS reimburses for this. The trains do run often and only take about 15 minutes (fast train) to 25 minutes (regular train). The train station is only a five minute walk from the Kollegium.

There are also three other Kollegiums. Two are closer to Copenhagen and can be reached by bus; the third is halfway between Copenhagen and Albertslund. Passes and transit times vary.

MONEY AND BANKING

Denmark is one of three countries that doesn't participate in the EU's common currency, the Euro (the other countries are the UK and Sweden). Denmark's national currency is the Danish Kroner (\$ DKK), everybody calls them Crowns though. Danish currency is based on the decimal system, and the monetary unit is the krone (plural: kroner). Each krone has 100 øre. As of January 2007, the exchange rate was 5.74 DKK for every \$1 USD, but this goes up and down quite a bit. Paper money comes in 50, 100, 500, and 1000 kroner; coins are issued in 1, 2, 5, and 10 and 20 kroner and 25 and 50 øre.

When you arrive, DIS will have already set up a bank account for you at Dansk Bank. It is a savings account that comes with an ATM card. You will be able to deposit or withdraw money either at the bank or by using an ATM machine. Also, you can withdraw money from ATM machines all over Europe with credit cards or debit cards; the only thing is that you must have a 4-digit PIN number. Your Dansk Bank account is just like any other bank account. Anyone can electronically transfer money into this account if you provide the routing number. Furthermore, if you write or receive a personal check, DIS will endorse the check. With DIS's endorsement, Dansk Bank only puts a 24-hour hold on it. This is actually a good way of doing things, and I myself used this method most of the time. At the beginning of the month, I would write a check for cash from my U.S. checking account, which I left open, and then deposit it into my Dansk bank account.

The cost of living in Copenhagen is pretty much the same as in any large American city. In other words it is expensive to live and costs of products (food, drinks, cigarettes, clothes, eating out, etc.) are about the same as they would be in San Francisco or Los Angeles. Also, you will find that the money just doesn't seem real to you at first, almost like it is play monopoly money or something and that you are spending a lot in the beginning of your stay. Don't be alarmed; this happens to everyone. It takes time to get used to the new money and the best thing that you can do is just not to carry a lot of money on you and to set up your bank account so that you can start taking out the equivalent of \$20 here and there. Before you know it, all this financial stuff will make sense.

Familiarize yourself with the exchange rates, as you may not want to convert all your money at once. Exchange rates can have sizable fluctuations over a short period of time. Beware: You must cash your checks within a 60 day turnaround time to the United States. Do not hang on to checks, especially financial aid ones, as they will have to be reissued if obsolete.

We don't recommend travelers checks because they are so expensive to exchange. We would recommend an ATM card with Visa or MasterCard symbol. If traveling to the Eastern countries (Russia), bring some U.S. \$1 dollar bills. You can go to exchange offices or banks to change cash into Kroner. FDRX may have the best exchange rates.

TRANSPORTATION

Copenhagen has one of the best public transportation systems that I have ever seen. First, there is an amazing train system. It services the inner city of Copenhagen and the surrounding suburbs and the outer towns as well. You can travel to all parts of Europe on the Euro-Rail from Copenhagen main station. The S-trains (inner city and suburbs) and the regional trains (outer towns) start running at 5:00 a.m. and stop at 1:00 a.m., depending on the destination. Not only is there a great train system, but there is also a very extensive bus system that will take you wherever you need to go. Plus, there are very affordable taxis all over the city. The Danes are very accustomed to commuting everywhere, and this is a daily part of life for them. Furthermore, the Danes ride their bikes everywhere and in all kinds of weather conditions. There are bike lanes everywhere in Denmark. If you have to commute to school, DIS will pay for your train pass and this pass can also be used on all busses. Even if DIS doesn't purchase a pass for you, this is the most affordable way to pay for public transportation, and passes can be purchased for any length of time.

TELEPHONES

Local telephone calls are 1 kr. Direct phone calls to the United States cost DK 7 per minute, DK 5 per minute all weekend. Operator assisted calls are DK 13 per minute (approximately \$2.25). Information is available from the operator. The emergency police, ambulance, or fire service can be reached anywhere in Denmark by dialing 112. It's a good idea to carry an address book with local telephone numbers in your pocket or purse at all times. Coin-operated phones do not refund money, but you can make as many calls possible for the 1 kr. charge within the allotted one minute. You can also use an American telephone credit card to call the States not within Europe. International calling cards such as "Global One" DK100, can be purchased at the post office and most kiosks, offer excellent rates to the U.S. and worldwide.

