

# Classification and Qualification STANDARDS

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## Registered Dietitian

*Class Code: 8130*

*Date Established: 06-30-1980*

*Date Revised: 02-01-2010*

### OVERVIEW:

Under general direction, incumbents in this classification develop and implement programs designed to improve the diet and nutrition of students and the campus community through changes in dietary practices. The Registered Dietitian develops and provides educational and consultative services to students in nutrition, weight management, and food choices and preparation.

### TYPICAL ACTIVITIES:

Registered Dietitians develop and implement programs and provide consultative services to students in the areas of nutrition, diet, food choices and preparation, and weight management. The following examples of typical work activities are meant to illustrate the general range of work functions performed by a Registered Dietitian; they are not meant to be all-inclusive or restrictive. Work assignments may involve related activities.

- ◆ Provide food, diet, weight management, and nutritional care information by means of workshops, seminars, and/or individual counseling. Conduct training sessions and demonstrations on the technical and practical aspects of food and nutrition as requested. May participate in new student orientations.
- ◆ Consult with other student health center and university staff on food and nutrition concerns and the nutritional care for specific medical conditions, diseases or disorders. May participate in a multi-disciplinary team to address nutritional needs. Coordinate nutrition programs with others promoting health and wellness in the campus community.
- ◆ Conduct studies and surveys of dietary patterns, food needs of population groups, food prices and other factors affecting nutrition practice to assess individual and group nutrition practices.
- ◆ Work to modify poor nutrition practices by educating and counseling students and other members of the campus community. Prepare and assemble written and/or audio-visual material as aids in training and counseling sessions.
- ◆ Keep current with developments in nutrition and diet applicable to the population served in the student health center and general campus community.
- ◆ May provide lead work direction to support staff.

### TYPICAL QUALIFICATIONS:

#### ***Knowledge:***

Thorough knowledge of the principles of nutrition, dietary needs and weight control and working knowledge of nutritional care for specific medical conditions. Thorough knowledge of applicable state and federal regulations pertaining to the field including those regarding patient confidentiality. General knowledge of principles, methods, materials, and channels of nutrition education and public information.

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**Abilities:**

Ability to communicate effectively in writing and verbally; assess needs and evaluate the effectiveness of diet and nutrition programs and materials; promote, organize, and conduct public meetings on nutrition; prepare, select, assemble, evaluate, and distribute nutrition education material such as pamphlets, reports, bulletins, exhibits, posters, films, and news releases; maintain records and prepare reports; work effectively in collaborative health care teams to address specific diet and nutrition needs; keep current with developments in health care related to nutrition; maintain confidentiality consistent with applicable state and federal regulations; establish and maintain effective working relationships with other health center staff and representatives of the news media and other community groups; and be sensitive to and communicate effectively with diverse members of the campus community.

**Education and Experience:**

A minimum of bachelor's degree in a program approved and accredited by the American Dietetic Association (ADA) necessary to meet the academic requirements to become credentialed as a Registered Dietitian (RD). The RD credential also requires completion of an ADA accredited pre-professional experience program. Additionally, incumbents must possess sufficient experience to perform the assigned duties. A master's degree in nutrition or public health nutrition is preferred.

**Certification:**

Must possess and maintain certification as a Registered Dietitian as defined by the American Dietetic Association's credentialing agency.