



## Nutritionist

*Class Code: 8130*

*Date Established: 06-30-80*

*Date Revised: 09-13-05*

### **OVERVIEW:**

Under general direction, the Nutritionist develops and provides educational and consultative services to students in the field of weight control, foods and nutrition.

### **TYPICAL ACTIVITIES:**

Incumbents in this classification develop and implement programs designed to improve nutrition of students through changed dietary practices; provide education and consultative services in the field of foods and nutrition to the public and to staff members of the Health Department; provide food and diet information by means of workshops, seminars or individual counseling; consult with other student health center staff on specific food and nutrition problems; and conduct training sessions and demonstrations on the technical and practical aspects of food and nutrition as requested. Incumbents participate in the orientation program for new students; prepare or assemble written and/or audio-visual material as aids in training and counseling sessions; determine individual and group nutrition practice by determining dietary patterns; attempt to modify poor nutrition practice by recommending substitution of various foods and changes in eating patterns; conduct studies and surveys of dietary patterns, food needs of population groups, food prices and other factors affecting nutrition practice; and coordinate programs with others in the department to provide technical advice and avoid duplication of services.

### **MINIMUM QUALIFICATIONS:**

#### ***Knowledge and Abilities:***

Thorough knowledge of the principles of nutrition, dietary needs and weight control. General knowledge of principles, methods, materials and channels of nutrition education and public information.

Ability to promote, organize and conduct public meetings; prepare, select, assemble, evaluate and distribute nutrition education material such as pamphlets, reports, bulletins, exhibits, posters, films and news releases; assess needs and evaluate effectiveness of nutrition programs and materials; maintain records and prepare reports; establish and maintain effective working relationships with others; and speak and write effectively.

#### ***Experience:***

Equivalent to two years of progressively responsible community nutrition experience. A master's degree in nutrition or public health nutrition may be substituted for the two years of experience.

#### ***Education:***

Equivalent to graduation from college in an approved program in health sciences, dietetics, home economics, nursing, or similar field.

Possession of a California license as a registered nurse is one of several patterns which will be considered equivalent to graduation.