Cellular phones (bought at DIS) are also a good idea and work with prepaid minutes.

POSTAL SERVICES

Post - Airmail takes five to ten days to reach California, but surface mail takes as much as six to eight weeks. The postage for airmail is about DK 5.00 up to 20 grams, 14.00 kr. if over 20 grams. It may be cheaper to send two short letters instead of one long letter. You can also mail through DIS, which is cheaper. See notice in the office.

Post offices are open daily from 9:00 a.m. to 5:30 p.m., and Saturday from 9:00 a.m. to 12:00 p.m. Post boxes are red and have postbrevkasse printed on the mail slot.

SHOPPING

Though the average student budget doesn't allow much leeway for luxury souvenir shopping, it should be noted that Denmark is considered one of the great shopping capitals of the world, and that the Danes are rightly famed for their superb workmanship and modern design, especially in the arts and crafts. You may not be able to take home a set of Danish hand wrought silver this time around, but you certainly ought to plan some time for browsing.

Other famous Danish products are porcelain and ceramics, modern furniture, faience and glass, fabrics, boldly designed wallpaper, and highly imaginative wooden toys. A large selection of the finest handwork in the country can be seen at Illums Bollighus on Strøget.

On a more mundane level, department stores recommended by former students are Magasin (Denmark's largest department store and moderately priced), and Illium. Try H & M for clothes (like Gap or Old Navy in U.S.). More than one hundred stores of all types are located along the beautiful pedestrian street, Strøget, known as the Walking Street. Arnold Busch supplies a variety of architecture books in their basement. Get off Strøget to find better bargains. Trendy secondhand stores such as UFF and Rogers have good bargains-especially leather jackets.

SUPERMARKETS

Føtex, Irma, Super Brugsen, Netto, Prima are some of many chain supermarkets. For hard-to-find spices or American imports, the food department in Magasin is recommended. Shops are usually open on Monday through Thursday from 9:00 a.m. to 5:30 p.m.; Friday from 9:00 a.m. to 7:00 p.m.; and Saturday from 9:00 a.m. to 1:00 p.m. All stores are closed on Sunday, except for a few bakeries and candy shops. Legal holidays are New Year's Day, Maundy Thursday through Easter Monday, fourth Friday after Easter (Store Bededag), Ascension Day, Whit Monday, Constitution Day (June 5), Christmas and December 26.

Following is a brief glossary of various types of stores, and what they are called in Denmark:

- Convenience store - Kiosk (important) for bus passes, phone cards, some open late hours.
- Bakery - konditori or bageri
- Hair salon - damefrisør/herre frisør (men - 50 kr haircuts at DIS)
- Bookstore - bøger or boghandler
- Dry cleaners - renseri
- Grocery store - købmand
- Laundry - vaskeri
- Savings bank - sparekasse/bank
- Shoe store - skotøj
- Wine shop - vinhandel

LAUNDRY/DRY CLEANING

Facilities are excellent but expensive. Self-service automats are located throughout the city and cost approximately U.S. \$3.50 per load.

CHURCHES

The Evangelical Lutheran Church is the established religion, but there is complete religious tolerance, guaranteed by the Constitution of 1849. Services in the Lutheran Churches are in Danish, and are held on Sundays at 1:00 p.m. and at 4:30 p.m. Churches of most other denominations are located throughout Denmark, and services are conducted in English at the American Interdenominational Church of the American Embassy, the American Lutheran Congregation of the Seamen's Church, the Church of England at St. Alban's Church, and the Roman Catholic Our Lady's Chapel and the International Church of Copenhagen.

HEALTH

Most medical services are free with your yellow Sygesikringskort, "Community Health Card," valid after six weeks residence in Denmark. Pharmacies are called Apotek, and carry American or equivalent European products. A doctor's prescription, however, is necessary for most medications, and it is advisable to bring a supply of any normally prescribed medicine, as some American medicines are not available in Denmark.

You may wonder about safety. I myself come from San Francisco and know that there are areas of the city that I tend to avoid or feel very uncomfortable in all by myself. Furthermore, I would never walk the length of the city at 2:00 a.m. from one club to the next. Copenhagen is the complete opposite of this. I felt safe walking around the city at night. You see people walking around at all hours of the night. Even the so-called "red-light" district is safe and probably a lot tamer than what you would expect. While I felt safe traveling around the city at all hours, it is still

a city, and you should use the same common sense that you would use in an American city. If you do this, then you will be just fine and Copenhagen should prove to be a very exciting and fun place for you.

HELPFUL HINTS

Entry Regulations - Duty-free imports include 400 cigarettes (two cartons) or 500 grams of other tobacco (a little over one pound), and up to two liters of wine for persons over 17 years of age. Cigarettes are prohibitively expensive in Denmark-almost \$5.00 a pack! Yet lots of Danes smoke, and most drink. Liquor, dry California wines, and cigarettes make popular gifts. Most Danes prefer red wine.

Electrical Current - Electric current is principally 220 volts, A.C., 50 cycles, and many American appliances will require transformers. Electric outlets also are designed for the European standard round-prong type plug; even an appliance, which will operate on 220, will need an adapter. One suggestion is to buy appliances (i.e., hairdryers, curling irons) in Denmark to avoid having to carry adapters and transformers. Some families have such appliances that you may use. It is helpful to buy an adapter/converter set to use in your travels throughout Europe during the study breaks.

Weights, Measures, and Temperatures - Denmark uses the metric system of kilograms, meters, and liters for weights and measures, and the Centigrade scale, rather than the Fahrenheit, to measure degrees of temperature.

Time - Denmark time is 9 hours later than Pacific Standard Time, and is measured on a 24-hour clock (1200 to 2400 is p.m.). The half-hour also is half of the next hour, rather than half past the hour; i.e., 6:30 is called "half-seven."

It's always difficult to give an estimate of money you will spend but plan on spending \$550 per month on the average. Some of us managed on \$300, others splurged on \$800. Remember that it takes a while to adjust to Danish money and at first it may seem like "monopoly" money but with careful accounting, you can live well without excess. Those of you that depend on financial aid should know that checks arrive later than normal over here and you never really know when they will arrive. Don't count on any arriving before November.

You might want to make a deal with your family members not to send Christmas presents. Postage is very expensive for packages (a tiny one can cost \$10.00 or more). Promise to bring souvenirs when you return at the end of the year. Remember to budget for stamps, aerograms, shipping costs, and souvenirs. Setting aside a portion of money for winter clothing is a good idea too. During the time you are participating in DIS study tours, you should budget extra spending money for the cost of eating out and possible souvenir shopping (this cannot be emphasized enough).

Tipping - Tips are included in the prices quoted by restaurants and taxis. All prices in Denmark include a 25% purchase tax. If you wish to send gifts home, 18% of the purchase price will be deducted if the shop sends the parcel for you; however, this varies depending on the cost of the item you are buying.

Useful Addresses - American Embassy, Dag Hammarskjolds Allé 24; American Express Company, Amager Torv 18 (on the Strøget); Thomas Cook, Vesterbrogade; the Danish Tourist Board, Vesterbrogade 6D; and The Danish Society of Arts and Crafts and Industrial Design, Bredgade 58.

SOCIAL LIFE

Copenhagen is a world-class city, with all that a metropolitan city has to offer; theater, plays, live music, cafes, busy streets filled with people, and nightlife is no exception. The first thing that most students will notice about Denmark is that there is no drinking age. For the most part this is true (actually the drinking age is 13 and to get into a bar or club it is 16), therefore the Danes have been going out on the town since a very early age and enjoy this aspect of their culture. Furthermore, the Danes love to drink and a lot of social activities are based around sharing a øle (beer in Danish) with friends and family. Also, most of us are used to going out and having bars close at 2:00 a.m. This is not the case in Denmark, as most places stay open until 5:00 a.m., and there are even clubs that stay open until 10:00 a.m.

Another aspect of nightlife that one will notice right away is the way that the Danes dress. When the Danes go out and even during a usual day, the Danes dress up, this is in relation to how underdressed Americans usually are. Guys are usually in slacks and nice shoes and women are almost always in skirts and nice shoes or boots. Furthermore, there are a lot of clubs in Copenhagen that have a very strict dress code, and even if the club does not, you will definitely feel out of place with a pair of jeans and sneakers on. Once in the bar or club, you will notice

that the Danes pretty much keep to themselves. While for the most part this is true, if you approach a Dane they are usually very friendly and will talk to you. But be careful, the Danes pride themselves on having a broad knowledge of topics, which can range from politics to pizza and everything in-between. Furthermore, most Danes have traveled quite a bit and enjoy talking about other countries. In other words, they are not much for small talk and really enjoy a good conversation.

Entertaining in Denmark is similar to that in the United States, especially evening parties. If you are invited to dinner in a private home, especially the first time, it is customary to bring flowers or wine and arrive on time. Danes may be difficult to meet at first but if you make the effort, you will find they are very kind and warm people. Meeting people is the best way to know the land and culture. Thanking the host the next day or the next time you see them is a must (Thank you card, e-mail, phone call).

Danes drink much more than Americans, and beer is acceptable at any time of the day. But a warning: drunken driving is severely punished here, and is virtually unheard of. If you drink, then take a train-if you can't take a train, take a taxi. DON'T DRIVE. With parties you either leave at 12:30 a.m. or stay until 5:00 a.m. due to public transportation (check for special night schedules). It is common and acceptable to stay the night if you attend a party. If you like to go out to clubs for entertainment, remember to bring extra money for such occasions as clubs are very expensive.

Many students' social lives center around family life and friends. A great deal of your free time will be spent traveling. DIS will also provide you with a publication, Copenhagen This Week.

DATING

Denmark, (as does all of Scandinavia), has a reputation of equality of the sexes, consequently, Scandinavian men do not feel obligated to offer women token courtesies, such as holding doors open for them or giving up seats on buses. Dates are almost always Dutch. Men are also not expected to pick their dates up at home, or deliver them home afterwards. Often, you may meet your date at your destination, a movie house for example. In Denmark a woman may take the midnight train home, by herself, without any qualms.

Another important thing to mention is the cultural difference between how Americans and Danes view sex. As Americans we are used to meeting someone at a club or bar and asking them back to our place to get to know them better and maybe asking them out for another date. This is not the case with the Danes. In their culture when a man asks a woman back to his place, it is to have sex. If that person agrees to go to the other person's home, sex is what is expected. In other words, be very careful when entering situations like this, both as a woman and a man.

CULTURAL ACTIVITIES

A multitude of cultural activities is available in Denmark throughout the year-theater, music, ballet, movies, museums, etc. Ballet tickets can be purchased for as little as DK 40. Also on the first of May each year the famous Tivoli Gardens open for the summer.

Tivoli is considered to be one of the greatest shows in Europe. Its attractions include a pantomime theater, an ultramodern concert hall with three symphony concerts each evening, rides, games of chance, fountains, floodlit gardens, a lake, the famous Tivoli Boy Guard of toytown soldiers dressed in the uniform of the Queens' guard, and much more. Bakken is the other amusement park, near Klampenborg.

The Royal Danish Ballet is also outstanding, and celebrates a Ballet and Opera Festival from May 15-31 when the ballet alternates with opera performances in a particularly rich and varied program at the Royal Theater. There is a student (under 26 years old) Discount of 50% available at all Royal Theater performances, making this one of the least expensive forms of entertainment in the city.

The circus comes to Denmark in May, and performs daily throughout the summer in the World Cinema. The season reaches its climax on June 23 with Midsummer Eve, a night of outdoor dancing, singing, feasting, bonfires, and fireworks. The city can best be viewed along the sound where the unreal summer twilight is streaked with rockets and edged with a thousand flames.

The year-round offerings at the Royal Theater are also excellent. Not only ballet and opera, but a varied repertoire of plays, including the works of leading contemporary European and American dramatists as well as Danish, are regularly presented on the Theater's two stages. There are, in addition, some half-dozen other

legitimate theaters in Denmark, as well as a number of small avant-garde theaters. Cinemas show principally British and American films with their original soundtracks and Danish subtitles. Be sure to budget extra money if you want to go to movies, Discos, concerts, etc., as they are expensive (movies \$8-\$10).

An excellent symphony also performs yearlong at the Denmark Concert Hall, presenting visiting artists or musical groups once a week. For jazz enthusiasts, there are the Jazzhus Montmartre, Tre Musketeerer, and Musikkaffe (Huset).

Among the museums in Denmark, the following few may be considered among the most outstanding: the National Museum, the Arsenal, the Rosenborg Palace, the Kunstindustrimuseet, the Thorvaldsen Museum, and the State Museum of Art. The Viking Ship Museum in Roskilde is a must for architecture students along with the cathedral (Roskilde Domkirke).

Walking and riding the bus are good ways to discover Denmark. Also, the little motorboats that take the visitor through the canals of the city and the surrounding coastline provide a nice afternoon excursion. Welcoming visitors to the harbor, of course, is the statue of the Little Mermaid, inspired by Hans Christian Andersen's fairy tale. In Denmark one can also enjoy just an afternoon's walk around the city.

Almost all streets and canals in the city's heart meet and cross each other at fine old squares and marketplaces. One of the finest is the square at Amalienborg, the royal residence, actually four palaces in Rococo style encircling the equestrian statue of the Danish King Frederik V. When the Queen is in residence, the Changing of the Guard takes place each day at noon, followed by a concert.

Other particularly notable sights include Christiansborg Palace, which is the seat of Parliament, with the impressive Royal Reception Rooms open to visitors on Thursdays, Fridays, Saturdays, and Sundays from 10:00 a.m. to 4:00 p.m. The Børsen, built in the 17th Century, is the oldest stock exchange in the world. The Round Tower, built by the warrior-architect-scholar King Christian IV, as an astronomical observatory, has a curious inner spiral ascent to its top. The Church of Our Saviour and the Town Hall have spiral staircases that wind to the top outside their green and gold spires. It's a good idea to ascend to the top of the Round Tower and the church in Christianhavn shortly after you arrive in Denmark. The view is excellent and will help you orient yourself to the city.

Less than half an hour from Copenhagen by train is Dyrehaven, the deer park near Klampenborg where nearly 2,000 deer wander about freely. No cars are allowed there, and it is a great place for picnics. Horses and bikes are available for rent. Further up the coast, in Humlebaek, is a modern art museum called Louisiana. It has both a permanent collection and many temporary exhibits.

SPORTS

Denmark, of course, is a paradise for water sports in the summer: fishing, boating, and swimming. Tennis and horseback riding are the next most popular sports. Tennis courts, however, are available only through exclusive clubs that are expensive to join (about U.S. \$150). Riding clubs are located throughout the country. There are several golf courses. Basketball and volleyball teams for interested students are available; however, to participate in most sports, you must join a club. (There is no such thing as a college gym). Big spectator sports are soccer, horse racing, bicycle racing, and tennis matches. Walking is also a sport here, with many special hours being spent hiking through the countryside and forests. Swimming is relatively inexpensive and convenient and there are many swim halls you can use year-round for less than DK 20. Bring warm jogging clothes, as it gets cold. You may be able to join a fitness club for as little as \$100 for three months (limited hours) or \$150 for three months (unlimited).

DIS sponsors a soccer team who plays in the local Danish leagues. DIS students are highly encouraged to join the team. The head coach is DIS faculty.

VACATIONS AND TRAVEL

Students in Denmark can travel during vacation periods and during the summer following their studies. STA Travel, Kilroy and Wasteels are the most popular student travel agencies to inquire about travel packages and where the best prices can be found (26 years or under). Note: Kilroy only accepts cash payments. They are all located downtown close to DIS. Architecture students might consider coordinating a trip to St. Petersburg along with their Finland/Sweden field trip. Remember that it takes time to get a Russian visa (one to two weeks and it's

expensive!). Some countries such as France and England are more expensive to travel in; so, if you want to see them, be prepared for extra expenses compared to Spain, Greece, and Germany. If you are not a U.S. citizen check with consulates to see what countries you will need extra visas for.

Weekend travel throughout Denmark, and even to a number of neighboring countries, is easily possible, and students frequently visit Sweden, Norway, or Germany. Denmark's five hundred islands are like a fairy tale country come to life, and especially not to be missed is the sleepy island of Funen where Hans Christian Andersen lived and wrote. Another must is Helsingør where "Hamlet's Castle," Kronborg, is situated. Small steamers make the trip from island to island at reasonable rates. Other modes of transportation include air, rail, bus, and bicycle. The Danish State Railways cover practically the whole country with a close network of fast services. There is also an extensive network of coach and bus services. Bicycles may be rented on a daily or annual basis.

Travel tips:

Bring or ship a few paperback books to read on the trains because books are more expensive in Denmark.

Bring US currency for traveling (especially in Russia and the Eastern countries). If it's a \$20 bill or more, make sure it was issued after 1993. Russians will not exchange 1992 or older. Save your dollars for traveling.

Bring a backpack, they are a lot more convenient than suitcases.

A sleeping bag isn't needed for winter travel. Pensions and hostels are easy to find, inexpensive, and don't allow sleeping bags.

Travel light and try to wear the same clothing.

Small lock for your backpack or for use at youth hostels with locker facilities.

Small alarm clock.

WHAT TO BRING

The Danes have great fashion sense, especially in the capital, Copenhagen. Since DIS is located in the heart of the city, you will constantly be exposed to the latest trends. People wear jeans, but not as often as in California. You will want black slacks or black jeans topped with a nice sweater. They make a perfect outfit except when there is an occasion such as a formal dinner or a ballet performance with a jacket/tie or a nice dress is expected. Except for a few weeks after arrival, cold, windy weather is the norm. The temperature is much colder than many of us were used to, but you probably won't need a lot of very heavy clothing if you learn to dress like the Danes. They have a way of "peeling" or layering their body with clothing removing or adding layers as dictated by the environment to maintain their comfort. In addition to a warm jacket, you will need a long winter topcoat and a trench coat (preferably with a zip in lining), umbrella, waterproof boots and rain gear. Ski wear and camping wear are not appropriate most of the time.

Clothing costs are similar to U.S. so you can buy some stuff here but bring most of what you need from home. Don't bring too much though. Shipping a trunk is probably unnecessary and very expensive. You can supplement a minimum wardrobe with after Christmas buys or second hand store bargains. Whatever you bring, remember that you will either ship it back or give it away. Bring only the basics. Avoid clothing that needs to be dry cleaned since it is very expensive and remember that most homes do not have a dryer. Your jeans and other heavy clothing may take one or two days just to dry.

RECOMMENDED FOR WOMEN:

Nice pants (black or gray), skirts and sweaters for everyday wear; jeans, but not for everyday.

A dress for evening wear and appropriate shoes.

A warm raincoat, lined boots and umbrella.

A very warm (down or wool) winter coat, hat, leather gloves, and long wool scarves.

Low heeled boots, sturdy shoes for walking and one "dressy" pair.

Thermal underwear, warm socks, nylons and thick tights.

Some lightweight summer clothing if you plan to travel in southern Europe during the summer. Don't bring light, cheap shirts and sweaters.

RECOMMENDED FOR MEN:

Jeans, slacks, turtlenecks, sweatshirts, and sweaters for everyday wear.

Supply of socks and underwear (regular and thermal).

Sturdy walking shoes, warm winter boots, and casual shoes. The Danes don't wear tennis shoes too often.

A warm jacket.

A warm winter coat/down jacket, hat, gloves, and scarves.

Long-sleeved permanent press shirts are recommended.

Suit or sport coat and slacks for study tours and business visits. Don't buy a suit if you do not already own one.

SUPPLIES STUDENTS SHOULD BRING: (The following items will be useful, and may be difficult to find or expensive in Denmark.)

Books are expensive in Denmark, and the selection in English, especially nonfiction, is limited. However, some good bargains can be found on sale. Don't ship over any architecture books, except books for your senior project. With the exception of graphic rendering books (not graphics standards, you will not need them. All work is done in the metric system and you may want conversion tables or books. Make use of local libraries—most have an English section and a card can be obtained with your yellow health card.

Architecture students should bring the architecture supplies such as sketch/tracing paper (lots of it), scale-metric, triangles, pencils (colored, drawing, sketching) mechanical pens, markers, felt pens, pastels, water colors, compass, knife, cutting board, straightedge (for models). DIS supplies T-squares. Bring all that you used regularly at home for everything is more expensive in Denmark.

All students will find that a small calculator will come in handy and will be useful for calculating exchange rates while traveling.

Bring a small English thesaurus, dictionary, and reference books you find useful at home.

It is a good idea to have a varied supply of music (the withdrawal pains are unbearable) and to bring a MP3 player, Walkman, CD player and your own CDs. Remember to bring an adapter and converter or rechargeable batteries. CD's can be extremely expensive to buy.

Alarm clock or travel alarm (not electric).

Extra supplies of prescription drugs to which you are accustomed. Brand names are different, many drugs, which are nonprescription at home, may require a doctor's order in Denmark, and prescriptions from the U.S. are not refillable in Denmark. Cold tablets and antihistamines are not available without a prescription. Plan to bring them if you normally take them (remember how bad you feel without your Dristan, Bufferin, or Contac!). Be sure to bring a doctor's note describing any prescription drugs to enable you to pass customs inspection without difficulty. A warning for diabetics-bring enough insulin plus a note from your physician. Women taking birth control pills are advised to bring a year's supply. Contact lens supplies are readily available but more expensive.

Don't forget a few recipes for American dishes, i.e., brownies, roast turkey, chocolate chip cookies, and traditional Thanksgiving Dishes. Also, bring a standard measuring cup and measuring spoons. Many families want them. Be prepared to convert temperatures into Celsius. Many families in past years have asked students if they could cook an American dinner, and students have often regretted not being able to do so. Mexican food ingredients are expensive. If you are addicted to Mexican food, consider bringing a good supply of tortillas. You can always freeze them—a box of ten corn tortillas costs about \$5 in Denmark. If you are likely to develop an uncontrollable craving for tollhouse cookies, you should bring a supply of chocolate chips—several of us missed them a whole lot this year. There is an American Market, but it is very expensive.

Bring pictures and postcards from your family and home in the U.S.. Many Danes will want to see where you live and who your family is.

SUPPLIES STUDENTS SHOULD NOT BRING:

You don't NEED to bring a computer, but if you have a laptop, bring it. DIS has a computer lab, though it has limited hours. If you are living in the Kollegium, especially Albertslund, a computer/laptop is vital. Almost everyone has one. Many times the computer labs at DIS are full and the computer lab at Albertslund can be a hassle to get

into (and out of) because you need to be let in and out. Networking is free making a computer very practical. Many Danish families pay per minute and it can get very costly for them. DIS has installed network ports throughout the lounge to allow access for laptops. You don't need a converter for a laptop, only an adaptor and an Ethernet cord. DIS has Ethernet outlets. Ethernet cords are very expensive here. DIS uses iMacs.

An iron (small travel irons come in handy, however), bed linens, towels; remember that you will be living with a family. A small towel for traveling, however, is a good idea. DIS will provide linens for students living at the Kollegium. You might want to bring linens if you are planning on traveling and staying in Hostels.

Electric appliances (except a battery operated radio or shaver). Electric current is principally 220 volts, AC and American appliances will require an adapter and converter. Buy a hairdryer in Denmark (about \$12-\$15 U.S.).

School supplies are readily available in Denmark so there is no need to bring any. However, architecture supplies are expensive and the selection is limited.

Do not bring three-ring binders or paper. Standard paper in Denmark is longer, narrower, and has four holes.

CONCLUSION

There will be times when you will wonder what you are doing here, especially when it is cold, dark, and windy and you just got your exam grades back! This is NOT a vacation, but it is worth it!! You are in one of the great cities of Europe. Enjoy the experience for you will probably never get such a wonderful opportunity again.

Finally, I want to comment on interacting with both the Danes and your fellow American students. Lets start with your new American friends. DIS is host to students from all over the United States. Most of the major universities are represented, and this is a great way to achieve a newfound insight on different parts of the United States. Furthermore, some students come from small colleges and some (such as SFSU) come from rather large institutions. The average age of the students is about 20 years old, with a few exceptions here and there. What you will find is that from the Ivy League to the state schools most students are pretty much the same in regards to the type of mentality that they have. In the beginning you might feel a little alone or isolated, but I assure you that before you know it you will make plenty of friends to spend your time with.

As far as the Danes go, I heard a good analogy once, " The Danes are like a bottle of new ketchup. At first you try and try and nothing seems to come out. Then all of a sudden, everything comes out. Even more than you wanted or expected." This seems to be very true of the Danes. They are very reserved at first and this will be obvious in the beginning. But after awhile, you will find that if you invest some time into making friends with the Danes, you have friends for life. The best way that I can suggest that you get to know a Dane is to first be open to their culture and try not to compare it to America. Secondly, make an attempt to speak Danish. All Danes speak English so there is no language barrier, but all of them really appreciate it when you make an attempt to converse in Danish. Other than that, just be yourself and all should work out.